BHARTIYA SHIKSHA BOARD

A "NATIONAL BOARD" SET UP THE BY THE GOVT. OF INDIA AND GRANTED PAN INDIA EQUIVALENCE BY THE ASSOCIATION OF INDIAN UNIVERSITIES VIDE LETTER NO. AIU/EV/IN(I)/2022/BSB DATED 3^{RD} AUGUST 2022 — AN AUTHORISED BODY FOR GRANTING EQUIVALENCE BY THE GOVT. OF INDIA VIDE LETTER NO. F11-3/2016-SCH-3 DATED 15^{TH} NOVEMBER 2021.



THE SENIOR SCHOOL CURRICULUM 2025 - 26















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PREFACE

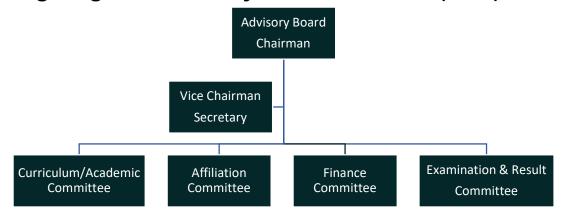
Bhartiya Shiksha Board endeavours to provide impetus to school education so that the students grow as self-learners, global citizens with empathy for all living beings and environment, critical and analytical thinkers with a sense of wonder and curiosity and have respect for our ancient culture and heritage and acquire ability to apply knowledge & skills for problem solving in the real life contexts. For achieving these goals, Bhartiya Shiksha Board has evolved partnership with all the stake holders namely schools, students, parents & society, teachers and academic fraternity. Drawing the best from the modern education philosophies and Indian practices like Guru - Shishya Parampara, the class rooms in the schools would be nurturing children for enquiry-based learning with a child centric approach focused on his/her all round development. Such teaching-learning environment will be achieved by supporting teachers and school community through teacher's professional development programmes, innovative child centric curriculum embodying experiential learning with scope for exploration & creative expression.

Pupil assessment will be planned and implemented in such a way that it helps the assessor to discover what the children know and have learnt and will provide the information about what is yet to be learnt so that strategies could be planned to further improve teaching-learning process. Bhartiya Shiksha Board will focus on competency based assessment. The Board shall have an assessment system which would be humane and non-intimidating. The Board through its curriculum, shall nurture the school environment with Indian values and culture and also provide freedom to learners to learn at their own pace, without any stress.

PREAMBLE

In March 2019, the Government of India, through MSRVVP (Maharishi Sandeepani Rashtriya Ved Vidya Pratishthan), vested the responsibility of establishing and managing the Bhartiya Shiksha Board in Patanjali Yogpeeth Trust.

Organogram of Bhartiya Shiksha Board (BSB)



Objectives of Bhartiya Shiksha Board (BSB)

Bhartiya Shiksha Board (BSB) has framed all its policies and curriculum keeping in view the National Education Policy 2020 and National Curriculum Framework 2023 with the aim of providing quality education to the learners and;

- 1. nurture the feeling of world fraternity, self- independence, oneness, coordination, world peace, world health, the welfare of all mankind, world unity, inner joy, happiness etc.
- 2. enable them to lead a prosperous and successful life of balance between material development and spirituality so that they may continuously march ahead with an all-round development with modern outlook.
- 3. instil in them fundamental universally accepted scientific and moral values of human life enshrined in all sects and religions so that the students are free from jealousy and envy, malice and hatred towards any sect or community and show tolerance and respect for all.
- 4. induce pragmatic capabilities and competencies so that they may translate their knowledge of art, science, research and techniques into prosperity while conducting themselves before others with human morals and spiritual values. Skill development and entrepreneurship will be developed by imparting the best

- modern education blended with Vedic and Spiritual Education with a view to making them responsible, productive, self-dependent citizens and noble human beings.
- 5. cultivate among learners the deep-rooted self-pride and love for our country by making them aware of the rich Bharatiya culture and heritage.
- 6. develop them as well-cultured citizens with self-control and good conduct by providing the holistic education to keep their body-mind-intellect-spirit wholesome.
- 7. prepare them to be dynamic citizens of the world capable of facing challenges and resolving conflicts.

Functions of Bhartiya Shiksha Board (BSB):

- (i) To prepare the Affiliation Bye-laws for schools and Gurukuls willing to be affiliated to Bhartiya Shiksha Board (BSB).
- (ii) To prepare the Examination Bye-laws, policies and scheme of examination and grant certificate of qualification to the eligible candidates.
- (iii) To promote competency-based assessment instead of rote memory-based assessment.
- (iv) To devise and implement special programs to nurture child prodigies and take care of their needs through GEP (Gifted Education Program).
- (v) To design and implement individualized support programs to take care of academic needs of children requiring handholding through REP (Remedial Education Program).
- (vi) To design and implement programs to enhance the physical and emotional strengths of the children through Self-development program.
- (vii) To design and implement programs to make children understand social fabric, issues of concerns, sense of responsibility and enhance their ability to address problems through SEP (Social education program).
- (viii) To design and implement programs to enhance the understanding of cultures and traditions of India and inculcate the feeling of National pride, self-reliance, brotherhood and national unity through cultural education program (CEP).
 - (ix) To expose them to Indian knowledge systems and contribution of Indian scholars like Panini, Sushruta, Charaka, Patanjali, Kanada, Aryabhatta, Bhaskaracharya, Varahmihira, Madhavacharya, Baudhayana, Brahamgupta, Nagarjun, Kautilya etc, in the fields of Astronomy, Mathematics, Medicine, Surgery, Metallurgy, Civil engineering, Architecture, Ship building, Navigation, Yoga, Fine Arts Economics etc.

- (x) To develop soft skills of cultural awareness, empathy, perseverance and grit, teamwork, leadership, communication, higher order thinking skill like critical thinking and problem solving along with other cognitive skills.
- (xi) To re-establish and cultivate the Indian legacy of opening new priorities of knowledge through the processes of learning i.e. shravana (hearing), manana (thinking) and nidhidhyanasana (meditating and reflecting) in order to produce creative and innovative thinkers.
- (xii) To develop pedagogical framework to make learning experience exploratory, experiental and joyful. Project based learning with interdisciplinary and multidisciplinary integrated approach will be used for curriculum transaction.
- (xiii) To develop culture of practising Yoga, Yajna, Agricultural activities and gaining knowledge of Ayurveda as part of daily routine of school and home.
- (xiv) To develop love for learning Sanskrit (being the mother of all languages and treasure of Indian knowledge) at an early age and Veda through Gurukulas/schools and Guru shishaya Parampara.

Teacher Support Program

Bhartiya Shiksha Board (BSB) believes that teacher is the soul of any educational system. To uplift the morale and spirit of teachers is the core responsibility of the Board. Bhartiya Shiksha Board (BSB) has exhaustive plans for capacity building of teachers and re-establishing their status in society. All teachers will undergo the training before they start teaching regularly in the classrooms. Teacher support and capacity building programs will be undertaken to;

- develop professional competencies focusing on subject enrichment, innovative pedagogies and assessment techniques.
- 2. raise the competence of teachers through regular mentoring programs, open discussion forums, webinars and interactive portals.
- 3. enable teachers to teach effectively through online and offline mode.
- 4. encourage teachers to translate the existing content knowledge into local or regional languages so that accessibility and affordability of knowledge can be scaled up.

Publications:

Bhartiya Shiksha Board (BSB) will have its publications to attain educational excellence and give opportunity of expression to all faculty members and students.

They will be able to get their research papers, case studies, articles, views etc. published in Bhartiya Shiksha Board (BSB)'s journals.

Bhartiya Shiksha Board aspires to prepare morally, culturally, intellectually and socially aware human beings with open heart and mind to accept and grasp noble thoughts from all quarters. They will be able to work with a purpose on this earth and respect others' existence at equal footing with a mind-set to serve for the well-being of all animate and inanimate entities. Conclusively, Bhartiya Shiksha Board (BSB) intends to develop systems based on the following two philosophical foundations:

आ नो भद्रा: क्रतवो यन्तु विश्वत: | "Let noble thoughts come to us from all directions" सर्वे भवन्तु सुखिन: सर्वे सन्तु निरामया: | सर्वे भद्राणि पश्यन्तु मा कश्चिद् दु:खभाग् भवेत् ||

Education: Worldview, Approach and Action

Introduction

Indian seers (Rishis) and educationists accepted happiness as the final goal of life. There are two layers of happiness – happiness based on sense-object relationship, worldly achievement or limited experience and happiness based on Self-realization. The latter has been accepted as the state of ultimate happiness.

(Yadalpam tanmartyam | Yo vai bhuma tatsukham | Chandogya Upanishad 7.23.1)

For former, Indian Acharyas such as Bodhayana, Bharadwaja, Lagadha, Dhanvantari, Sushruta, Charaka, Kanada, Kautilya, Aryabhatta, Varahamihira etc. made conscious effort for long that led discoveries in the area of Mathematics, Health, Astronomy, Earth Science and Aeronautics. Upanishadic seers and subsequent Acharyas enquired and searched the source of happiness that led to the discovery of discoverer (atmasakshatkara or self-realization). Attaining happiness - worldly (abhyudaya-janya or dharma-artha-kama-janya) and transcendental (nihshreyasa) has been the integral part of education in Indian knowledge tradition. Upanishads say:

Dve vidye veditavye iti ha sma yad brahmavido vadanti para chaivapara cha | (Mundakopanishad 1.1.4)

Vidyam chavidyam cha yastadvedobhayam saha | Avidyaya mritum tirtva vidyayamritamashnute || Ishavasyopanishad 11

(There are two layers of knowledge – para or vidya (intuitive or transcendental) and apara or avidya (worldly or rational)

Both of the discoveries are connected to the welfare of humanity world around. The statement of Sri Aurobindo is worth-mentioning:

The Indian mind used time and space to map out the celestial phenomena. It analysed the constitution of matter and understood the nature of spirit. It made advances and developed insights about human life and its purpose through divergent fields of study.

(The Foundations of Indian Culture, Complete Works Vol.14)

Conclusively, the holistic understanding of reality and its application to daily life is the core of Indian education that prompts one to establish sustainable society.

The Present Situation

21st Century India is witnessing different scenario. The fragmented worldview and pursuit of material things has become the central goal of life and causing ill-health, insecurity, unhappiness, frustration, socio-emotional deficiency, suicidal tendencies, gender abuse etc.

among youth. These negative feelings have threatened the cherished human goal of happiness, fullness and liberation.

It is a right time to look into and revive our time-tested holistic knowledge tradition for eradicating negativity and realizing happiness once again. Upanishad says:

Anandam brahmano vidvan na bibheti kadachana. (Taittiriya Upanishad 2.4.1)

The Need

The need of the hour is to revive and implement holistic knowledge systems for integral development and true happiness. Svadharma, the crux of Indian ethics and morality, should be given due importance. We have to admit and own up the model of self-development and ethical quotient in our present outlook to life and personality. This shift from existing fragmented mindset would lead us and particularly youth to establish Atmanirbhara and Shaktishali Bharata that accept whole universe as her family and devotes herself to the welfare for everyone:

Yatra vishvam bhavatyekanidam | Yajurveda 32.8 Sarve bhavantu sukhinah sarve santu niramaya | Sarve bhadrani pashyantu ma kashchidduhkhabhag bhavet ||

Possible Solution

The possible solution is to develop a model to amalgamate rationality and intuition, expansion and conservation, competition and cooperation, quality and quantity, reductionism and holistic, linear and nonlinear for balanced human personality, sustainable development and happier world. We have to develop a culture where togetherness prevails, self-less duty matters, group decision works and consciousness breaks material boundaries:

Sangachchhadhvam samvadadhvam samvomanasi jantam i Riqveda 10..91.2

Rationale

Taking stock of the present imbalances world over and assessing our resources and their utilization by the industrious government we have to train our youth to fulfil their need by taking minimum from nature and serving maximum to others. Indian knowledge strengthens one for sacrifice not for acquiring power to dominate over others. The key of this philosophy lies in realizing the unifying essence of everything. In the words of Sri Aurobindo:

India is eternal, she has not yet spoken her last creative word, she lives and has still something to do for herself and the human race. (Vol.14)

Vision

Our vision is to make our youth realize their universal nature. They are not mere material coverings (annamaya, pranamaya, manomaya, vijnanamaya and anandamaya koshas) but essence and sustainers of those coverings. They have to take care of former, but realise

latter as unifying principle. That will prompt them to know the fabric of Indian society 'Unity in diversity'. Moreover, this universal vision is to be spread every corner of this globe so that people be aware of reality and get ready to lead their life on the basis of need, not greed:

Ishavasyamidam sarvam yatkincha jagatyam jagat ı Tena tyaktena bhunjithah ma gridhah kasyasviddhanam ıı (Ishavasyopanishad 1)

Mission

Our mission is to

- i. Prepare intellectually responsive, culturally sensible, socially inclusive and spiritually elevated human beings.
- ii. Nurture uniqueness through curiosity, imagination, creativity and originality as spark of the divine source.
- iii. Evolve sustained ownership and entrepreneurial skills for achieving well-being of oneself and significant for others as a society, nation and beings.
- iv. Develop insights in learners, both teacher and taught, for deeper understanding of truth of their self and area of study to evolve as global residents.

Iha chedavedidatha satyamasti na chedihavedinmahati vinashti I Bhuteshu bhuteshu vichintya dhirah pretyasmallokadamrita bhavanti II Kenopanishad 2.5

In Retrospect, Presenting the Past for Future

A systematic study of the foundation of Indian world view, indigenous practices, priorities, nature of human personality, the world and its abiding relationship to the consciousness would be profitable to situate the concerns of our present engagement. In other words, universal knowledge of past, planning and action in present and shaping the goal of future will lead India to the state of vishvagurutva.

Instrumentality of Education

In the words of Vidya Niwas Mishra, "Education has been concerned as instrumental to connect man to his integral future, to his integral possibilities and to the knowledge pool of an integral nation." (Adhyapana: Bharatiya Drishti, 1998). Education is a noble means to awaken the true character of human nature to pursue learning with humility and to liberate one from limitations of thought, feeling and action. Education leads one to achieve worldly and transcendental happiness. The traditional saying maps this thought:

Vidya dadati vinayam vinayat yati patratam 1 Patratvat dhanamapnoti dhanat dharmah tatah sukham 11 And Sa vidya ya vimuktaye 1 Vishnu Purana 1.19.41

The Vedic method of education lies in shravana (listening with focused mind), manana (analysing constantly on the received information through shravana) and nididhyasana (execution of intellect on decided goal). The internationally accepted LSRW (Listening, Speaking, Reading and writing skill) is nothing but paraphrasing of same.

The culmination of education manifests itself into leading one from the state of changing (material achievement) to non-changing (transcendental fulfilment), ignorance to knowledge and mortality to immortality:

Asato ma sad gamaya tamaso ma jyotirgamaya mrityorma amritam gamaya (Brihadaranyaka Upanishad 1.3.28)

Disposition of the Mind and Rationality

Indian tradition always welcomes rational mind and noble thought:

Tanstarken yojayet (Upanishad)

By applying reasoning one can understand the truth. Vedic Rishi proclaims:

A no bhadrah kratavo yantu vishvatah 1 (Rigveda 1.89.1)

Let the noble thought come from all corners of existence.

A sharp mind equipped with the experience of predecessor can achieve the goal very soon. This is the scientific method developed by tradition and applied by scientific world:

Acharyavan purusho veda | (Chandogyopanishad 6.14,2)

(A sharp and rational mind with the help of experienced Acharya can know the truth)

Environment

a. Natural and Educational

Vedic Rishis acknowledged the role of basic natural elements as Prithivi, Jala, Agni, Vayu and Akasha for the survival of one's life. They go to even that extent where above elements are declared as the manifestations of Atma itself:

Tasmadva etasmat atmanah akashah sambhutah akashadvayuh vayoragnih agnerapah adbhyah prithivi prithivyah oshadhayah oshadhibhyonnam annatpurushah Taittiriya Upanishad 2.1

Atharvaveda says:

Mata bhumih putroham prithivyah | Atharvaveda 12.12 Earth is our mother and we are her offspring. This identical bond with environment and nature prompts Indians to take care of nature. According to Arne Naess, a deep ecologist, the above-mentioned understanding that nature is our extension can save environment and us. Environment is also seen as an effective source of all learning. Education, therefore, should be environment friendly.

b. Learning Environment

An educational institute should have such a learning environment where students can spend time with his/her Acharya to learn from his experience and ask any question without the fear of being ridiculed. Bharatiya Gurukula, since time immemorial, has been educating students and will be educating in future too with above philosophical foundation:

Saha navavatu ı saha hau bhunaktu ı saha viryam karavavahai ı tejasvi navadhitamastu ı ma visvishavahai ı Om Shantih Shantih Shantih ı Kathopanishad Shantipatha

PRINCIPLES OF CURRICULUM: PHILOSOPHICAL PERSPECTIVE

Vision: Paradigm Shift: From Construction of Knowledge to Building a Culture of सर्वेभवन्तु सुखिनः

The Ultimate aim of education of man, is to aspire and work for the well-being of all Existence, a thought which is well enunciated in The Vedic prayer (for peace sited here)

सर्वेभवन्तु सुखिन: सर्वे सन्तु निरामया:।

सर्वेभद्राणि पश्यन्तु मा कश्चिद् दु:खभाग भवेत् ॥
"May all be happy
May all be free from illness
May all see what is auspicious
May no one suffer".

The inclusive invocation seeks to see all beings free from suffering and illness; blessed with joy and happiness, envisioning what is auspicious & dwelling in peace. To envision what is auspicious, is also the clarion call of the activists who perceive the threat of climate change to the very existence of civilization. It's the call to mankind to take a serious note of the drastic imbalance man has created in the otherwise well-regulated / disciplined world of Nature. Overlooking himself as a part of Nature, man choose to exercise his intellect and power to control nature; this instinct got the better of him & he got obsessed with controlling and possessing existence relentlessly. His intellectual pursuits subordinated the unjustified and unequal distribution of resources and power; it has caused suffering, exploitation, pain, conflict and violence; the instinct got better of the humane in man; man lost his connect with his own inner voice; the voice of humanity got subdued. The intellect in its pursuit of the world outside, took cognisance of the person, as the individual in whom rested the power. The human context was the context of individual who was aggressively conscious of his rights. History witnessed the conflict between human rights and might is right. In this pursuit man's intellect took cognizance of the world and his own self, largely on the basis of the knowledge acquired by his senses and rationality. Knowledge as a product and knowing as a process followed the Positivist Paradigm. The sciences emerged as the body of verifiable quantifiable and objective knowledge about man, nature living and non-living, society – relations between man & man; man's–past, present & his future. This transition of sciences from the classical life sciences and physical science to the

contemporary social sciences and environmental sciences is a reflection of the shift in the focus in pursuit of the science;

Science today is not about what is being studied / known but about how it is being studied / known the later constituting the scientific way.

The scientific way is undoubtedly, one of the fundamental premises for designing a framework of knowledge that a society intends to share through a system with all its members, belonging to both the present & future generation. This systematically, planned; purposive framework of knowledge to be transferred is the curriculum of the system, called education. Broadly speaking the intent of this transfer of knowledge is to conserve, the past, enrich the present and to shape the future of society. This necessarily requires a meaningful engagement of those who have knowledge as well as those who have to acquire this knowledge. The meaningfulness emanates from the way the teacher and the learner relate to the context, situated in which they co-discover the relevance of this knowledge. This is engaging in pedagogy of re-creating and re-constructing knowledge, bearing coherence with the emerging scenarios in the life of the individual and society.

This engagement is the pedagogy of sharing, and collaboration between the teacher & the learner, where in the teacher introduces and initiates the learner into perceiving certain* experiences of a situation or a phenomenon from a perspective; analyzing and identifying certain distinctive elements of the total context.

Visualizing & mapping the co-relatedness of the identified elements & developing concepts as the mental constructs of the understanding of those experiences from the specific perspective- thus constitutes the two-fold aspect of a discipline. It is engaging the learner's mind in distinctively systematic perspective building as well as co-relating it with the conceptual wealth of the discipline. It's engaging, exploring, enquiring to further the frontiers of knowledge acquired thus for. It's initiating the learner into discipline specific process of inquiry leading to the process of theorization distinctive of the discipline. The positivist paradigm with its empirico-rational premises lends bases to the verifiability of the truth of knowledge so evolved as well as its validity.

Education is not just acquisition of knowledge, it is experiential knowledge that transforms, empowers, enlightens and liberates the person. Thus, the context of knowledge must bear a paradigm shift from the object to the subject of knowledge. The meaning making is not just about the experience, from a singular perspective, it is must engage learner in the synthesis of knowledge from different perspectives; collate to integrate & perceive the

totality of the experience and arrive at the critical understanding of the experience for himself, his world. However, the learner must transcend his limited subjectivity with which he arrived at this critical understanding of his/her experience; he must widen the expanse of the subjective element of the experience and validate this knowledge with reference to a more inclusive subjectivity. This requires the empathetic engagement with the experiences of others in similar situation. Education thus becomes critical conscieilisation, engaging the learner in active humanization. The learner needs to necessarily validate this knowledge with reference to different people, places and time and yet similar context. An integration of subjectivities is emancipatory. Herein lies the focal point of the paradigm shift envisaged in the Bhartiya Shiksha Board (BSB) curriculum. What constitutes the critical conscientisation is the process of mutual liberation

सा विद्या या विमुक्तये and cultural action. Its prerequisite is the humane context. The spectrum of education in contemporary India therefore would need to have the roots in Indian ethos and a canopy spread globally. Every person, in present times is by necessity on account of sustainability of the life on earth; technological penetration and liberal, privatized global economic imperatives; connected immediately or distantly / remotely; and is thus a global citizen. Compulsions aside, Indian ethos has always been inspired by

'संगच्छध्वं संवदध्वं सं वो मनांसि जानताम्'।

"May we march forward with a common goal; may we be open – minded & work together in harmony."

It is important for the discerning mind to identify the cultural action that can be both liberating and harmonious. The deliberation around the themes of the Purusharthas Dharma, Arth, and Kama are the points of reference to situate the cultural action that an educated mind should engage in. Dharma, Is the moral compass of righteousness incumbent on a person by virtue of his / her existence; it is inevitable duty that a person is obliged to uphold, to justify one's identity. Arth is any kind "of urge for a physical necessity which can only be attained in a world of physical relationships ".

(Swami Krishnananda pg.5)

Kama is "a general psychological urge emanating from our whole personality. It is not the desire for this or that; it is general restlessness of consciousness, a general incapacity of the mind to rest in itself". (Swami Krishnanda. Pg.6)

Thus, while Kama, creates an urge in the mind to seek a desire, artha drives this search outside our physical self, to collaborate with physical things & minds but it is dharma that is behind artha & Karma, determining to what extent and in what manner we seek the fulfillment of these urges.

The principle of artha and Kama become the cause of bondage if not governed by the principle of Dharma, which in itself is not a prescriptive formulation but an angoing reflective engagement of the consciousness with the self in defining one's identity. The moot point is: who am I? What defines my existence?

"If we know what dharma is, we can know what life is, what we are, what our relationship with others ought to be and how we can be happy" The answers to these questions provide insights into the what? Why? & how of the Cultural action that would be the basis for mutual liberation and resurrecting human dignity. Dharma is the principle of harmony of values, enabling overcoming of contradictions & conflicts.

"Dharma is the principle governing objectivity, and the principle that equally applies to the subject". (Swami Krishnananda pg.8-10)

"To apply dharma is to apply the principle of impersonality in every judgement" (ibid) Training and practice of Dharma, evokes in the learner the capacity to make conscious choices of situating himself in his world defining his relationships.

But what connection does moksha have with dharma, artha and Kama. It seems to be immanent, already present in all these things. In every bit of the lower objectives, we will find the principle of moksha immanent. The higher is implied in the lower. "(Swami Krishnanda pg. 7-10)

In the educational context, the dialogue on the real life situations and experiences of the learners can have twofold objectives, one to facilitate the comprehensive conceptual understanding from integration of different perspectives of different disciplines and two to stimulate rich insights into cultural action, when reflective deliberations are held with reference to the four purusharthas in the context of those experiences, and this endeavour would simultaneously be liberating and creating harmony.

The dialogue would be a milestone in the journey of knowing oneself and one's relationship with the world; with an immense scope of education as integration and an authentic evolution of the human personality taking upon himself the responsibility of making conscious choices and shaping his future as well as contributing to the welfare and well – being of the world at large.

Curricular Framework

With the Vedic insights as its basis, Bhartiya Shiksha Board (BSB) curriculum framework utilizes the National and International policy documents on Education such as Education for All (2004), NCF (2005), right of children to free and Compulsory Education Act (2009), NEP 2019/2020 and International Education Commission. In its selection of the content of courses, the curriculum framework transcends the division of East and West.

Salient Features and Objectives of Curriculum

According to International Education Commission (IEC), the four fundamental pillars of a curriculum are:

- Learning to know
- Learning to do
- Learning to live together and
- Learning to be.

The objectives of Bhartiya Shiksha Board (BSB) curriculum are as under:

- a) Systematic and comprehensive development of concepts
- b) Focus on inquiry, innovation and research-based perspective
- c) Emphasis on the overall growth of the learner instead of emphasizing only specific parts of the human experience
- d) Restore the self-development as the core focus of education
- e) Reduce curriculum content to enhance essential learning and critical thinking
- f) Relevant to life-advancement and employment of students
- g) Encourage its learners to find identity, meaning, and purpose in life through connections to the community, to the natural world, and to the spiritual values such as compassion and peace
- h) To conserve the past, enrich the present and to shape the future of society
- i) Promote national integration and sense of pride towards diverse Indian heritage with this ecosystem, we wish to be a catalyst in the transformation of our students into a knowledge powerhouse, possessing necessary moral and social values and love for their country and its diverse culture.
- j) To imbibe 21st century learning, literacy and lifeskills.
- k) To develop the ability to appreciate Art.
- 1) To promote Physical Fitness, Health and Well Being through Yog and Meditation. "Education is the manifestation of the perfection already in man" Swami Vivekananda.

ICT

ICT will be integral part of teaching and learning process. Main features of ICT program are:

- Training of subject appropriate open source softwares for teachers and students
- Age-appropriate curriculum
- Teaching using technology aids
- Training of Basic etiquettes to be followed in digital world
- Preparedness for digital citizenship

Students will be exposed to various online learning platforms and will be encouraged to pursue some courses of their choices. Credits shall be given to the students on completion of these courses. Objective of giving credits for self-learnt courses is to put the students in self- learning mode and to develop self-awareness and ability to recognize his inner voice, while selecting the course. The sources of knowledge are all around us, but to identify the right source as per need and to make use of these sources is essential part of 21st century skills.

DESIGN OF CURRICULUM

The Bhartiya Shiksha Board aims to produce

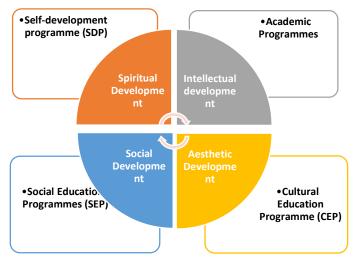
- 1. True Bhartiya with high sense of pride for our belief, traditions, culture and languages
- 2. Responsible and productive citizens
- 3. Self-confident, self-reliant, strongly committed person who can uphold high moral values
- 4. Integrated personalities
- 5. Conscious and compassionate human beings
- 6. Ardent learner and rational thinker
- 7. Physically, mentally, intellectually, emotionally and spiritually fit person
- 8. Innovative and enterprising

Curriculum is designed keeping the learner at the centre. Four kinds of programmes are evolved for the holistic development of humane as conscious being:

- 1. Academic programs for Intellectual development
- 2. Culture Education Programs for Aesthetic Development
- 3. Social Education programs for social development
- 4. Self-Development programs for physical fulfilment and spiritual development

Schools will be day boarding schools of duration minimum 8 hours daily. All 365 days will be considered as learning opportunity days with learning in formal set up for 240 days and in informal set up for 165 days. All festival holidays, excursions, outside classroom exposures will be part of non-formal setup. Yog, Pranayam, Hawan-Yagna, sports, working in agriculture fields or garden and meditation will be part of daily routine of

school.



Curriculum Areas

- 1. Bhartiya Shiksha Board (BSB) envisions the all-around development of students in consonance with the holistic approach to education and therefore, has done away with artificial boundary between the co-curricular domain and the curricular domain.
- 2. The Curriculum provides students a broad and balanced understanding of subjects including languages, Mathematics, Science, and Social Science to enable students to communicate effectively, analyze information, make informed decisions, construct their worldview in alignment with constitutional values and move ahead in the direction of becoming productive citizens. The recent focus of Bhartiya Shiksha Board (BSB) is on the development of 21st-century skills in settings where each student feels independent, safe, and comfortable with their learning. The Board hopes that schools will try to align curriculum in a way so that children feel more connected to it and employ their learning in real-life contexts. To achieve this aim, it is important that children acquire adequate knowledge and skills in other core areas like Health and Physical Education, Life Skills, Values Education, Art Education, Work Education.
- 3. In an operational sense, the curriculum is learner-centred with school being a place where students would be acquiring various skills; building self-concept, sense of enterprise, aesthetic sensibilities, and sportsmanship.

The curricular areas are as follows:

1. Language I (Hindi or English): Learners use language to comprehend, acquire and communicate ideas in an effective manner. Universal and Indianised value-based content of established poets and writers is combined with multidisciplinary activities and exercises that align with the Sustainable Development Goals (SDGs) of 2030. This enables the learner to think critically and to innovate and adapt to the needs of the changing times. Interesting and fun activities are given to hone the Listening, Reading, Writing, and Speaking skills of the learners. The exercises and activities cater to exploring, developing and creating a comprehensive improvement in the learner's language skill and equip the learner for global job perspectives in the future.

This enables the learner to think critically and to innovate and adapt to the needs of the changing times.

2. Language II: Nurturing Multilingual Competence and Cultural Consciousness: Language is the cornerstone of thought, expression, identity, and heritage. The Language II plays a transformative role in shaping the intellectual and cultural foundation of learners. It is a powerful medium through which students connect with ancient wisdom, contemporary knowledge and global discourse.

The curriculum envisions Language II as an inclusive, flexible domain that allows students to choose from recognised Indian and Global languages, thereby fostering Multilingualism and rooted cosmopolitanism.

The study of Language II is not confined to mastering Linguistic mechanics alone. It builds skills like communication, enhances critical thinking, fosters cultural rootedness, and prepares learners for both national responsibilities and global opportunities, thus affirming Bhartiya Shiksha Board commitment of holistic, inclusive and future ready education.

- 3. **Mathematics:** The concepts related to number sense, operation sense, computation, measurement, geometry, probability and statistics will be taught through traditional Indian knowledge system in an enchanting form. Students will be made aware of the high standards of research established by many scholars of ancient Indian scholars like Baudhayana, Aryabhata, Varahamihira, Brahmagupta, Bhaskaracharya etc. and the original contribution made. The skill to calculate and organize, the ability to apply this knowledge and acquired skills in their daily life and the skills to think mathematically will be developed through logical and creative thinking which will also help the students to improve critical thinking and problem solving. The pedagogies will be learner centered, interesting, based on curiosity, discovery, experience and dialogue.
- 4. Science (Biology, Chemistry and Physics): This includes gaining knowledge about Food, Materials, The World of the Living, How things work, Moving things, People and Ideas, Natural Phenomenon and Natural Resources. The Focus is to prepare students for the modern world and to develop the skills to think originally and independently and honouring the Indian contribution to Science and Technology from ancient times to the present era. Each chapter begins with a verse from the Vedas, Upanishads and other Indian scriptures. References to Indian heritage, culture and traditions are being used judiciously. The Curriculum promotes the ability of students to engage with science-related ideas as a reflective citizen by being able to explain phenomena scientifically, evaluate and design scientific enquiry, interpret data and evidence scientifically along with understanding the importance of Indian values with focus on humanitarian and constitutional values as per NEP 2020.
- 5. **Humanities and Social Science:** Bhartiya Shiksha Board has given a detailed description of the glory of actual Indian history, economy, political system and geographical knowledge through the four parts of Social Science History, Political Science, Economics and Geography with its tireless efforts.
 - The main purpose of the curriculum is that our present young generation should be aware of how much sacrifice and hard work Indians had done to preserve and organize their culture, civilization and geographical knowledge.

The importance of Indian culture, duty, and valour etc. will properly guide the young students of India and ensure the multi-dimensional all-round development of the students.

Learners appreciate and value everyone's right to feel respected and safe, and, also understand their Fundamental Rights and Duties to be able to behave responsibly in the society.

- 6. **Business and Commerce based electives:** Business Studies, Accountancy, Entrepreneurship, Economics and related subjects help in gaining understanding about core business disciplines. They understand the concept like, the exchange of items of value or products between persons or companies and the meaning/relevance/ significance of any such exchange of money for a product, service or information.
- 7. **Visual; Performing and Creative Arts:** Subjects like Drama, Dance, Music, Heritage crafts, Fine arts, Sculpture and related subjects aim to help learners cultivate an interest and appreciation for arts and encourage them to enthusiastically participate in related activities, thus, promoting abilities such as imagination, creativity, value arts, and the cultural heritage.
- 8. **Optional (Language III)** Learners can opt any one language out of the 31 languages from Group-L excluding languages opted as Subject 1 and Subject 2 as per Scheme of Studies.

9. Skill / Vocational Education:

Keeping the 'Basic Education' of Mahatma Gandhi's ideas in the center, the format/framework of Vocational education and Skill development has been prepared by Bhartiya Shiksha Board (BSB). Science and Technology of the present digital oriented world will be used to prepare young India for business and industry by integrating the traditions of 64 arts and 16 disciplines.

Efforts have not only been made to establish human values in business, but the management of life value-based business established in Vedas, Geeta and Upanishads will be used due to which India was called 'Sone ki chiriya' where there will be 'respect for labour'. For this, Bhartiya Shiksha Board (BSB) has presented Rishi Purush 'Satyakaam Jabali and Rekva Rath' in vocational education according to the present time. Practical learning has been introduced in textbooks with priority and in a digital form as Hybrid Model.

Choosing any one Skill subject at secondary level can helps the child to pursue what truly interests or pleases him or her. This liberty promotes a sense of self-esteem in accepting one's own talents and strengths.

10. Life Skill Education

Life skills education takes into account the psychosocial competencies and interpersonal skills such as Thinking, Social, Emotional skills that help students to take right decisions, solve problems, think critically and creatively, communicate effectively, build healthy relationships, empathize with others, and cope with managing their lives in a healthy and productive manner. Different activities such as Classroom Discussions, Brainstorming, Roleplays, Group Work, Education Games and Simulations, Analysis of Case Studies and Story – Telling will be used to enhance Life Skills in students.

11. Art Education:

Art Education in our curriculum will involve Students in a particular set of processes, products, influences, and meanings. 'Art' is expressed in various styles, reflect different historical circumstances, and grows on a multitude of social and cultural resources, hence the terms 'art discipline' and 'art form' in Bhartiya Shiksha Board (BSB) curriculum refer to Dance, Music, Theatre, Visual Arts and the Literary Arts. The curriculum will significantly contribute in the following six areas of educational responsibility:

- Developing the full variety of human intelligence
- Developing the capacity of creative thought and action
- Awakening the feeling and sense responsibility
- Developing physical and perceptual skills
- The exploration of values
- Understanding the changing social culture
- 12. **Health and Physical Education:** focuses on holistic development, both mental and physical, understanding the importance of physical fitness, health, wellbeing and the factors that contribute to them. Focus of this area is on helping children develop a positive attitude and commitment to lifelong, healthy active living. It also develops students' confidence and generic skills, especially those of collaboration, communication, creativity, critical thinking, aesthetic appreciation and the capacity to live satisfying, productive lives with the help of health management, indigenous sports, Yoga, NCC, self-defence, fitness and life style choices.

13. Work Experience:

Work Education is a distinct curricular area for providing children with opportunities for participation in social and economic activities inside and outside the classroom in the area of Health, Food and Nutrition, Culture and Entertainment, Community work and Social Services etc. which would enable them to understand scientific principles and procedures involved in different types of work.

14. Linguistic Competency of Sanskrit in relation to other languages:

Sanskrit is often revered as the "mother" of all languages. As the world's oldest known and most scientifically structured language, Sanskrit has given birth to and influenced many modern languages, both in India and abroad.

Sanskrit forms a vital component of the curriculum. Apart from developing linguistic abilities like reading, writing and conversing, it also deepens the students' understanding of Indian Knowledge System (IKS), values and heritage. Students should be able to develop their cognitive abilities and logical reasoning through simple grammar and sentence construction.

Learning Sanskrit supports Multilingualism and linguistic sensitivity, reinforcing Bharat's diverse language traditions. The curriculum should empower students to think critically, express clearly, and connect meaningfully with their civilized roots. The entire knowledge science of the country of India exists mainly in the Sanskrit language, which is available in the form of literature for thousands of years. To know and understand it, citizens of India should be aware of the knowledge of Sanskrit language from childhood. 'Bhartiya Shiksha Board' is giving a new direction to the education system of this country, in which every student of the country will understand the glory of Indian knowledge and ensure his all-round development by expanding his capacity.

- 15. Gifted Education Programme (GEP): Identification and nurturing of gifted students
- 16. **Remedial Education Programme (REP):** Identification of students requiring hand holding and individualised support.
- 17. **General Studies:** The purpose of orienting students to General Studies is to develop in them an appreciation for the holistic nature of Knowledge. In contemporary times, familiarity with General Studies is indispensable because at the senior school stage there is an element of specialization due to which the students do not get exposed to some vital disciplines/ areas of study that are not covered in their specialized field.

Integrating all areas of learning:

All these seventeen areas are to be integrated with each other in terms of knowledge, skills (live and livelihood), comprehension, values and attitudes. Children should get opportunities to think laterally, critically, identify opportunities, challenge their potential and be open to new ideas. Children should be engaged in practices that promote physical, cognitive, emotional and social development and wellbeing, connect different areas of knowledge, application and values with their own lives and the world around them. The holistic nature of human learning and knowledge should be brought forth while transacting the curriculum to make them good citizens who can contribute in making the world a happy place.

IMPLEMENTATION OF CURRICULUM

School Curriculum Committee

The Board mandates that all schools must setup a School Curriculum Committee comprising teachers from each area. The School Curriculum Committee would define activities for pedagogical practices, evolve a plan of assessment and mechanism of feedback and reflection and ensure its implementation. The committee would also ensure that the textbooks/reference materials are age appropriate, incorporate inclusive principles, gender sensitive, have valid content and do not contain any material which may hurt the sentiments of any community.

The committee would also ensure that the reference materials reflect conformity with the underlying principles of the Constitution of India and are compliant with NEP-2020. Issues of gender, social, cultural and regional disparities must be taken care of in the curriculum transaction.

Pedagogical Leadership:

All Principals have a crucial role to play in the evolution of the teaching-learning ecosystem as the Head and pedagogical leader of their schools. In the role of school pedagogical leader, the principal is expected to undertake the following:

- (a) Lead, Guide and Support the teaching and learning processes in the school by focusing on classroom specific requirements for transacting the curriculum, so that both teachers and students perform at their optimal best.
- (b) Direct the entire focus of all school activities towards the students' learning and acquiring of necessary competencies. Every activity taken up by the school, therefore, should be mapped for the educational competencies, and for life skills, values, etc., being acquired by the students.
- (c) Prepare Annual Pedagogical Plan of the school by designing and developing annual plan for the school by giving equal importance to all areas.
- (d) Promote innovative pedagogy, with special focus on integrating art, sports and ICT (Information and Communication Technology) with education, and use of active and experiential learning methods in the classrooms.
- (e) Ensure joyful learning at all levels through use of such innovative pedagogy.
- (f) Develop school specific resources for teaching and learning, in the form of lesson plans, e-content, use of mathematics and science kits developed by NCERT, etc.
- (g) Ensure proper in-house training of teachers in the school to enable them to unleash their own unique capabilities and creativity in their classrooms.
- (h) To be up to date with all new ideas and tools, etc. being used in education at the global level and constantly innovate the pedagogy of the school.
- (i) To make efforts to learn from the best practices of other schools, by arranging for discussions with Principals of such schools, or through observation visits of teachers to other schools.

(j) The Board has not laid down the structure or format of the annual pedagogical plan as the Board respects educational autonomy of every school and expects each school to prepare its own unique and innovative annual plan. This plan must be an implementable one with realistic timelines that should include administrative inputs and detailed pedagogical aspects.

Pedagogical Practices by Teachers

The pedagogical practices should be learner centric. Teachers are expected to ensure such an atmosphere for students where they feel free to ask questions. They would promote active learning among students with a focus on reflections, connecting with the world around them, creating and constructing knowledge. The role of a teacher should be that of a facilitator who would encourage collaborative learning and development of multiple skills through the generous use of resources via diverse approaches for transacting the curriculum.

Teachers should follow inclusive principles and not label children as 'slow learners' or 'bright students', or 'problem children'. They should instead attend to the individual difference of students by diagnosing and modifying their pedagogic planning. As far as possible, Arts should be integrated in teaching, especially while teaching the concept which students find difficult to understand.

Competency based Learning:

To face the challenges of 21st Century, education should be competency based and Principals as Pedagogical Leaders must create conducive environment for the development of competencies among the students. Competency based Learning focuses on the student's demonstration of desired learning outcomes as central to the learning process. Learning outcomes are statements of expected outcomes that the student will be able to do to know, understand and/or be able to demonstrate after completion of a process of learning as a result of learning the activity. Therefore, the focus is on measuring learning through attainment of prescribed learning outcomes. Experiential and active learning are the preferred pedagogies for Competency Based Learning as they promote critical thinking, creativity and effective study skills among students. Learning Outcomes approach developed by NCERT for classes I-X that is enclosed with each subject should be adopted by all the schools and teaching-learning process may be changed in the light of these outcomes. The schools are expected to have well-defined Learning objectives for every grade that are observable and measurable, and empower learners to focus on mastery of valuable skills and knowledge. It is expected that teachers will provide meaningful and joyful learning experiences to the students by adopting variety of innovative pedagogies or instructional activities and go beyond textbooks. Schools are expected to track the attainment of Learning Outcomes by each learner and ensure that no child is left behind. Bhartiya Shiksha Board (BSB) has also come out with suggestive mapping of learning

outcomes with NCERT curriculum which can be adopted adapted by schools. Bhartiya Shiksha Board (BSB) has also mapped each learning outcome with assessment to enable tracking of learning progress and these resources are available at the website of Bhartiya Shiksha Board (BSB) in the form of **Teachers Energized Resource Material.** Schools should also attempt this on their own. The Board has developed Learning standard frameworks for all major subjects i.e. Hindi, English, Science, Social Science and Mathematics. The learning standard framework (LSF) offers a structured conceptual map for integrating the discrete elements such as learning outcomes, content, pedagogies and assessments, into a coherent continuum. Its goal is to demystify the 'evidence of learning' and engender a common understanding of it in teachers and examiners by cataloguing competencies in clear, measurable, and contextualized achievement standards. Combining theory and practice, different LSFs detail how the learning and assessment need to be conducted in classrooms, these frameworks contain detailed guidelines for preparing reliable and valid items along with sample questions and marking scheme for assessment. Model question paper designs have also been laid out our helping teachers prepare the question paper.

Lesson/Unit Plan

Specific Lesson Plans for the topics are to be prepared by the teachers. These plans may have the following parts:

- Specific Learning Outcomes;
- Pedagogical Strategies;
- Group activities/experiments/hands-on-learning;
- Interdisciplinary Linkages and infusion of Life-skills, Values, Gender sensitivity etc.;
- Resources (including ICT);
- Assessment items for measuring the attainment of the Learning Outcome
- Feedback and Remedial Teaching Plan.
- Inclusive Practices

Classroom and School Environment

School environment should be conducive for holistic development of the students. The school should focus on health and hygiene by adopting inclusive practices. As part of the policy the school should adopt practices which will promote mental health. In this direction, the schools may follow the guidelines issued by the Board on making the school a No-Anger Zone or Anger Free Zone. The board has developed school health manuals which are available on www.bsb.org.in. The time table in the school should take care of proper rest and the children learn subjects with relaxation. School must also ensure that Children avoid the intake of junk food and should ban it around school premises. Intake of the healthy foods should be encouraged with activities described in circular issued by Bhartiya Shiksha Board (BSB).

The surroundings and daily life activities and situations are the best experiential teachers for the students. Teachers must make efforts to draw examples and group activities from daily life observations within the classroom/within the school and surroundings, and encourage presentations and reflection by the students once the activity is completed, to develop the skills of critical thinking and communication.

Children learn a lot through peer learning. To promote peer learning, flexible seating arrangements may be made available during the classroom transactions. The seating should also take care of the needs of the students with disabilities as well. Learning should focus on individual differences and promote collaborative learning. The classroom activities must be connected to the immediate environment of children. The school should maintain connection with the parents and the progress of children should be communicated to the parents, and, if needed remedial measures be taken up for improving the learning outcomes.

Creating Cross-Curricular Linkages

Creating cross-curricular linkages are vital to learning as they help to connect prior knowledge with new information. For example, Mathematical data handling and interpretation can be effectively applied in geography and science. Children can write better-framed answers in history, geography and science when they have learnt how to write explanations/ short descriptions in a language. Similarly, Life Skills like empathy, problem solving and interpersonal communications can be easily integrated with the study of literature and other areas. Universal Values, Life Skills and Constitutional Values with emphasis on realization of Fundamental Duties may be incorporated depending upon context in almost all the subjects.

Special emphasis on Integrating Arts in education:

All disciplines being pursued by students at all stages require creative thinking and problem-solving abilities. Therefore, when Art is integrated with education, it helps the child apply art-based enquiry, investigation and exploration, critical thinking and creativity for a deeper understanding of the concepts/topics. Secondly, Art Integrated learning is a strong contender for experiential learning, as it enables the student to derive meaning and understanding, directly from the learning experience. Thirdly, this kind of integration not only makes the teaching and learning process joyful, it also has a positive impact on the development of certain life skills, such as, communication skills, reflection and enquiry skills, un-conditioning of the mind leading to higher confidence levels and self-esteem, appreciation for aesthetics and creativity, etc. Fourthly, this kind of integration broadens the mind of the student, and enables him/her to see the multi-disciplinary links between subjects, topics, and real life. Schools are, thus, required to take up the integration of Art with the teaching learning process.

It must be understood that Art Education and Art Integrated Education may be mutually exclusive, but they build upon each other and strengthen each other. Art Education is not only relevant for developing creativity and appreciation of art among students, but is also

necessary for inculcating art-based enquiry skills in the students. Art Education is a necessary precursor for the adoption of Art Integrated learning.

Art Education and Art Integration:

The following two-pronged approach is followed:

- (i) Art education continues to be an integral part of the curriculum. The schools may also promote and offer Visual and Performing Arts based subjects at the Secondary and Senior Secondary level.
- (ii) Art is also integrated with the teaching and learning process of all subjects from classes 1 to 12, to promote active and experiential learning for "connecting knowledge to life outside the school, ensuring that learning shifts away from rote methods and for enriching the curriculum, so that it goes beyond textbooks."

Art Integrated Pedagogy

While preparing its annual pedagogical plan under the leadership of the principal of the school, the school must plan out in detail the Art Education to be imparted at various levels, and how that Art can be integrated with classroom learning of various subjects. The focus must be on mutually reinforcing Art as a subject and Art as a tool for learning, with efforts towards seamless integration. Team teaching (combination of subject teachers and Art teachers) would also strengthen the integration.

For implementing this in classrooms, the subject teacher picks the topic/ concept/idea that she wants to teach by integrating Art. The teacher can do this jointly with the Art teacher too. Then, the subject teacher collaborates with the Art teacher to align the pedagogy. Next, the teacher teaches the topic/concept/idea ensuring active learning and ensuring that both the subject and Art are integrated well and there is learning in both areas. Finally, the teacher prepares a rubric to assess the student in both the areas – that is, the topic taught and the Art used.

21st Century Skills:

There is an increased awareness among the educators of the need to integrate what are called as 21st Century skills in educational systems. There are three key 21stcentury skills;

There are three keys 21st century skills i.e. Learning Skills, Literacy Skills and Life Skills.

Learning skills include:

- Critical Thinking
- Creativity
- Communication
- Collaboration

Literacy skills include:

- Information literacy
- Media literacy
- Technology literacy

Life skills include:

- Flexibility
- Leadership
- Initiative
- Productivity
- Self-awareness

The need of the hour is that schools must focus on enhancing the skills required for a successful adult life in 21st Century. It is important that the students are able to think scientifically, mathematically or artistically to face the real-life challenges in an information and technology driven world and enhance their inherent potential. Bhartiya Shiksha Board (BSB) has published a handbook on 21st century skills available at its website. Schools may further refer to it.

Inclusive Education:

Inclusive approach in education is a prerequisite for ensuring full participation of all students with equal opportunity in all areas without any discrimination. Inclusive attitude in all staff and faculty members is crucial for successful inclusive education. Therefore, all the members of teaching and non-teaching staff should be sensitized on the issues of inclusive education. Students without disabilities should also be sensitized.

Schools must organize these sensitization programmes with the support of experts from respective field of disabilities. Capacity Building Programmes on Inclusive Education may be organized in collaboration with the BSB-Centres of Excellence. Board has made the appointment of special educator mandatory to all the schools affiliated to the BSB. Special Educators must possess the qualification as prescribed by the Rehabilitation Council of India. Bhartiya Shiksha Board (BSB) has published a handbook on Inclusive Education available at its website.

SCHEME OF STUDIES

Class XI and XII is a composite Course. Students therefore should offer only those subjects in Class XI which they intend to continue in Class XII. Subjects can be offered as under:

SUBJECTS					
	Subject 1	Hindi Core/Hindi Elective Language I: OR English Core/English Elective			
Compulsory	Subject 2	Language II: Any one Language from Group-L other than the Language opted as Subject 1 (Language 1)			
	Subject 3				
	Subject 4	Any three Electives from Group-A and Group-S			
	Subject 5				
Optional	Subject 6	Any One Elective from Group-A or language from Group - L (excluding languages offered in Subject 1 and Subject 2)			
Subjects of	Subject 7	Work Experience			
Internal Assessment	Subject 8	Health & Physical Education			
(Assessment at school	Subject 9	General Studies			
level)	Subject 10	Linguistic Competency of Sanskrit in relation to other languages			

- a. Hindi or English must be one of the two languages to be studied in class XI and XII. Hindi and English can also be offered simultaneously.
- b. The first 5 subjects in the sequential order of filling the subjects in the registration form/Mark Sheet are considered as Main subjects.
- c. A candidate can also offer an additional elective which may either be a language at elective level or, any other elective subject.
- d. While transacting the Curriculum, due emphasis should be laid on National Identity, 21st Century Skills and Values Education. Schools are expected to draw their own programmes in this area in accordance with the guidelines given from time to time by the Board. Likewise, programmes in General Studies, Health and Physical Education, Work Experience and Linguistic Competency of Sanskrit in relation to

other languages be planned in accordance with the guidelines brought out by the Board.

- e. For candidates who take 6 subjects (5 main and 1 additional subject) and pass in all 6 subjects, the percentage is to be calculated by the employer/institution/university according to the norms of employer/institution/university in which the candidate will be seeking admission.
- f. If a student has taken 6th subjects, and if he/she fails in any one of first five subjects, the same will be replaced by the 6th subject provided the candidate satisfies the scheme of studies i.e., after replacement either Hindi or English remains as one of the main five subjects.
- g. Skill electives can be offered along with any subject, as per the scheme of studies.
- h. Board is extending several exemptions/concessions to candidates with disabilities as defined in the "THE PERSONS WITH DISABILITIES (EQUAL OPPORTUNITIES, PROTECTION OF RIGHT AND FULL PARTICIPATION) ACT, 1995 and "THE RIGHTS OF PERSONS WITH DISABILITIES ACT 2016". Exemptions/Concessions extended to Persons with Benchmark Disabilities for Class XII Examinations conducted by the Board and the Standard Operating Procedure for availing these concessions are available in the Bhartiya Shiksha Board (BSB) Examination Bye-Laws.
- i. For Regional Languages, the Board prescribes the textbooks being followed in classes XI and XII in the respective State Boards where the language is taught. Schools are also advised to bring to the notice of BSB the changes, if any, brought out at the commencement of the session by the respective State Boards, in the textbooks of the language of their State. Schools are directed to strictly follow the textbooks prescribed by Bhartiya Shiksha Board (BSB) in its curriculum. Changes, if any, can be adopted only after BSB notifies it.

List of Subjects Offered at Senior Secondary Level with their respective Codes:

Group - L Languages						
Sr.	Code Name		Theory	Time	Internal	Total
No.	Code	Name	Marks	(Hrs.)	Marks	Marks
1	101	Hindi (Core)	80	3	20	100
2	102	Sanskrit	80	3	20	100
3	103	English (Core)	80	3	20	100
4	104	Assamese	80	3	20	100
5	105	Bengali	80	3	20	100
6	106	Bodo	80	3	20	100
7	107	Dogri	80	3	20	100
8	108	Gujarati	80	3	20	100
9	109	Kannada	80	3	20	100
10	110	Kashmiri	80	3	20	100
11	111	Konkani	80	3	20	100
12	112	Maithili	80	3	20	100
13	113	Malayalam	80	3	20	100
14	114	Manipuri	80	3	20	100
15	115	Marathi	80	3	20	100
16	116	Nepali	80	3	20	100
17	117	Odia	80	3	20	100
18	118	Punjabi	80	3	20	100
19	119	Santhali	80	3	20	100
20	120	Sindhi	80	3	20	100
21	121	Tamil	80	3	20	100
22	122	Telugu	80	3	20	100
23	123	Urdu	80	3	20	100
24	124	French	80	3	20	100
25	125	German	80	3	20	100
26	126	Russian	80	3	20	100
27	127	Japanese	80	3	20	100
28	128	Spanish	80	3	20	100
29	129	Arabic	80	3	20	100
30	130	Hindi (Elective)	80	3	20	100
31	131	English (Elective)	80	3	20	100

Group-A: Academic Elective Subjects

Group-A: Academic Elective Subjects							
S. No.	CODE	NAME	THEORY MARKS	TIME (hrs.)	INTERNAL MARKS	PRACTICAL MARKS	TOTAL MARKS
1	141	History	80	3	20	-	100
2	142	Political Science	80	3	20	-	100
3	143	Geography	70	3	-	30	100
4	144	Economics	80	3	20	-	100
5	145	Hindustani Music (Vocal)	30	2	-	70	100
6	146	Hindustani Music (Melodic Instruments)	30	2	-	70	100
7	147	Psychology	70	3	-	30	100
8	148	Sociology	80	3	20	-	100
9	149	Mathematics	80	3	20	-	100
10	150	Physics	70	3	-	30	100
11	151	Chemistry	70	3	-	30	100
12	152	Biology	70	3	_	30	100
13	153	Physical Education	70	3	-	30	100
14	154	Painting	30	2	-	70	100
15	155	Business Studies	80	3	20	_	100
16	156	Accountancy	80	3	20	_	100
17	157	Kathak-Dance	30	2	-	70	100
18	158	Bharatanatyam- Dance	30	2	-	70	100
19	159	Home Science	70	3	-	30	100
20	160	Computer Science	70	3	-	30	100
21	161	Business Entrepreneurship	70	3	-	30	100
22	163	Hindustani Music Percussion Instruments	30	2	-	70	100
23	164	Legal Studies	80	3	20	-	100
24	165	Yoga	50	2	-	50	100

Group-S Compulsory Skill Courses

S. no.	. no. Code Name		Time (hours)		Marks Distribution	
			Theory	Practical	Theory	Practical
1	171	Artificial Intelligence	1	2	40	60
2	172	Coding	1	2	40	60
3	173	Machine Learning	1	2	40	60
4	174	Mobile Application Development	1	2	40	60
5	175	Web Design	1	2	40	60
6	176	Cyber Hygiene	1	2	40	60
7	177	Entrepreneurship	1	2	40	60
8	178	Agriculture				
	170	Technology	1	2	40	60
9	179	Agri - Business	1	2	40	60
10	180	Banking and Insurance	1	2	40	60
11	181	Retail Management	1	2	40	60
		Tourism and				
12	182	Hospitality				
		Management	1	2	40	60
13	183	Journalism	1	2	40	60
14	184	Electrical and				
		Electronics	1	2	40	60
15	185	Waste Management	1	2	40	60

Medium of Instruction

The medium of Instruction in general in all the schools affiliated with the Board shall either be Hindi or English

Scheme of Assessment:

According to Bhartiya Shiksha Board, the purpose of assessment is:

- 1. To provide learning opportunities to learner in different contexts
- 2. To empower the learner to take the responsibility of his learning
- 3. To prepare the learner to appreciate and learn from failures
- 4. To take up the challenging tasks and the confidence to handle them

- 5. To demonstrate the competencies required to solve the real-life problems
- 6. To apply the knowledge gained through analysis of situations to any untoward circumstances
- 7. To equip learner with Indian way of holistic understanding of life

Assessment by Bhartiya Shiksha Board will be to promote learning based on understanding instead of just promoting to next class. It will not encourage rote memory and attempts will be made to prevent the learners from the nexus of Tuitions centres/private coaching centres. Assessment will be fourfold in its nature i.e., to assess the learner in all the four developmental domains of personality

- Intellectual
- **❖** Aesthetic
- Social
- Spiritual

The Assessment Scheme will have 80% weightage for Board examinations in Class XII and for Annual Examination in Class XI in all compulsory/ Optional Subjects (excluding Skill and Practical involved Subjects) and 20% weightage would be given to Internal Assessment/Project in compulsory/ optional Subjects (excluding Skill and Practical involved Subjects)

The Assessment of Skill subjects will have 40% weightage for Board examinations and 60% weightage for practical examinations.

General Studies, Health and Physical Education, Work Experience and Linguistic Competency of Sanskrit in relation to other languages would be assessed internally at the School level on a five-point grading scale i.e., (A.B.C.D.E)

Students have to secure 33% marks (Separately in theory and Practical/ Internal Assessment/Project of the Compulsory/ Optional Subjects.

A candidate failing in one of the five subjects in Board examination shall be placed in compartment category in that subject.

The Assessment scheme will have theory, internal assessment or practical/project components as per syllabus given for each subject. Board shall conduct Annual examinations for Class XII

As the Board is progressively allowing more space to 'learning outcome based' assessment in place of textbook driven assessment, question papers of Board examinations will have more questions based on real-life situations requiring students to apply, analyse, evaluate and synthesize information as per the stipulated outcomes. The core-competencies to be

assessed in all questions, however, will be from the prescribed syllabus and textbooks recommended therein. This will eliminate predictability and rote learning to a large extent.

ANNUAL EXAMINATION

The Board Examination will cover the entire syllabus of Class-XII as per syllabus for each subject. Grades shall be awarded on the basis of 8-point grading system in each elective subject. For awarding the grades the following 8-point grading scale will be followed.

MARKS RANGE	GRADE
91 - 100	A1
81 - 90	A2
71 - 80	B1
61 - 70	B2
51 - 60	C1
41 - 50	C2
33 - 40	D
32 and below	Essential Repeat

The assessment scheme for class XI will be similar to class XII Board examination and shall be carried out at school level.

Internal Assessment/Project:

Internal Assessment in different subjects will be as per details given in the syllabus for each subject.

Subjects of Internal Assessment/Project:

Subjects of Internal Assessment may be continuously done by collecting information, reflecting on and using that information to review children's progress and to plan future learning experiences. The documented data, after interpretation, should be reflected in the Report card of the Children in the form of grades.

In the existing scheme of assessment, these activities will be graded on an eight-point grading scale (A1 to E) for classes XI –XII and will have no descriptive indicators.

The students shall be assessed on three areas i.e. Health and Physical Education, Work Experience, General Studies and Linguistic Competency of Sanskrit in relation to other languages.

The concerned teacher would make an objective assessment of the level of performance/participation demonstrated by a student throughout the academic year and finally assign grades.

Parameters of Assessment:

Marks and grades on the basis of 5-point grading system will be awarded in each compulsory area [General Studies, Health and Physical Education, Work Experience and Linguistic Competency of Sanskrit in relation to other languages] for classes XI and XII as detailed below:

Grade	Connotation	
A	Exemplary	
В	Proficient	
С	Developing	
D	Emerging	
Е	Beginner	

Design of the Question Paper for Board examination:

To ensure flexibility in the assessment at Board examination, the detailed design of the paper is not included in the curriculum document. The details of design of the Q.P shall be subsequently notified with the sample question paper. However, the Board examination shall test as per weightage allocated to each area or unit given in the respective subject

Development of competencies through Student Enrichment activities:

In the recent passed board has been organizing various activities for promoting various 21st century skills. Following are some such activities introduced with the intention of enhancement of the skills and values.

S. No.	Student Enrichment Activity	Skills/Values to be Enhanced	
1	Story Telling Competition	. Thinking Skills: Creative, Analytical, Evaluative	
2	Reading Week	. Communication Skills	
3	Fastest Reading Contest	. Linguistic Skills	
		· Reasoning Abilities	
		Problem Solving Skills	
4	Mathematics Skill	· Critical thinking	
4	Development	· Analytical thinking	
		Ability to manipulate precise and intricate ideas	
		· Ability to construct logical arguments	
		· Values of respect for diversity and tolerance	
		· Awareness about preserving Indian heritage and	
5	Quiz	monuments	
		· Critical thinking skills	
		• Appreciation for rich heritage and diversity of	
		the country	

		The Senior School Curriculum 2025-	
		· Critical and Creative Thinking Skills	
6	Science Exhibition	· Problem Solving Skills	
		· Scientific Temperament	
7	Science Literacy Promotion Test	· Connecting Science to day-to-day life	
8	Expression Series	· Creative Thinking Skills	
0	Expression series	· Communication Skills	
9	Eco-Club Activities	 Awareness about Environmental Conservation and Protection 	
10	Swachhata Abhiyan	· Cleanliness Habits	
11	Ek Bharat Shrestha Bharat	· Spirit of Patriotism and Unity	
12	Rashtriya Ekta Diwas		
13	Inter School Band Competition	· Creative Skills	
14	Fit India School Week	· Healthy life style	
15	Inter-School Sports & Games Competitions	· Attention and concentration powers	
16	International Day of Yoga	-	
17	Matri bhasha Diwas	 Awareness of Linguistic and Cultural traditions Values of Tolerance and Dialogue Communication Skills 	
18	The Constitution Day	Importance of Constitution, its history, structure and implications to citizen's orientation to composite culture and diversity of our nation awareness of Fundamental Rights and Duties as enshrined in the Indian Constitution.	
19	Art Integrated	Application of art-based enquiry, investigation and exploration, critical thinking and creativity for a deeper understanding of the concepts/topics promotes experiential learning as it enables to derive meaning and understanding directly from the learning enables students to see the multi-disciplinary linkages between subjects, topics, and real life.	

Schools are encouraged to participate in these activities of the Board for making students future ready.

Rules regarding Admission and Examination

Regarding eligibility for Admission, Eligibility for Examination, Scheme of Examination and related information, please see the Examination Bye-Laws of Bhartiya Shiksha Board (BSB).

हिंदी

कक्षा ग्यारहवी तथा बारहवी के लिए हिंदी का पाठ्यक्रम

प्रस्तावना

ग्यारहवीं कक्षा तक आते—आते शिक्षार्थियों का मानसिक, शारीरिक, सामाजिक और भावनात्मक विकास प्रगति पर होता है जो उसकी भाषा के माध्यम से भी अभिव्यक्त हो जाता है। भाषिक दायरे और वैचारिक दायरों के बढ़ने या विस्तार पाने के कारण संवेदनाओं की नई भाव भूमि का प्रफुटन होता है। भाषा, शैली और बोध का ऐसा आधार बनने लगता है कि शिक्षार्थी की निजी भाषा शैली भी विकसित होने लगती है।

भाषा का और अधिक सुलझा हुआ, समस्त प्रकार की संवेदनाओं से युक्त प्रयोग इस स्तर के शिक्षार्थियों से अपेक्षित भाषा दर्व्यवहार है। इस स्तर पर शिक्षार्थी न केवल अपनी भाषा शैली गढ़ता है बल्कि साहित्य, तथा अन्य पत्र-पत्रिकाओं को पढ़ते हुए उनमें प्रयुक्त भाषा-शैली को समझता है। यह भी कहा जा सकता है कि वह भाषा के सहारे समाज, देश, दुनिया की सीमाओं को लांघकर अपनी चेतना का विकास भी करता है। वैश्विक क्षैतिज पर जिस तरह की हिंदी भाषा का प्रयोग किया जाता है–उस तरह की भाषा को समझने का प्रयास करना। शिक्षार्थी की हिंदी भाषा का विकास कुछ इस तरह हो कि वह अपनी भाषा के माध्यम से शांति की स्थापना कर सके। इस तरह से भाषा, भाषा की कक्षा से बाहर अन्य विषयों के साथ इस तरह से घूल मिल जाती है कि उससे विभिन्न अनुशासनों की भाषा समझने और उसका प्रयोग करने की क्षमता का विकास होता है। संचार के विभिन्न माध्यमों – सिनेमा, दूरदर्शन, रेडियो, चलचित्र, औडियो–वीडियो, समाचार पत्र, पत्रिकाएँ आदि में प्रयुक्त भाषा को उसके समस्त संदर्भों के साथ गहनता से समझना और उतनी गहनता, गंभीरता से उसे अभिव्यक्त करने वाली प्रभावी भाषा का प्रयोग करना – इस स्तर पर अपेक्षित है। अब भाषा रोजगार की भाषा बनने की दिशा में अग्रसर होने लगती है और वैश्विक पटल पर भाषायी पहचान का मार्ग भी प्रशस्त होने लगता है। व्यक्तित्व को गढने में भाषा की भूमिका महत्वपूर्ण है – इस दृष्टि से भाषा – शिक्षण किया जाना आवश्यक है। अपनी संस्कृति, इतिहास, ज्ञान आदि को समझने में हिंदी भाषा की भूमिका को भी समझने का प्रयास होना चाहिए। साथ ही भारतीय भाषाओं की एकात्मकता को भी समझने और उस पर विश्वास दृढ़ करने की क्षमता का विकास करना, इस स्तर पर हिंदी भाषा शिक्षण का एक महत्वपूर्ण उद्देश्य है।

पाठ्यचर्या संबंधी अपेक्षाएँ

- समझते हुए पढ़ने व सुनने के साथ—साथ हिंदी में सोचने और उसे मौखिक और लिखित रूप में व्यक्त कर पाने की दक्षता का अर्जन कर पाना।
- साहित्य बोध के साथ—साथ साहित्य में प्रयुक्त भाषा की बारीकियों अन्य विषयों को हिंदी माध्यम से पढ़ने की रुचि पैदा करना।
- शिक्षार्थी भाषिक अभिव्यक्ति के सूक्ष्म एवं जटिल रूप से परिचित हो सकेंगे।
- वे यथार्थ को अपने विचारों में व्यवस्थित करने के साधन के तौर पर भाषा का अधिक सार्थक उपयोग कर पाएंगे।
- उनमें जीवन के प्रति मानवीय संवेदना व सम्यक दृष्टि का विकास होगा।

हिंदी भाषा शिक्षण के उद्देश्य: कक्षा 11 और 12 के लिए

- पिछली कक्षाओं में प्राप्त भाषिक क्षमताओं का उत्तरोत्तर विकास करना।
- ज्ञान-निर्माण की भाषा के रूप में हिंदी भाषा का विकास करना।

- सामाजिक संदर्भ में भाषिक अभिव्यक्ति की समझ पैदा करना और भाषा के अंतः सिक्रय संबंध को समझने की दृष्टि का विकास करना।
- सृजनात्मक साहित्य की सराहना करने की क्षमता और साहित्य को गढ़ने की भाषा–शैली का विकास करना।
- संचार के विभिन्न माध्यमों सिनेमा, दूरदर्शन, रेडियो, चलचित्र, औडियो—वीडियो, समाचार पत्र, पत्रिकाएँ आदि में प्रयुक्त भाषा को सटीक अर्थ में समझने और उस पर प्रतिक्रिया व्यक्त करने, अपना विचार तय करने की क्षमता का विकास करना।
- भाषा और साहित्य के परस्पर संबंध को समझना, उसका व्यवहार करना और साहित्य को गढ़ने में अपनी शैली का विकास करना।
- विभिन्न संदर्भों में प्रयुक्त हिंदी भाषा की जटिल संरचनाओं को समझना।
- भाषा की सृजनात्मक बारीकियों और व्यावहारिक प्रयोगों का बोध तथा संदर्भ और समय के अनुसार प्रभावशाली ढंग से उसका मौखिक और लिखित प्रयोग करने कि क्षमता का विकास करना।
- अपनी बात को गंभीरता से अभिव्यक्त करने और विभिन्न प्रकार से अभिव्यक्त करने की कुशलता का विकास करना।
- सामाजिक, लिंग, धर्म, जाति, क्षेत्र, भाषा संबंधी विविधताओं के प्रति सकारात्मक एवं विवेक पूर्ण रवैये का विकास करना।
- साहित्य के विविध रूपों पर सकारात्मक चर्चा करना और उसकी समालोचना करना।
- संचार और प्रौद्योगिकी अथवा विज्ञान के विकास के क्षेत्र में प्रयुक्त विशिष्ट भाषा का उल्लेख समझकर प्रयोग करने की कुशलता का विकास करना।
- किसी भी अपरिचित विषय से संबंधित जानकारी के स्त्रोतों को ढूंढ कर उन पर व्यवस्थित ढंग से अपनी बात को कहने का कौशल विकसित करना।
- ज्ञान के विभिन्न अनुशासनों के विमर्श की भाषा के रूप में हिंदी की विशिष्ट प्रकृति को समझना और उसका प्रयोग करना।
- भाषा की समावेशी और बहुभाषिक प्रकृति के प्रति ऐतिहासिक और सामाजिक दृष्टिकोण का विकास करना।
- विभिन्न सामाजिक मुद्दों पर आत्मविश्वास के साथ मौखिक और लिखित रूप से लिखना।
- अमूर्त विषयों पर प्रयुक्त भाषा का विकास और कल्पनाशीलता और मौलिक चिंतन के लिए प्रयोग करना।

हिंदी भाषा सीखने-सिखाने की युक्तियाँ व पद्धतियाँ

- पिछले स्तरों पर अपनाई जाने वाली शिक्षण युक्तियाओं का प्रयोग करना।
- वार्तालाप व संवादात्मक शिक्षण ।
- विभिन्न विषयों पर शिक्षार्थियों की विश्लेषणात्मक, संश्लेषणात्मक और मूल्यांकनपरक विचारों की अभिव्यक्ति के अवसर प्रदान करना।
- संचार माध्यमों का और सूचना प्रौद्योगिकी का प्रयोग करना।
- कक्षा में दबाव व तनाव मुक्त माहौल उपलब्ध करवाना।
- नए नए विषयों पर लेख, अनुच्छेद लेखन गतिविधियां आयोजित करना।
- किताबों में आए काव्यांशों की संगीतबद्ध प्रस्तुतियों के ऑडियो वीडियो कैसे तैयार करना।
- पैरा अनुसार चित्र और छाया चित्रों को शिक्षण सामग्री के रूप में प्रयुक्त करना।
- अलग—अलग अवसर के लिए पाठ की आवश्यकतानुसार अलग—अलग शिक्षण सहायक सामग्री का प्रयोग करना।
- शब्दकोश, संदर्भ कोश, साहित्य कोश का प्रयोग करना।
- सेमिनार, समूह चर्चा, समस्या समाधान आदि पर बल देना।

हिंदी (आधार) (101)

पाठ्यक्रम (2025-26)

कक्षा ग्यारहवी

परीक्षा हेतु पाठ्यक्रम विनिर्देशन

- प्रश्न -पत्र तीन खण्डों खंड- क, ख और ग में होगा|
- खंड- क में अपिठत बोध पर आधारित प्रश्न पूछे जाएँगे । सभी प्रश्नों के उत्तर देने होंगे।
- खंड- ख में अभिव्यक्ति और माध्यम पाठ्यपुस्तक के आधार पर प्रश्न पूछे जाएँगे। प्रश्नों में आंतरिक विकल्प दिए जाएँगे।
- खंड- ग में आरोह भाग 1 एवं वितान भाग 1 पाठ्यपुस्तकों के आधार पर प्रश्न पूछे जाएँगे।
 प्रश्नों में आंतरिक विकल्प दिए जाएँगे।

भारांक-80

निर्धारित समय - 03 घंटे

वार्षिक परीक्षा हेतु भार विभाजन

	खंड-क (अपठित बोध)	18 अंक
1	01 अपठित गद्यांश (लगभग 250 शब्दों का) पर आधारित बोध, चिंतन, विश्लेषण पर बहुविकल्पीय प्रश्न, अतिलघूतरात्मक प्रश्न, लघूतरात्मक प्रश्न पूछे जाएँगे । (बहुविकल्पीय प्रश्न 01 अंक x 03 प्रश्न = 03 अंक, अतिलघूतरात्मक प्रश्न 01 अंक x 01 प्रश्न = 1 अंक, लघूतरात्मक प्रश्न 02 अंक x 3 प्रश्न = 6 अंक)	10 अंक
2	01 अपठित पद्यांश (लगभग 100 शब्दों का) पर आधारित बोध, सराहना, सौंदर्य, चिंतन, विश्लेषण आदि पर बहुविकल्पीय प्रश्न, अतिलघूत्तरात्मक प्रश्न, लघूत्तरात्मक प्रश्न पूछे जाएँगे। (बहुविकल्पीय प्रश्न 01 अंक x 03 प्रश्न = 03 अंक, अतिलघूत्तरात्मक प्रश्न 01 अंक x 01 प्रश्न = 01 अंक, लघूत्तरात्मक प्रश्न 02 अंक x 02 प्रश्न = 04 अंक)	08 अंक
	खंड- ख (अभिव्यक्ति और माध्यम पाठ्यपुस्तक के आधार पर) पाठ संख्या 1, 2, 9, 10, 14, 15 तथा 16 पर आधारित	22 अंक
3	दिए गए 03 अप्रत्याशित विषयों में से किसी 01 विषय पर आधारित लगभग 120 शब्दों में रचनात्मक लेखन (06 अंक x 01 प्रश्न)	06 अंक
4	औपचारिक पत्र लेखन। (विकल्प सहित) (05 अंक x 01 प्रश्न)	05 अंक
5	पाठ संख्या 1, 2, 9, 10, 14, 15 तथा 16 पर आधारित 04 प्रश्न (विकल्प सहित) (02 अंक x 04 प्रश्न= 8 अंक) (लगभग 40 शब्दों में), (03 अंक x 01 प्रश्न= 3 अंक) (लगभग 60 शब्दों में)	11 अंक

	खंड- ग (आरोह भाग – 1 एवं वितान भाग-1 पाठ्य पुस्तकों के आधार पर)	40 अंक
6	पठित काव्यांश पर आधारित 05 बहुविकल्पी प्रश्न (01 अंक x 05 प्रश्न)	05 अंक
7	काव्य खंड पर आधारित 03 प्रश्नों में से किन्हीं 02 प्रश्नों के उत्तर (लगभग 60 शब्दों में) (03 अंक x 02 प्रश्न)	06 अंक
8	काव्य खंड पर आधारित 03 प्रश्नों में से किन्हीं 02 प्रश्नों के उत्तर (लगभग 40 शब्दों में) (02 अंक x 02 प्रश्न)	04 अंक
9	पठित गद्यांश पर आधारित 05 बहुविकल्पी प्रश्न (01 अंक x 05 प्रश्न)	05 अंक
10	गद्य खंड पर आधारित 03 प्रश्नों में से किन्हीं 02 प्रश्नों के उत्तर (लगभग 60 शब्दों में) (03 अंक x 02 प्रश्न)	06 अंक
11	गद्य खंड पर आधारित 03 प्रश्नों में से किन्हीं 02 प्रश्नों के उत्तर (लगभग 40 शब्दों में) (02 अंक x 02 प्रश्न)	04 अंक
12	वितान के पाठों पर आधारित 03 में से 02 प्रश्नों के उत्तर (लगभग 60 शब्दों में) (05 अंक x 02 प्रश्न)	10 अंक
13	(अ) श्रवण तथा वाचन (ब) परियोजना कार्य	10+10 = 20 अंक
कुल अंक		100 अंक

निर्धारित पाठ्यपुस्तकं :

- 1. आरोह, भाग-1, एन.सी.ई.आर.टी., नई दिल्ली द्वारा प्रकाशित
- 2. वितान भाग-1, एन.सी.ई.आर.टी., नई दिल्ली द्वारा प्रकाशित
- 3. **अभिव्यक्ति और माध्यम**, एन.सी.ई.आर.टी., नई दिल्ली द्वारा प्रकाशित

नोट - पाठ्यक्रम के निम्नन्निखित पाठ हटा दिए गए हैं।

आरोह भाग - 1	काट्य खंड	 कबीर (पद 2) - संतो देखत जग बौराना
		 मीरा (पद 2) - पग घुंगरू बांधि मीरा नाची
		 रामनरेश त्रिपाठी - पथिक (पूरा पाठ)
		• सुमित्रानंदन पंत - वे आँखें (पूरा पाठ)
	गद्य खंड	• कृष्णनाथ - स्पीति में बारिश (पूरा पाठ)
		• सैयद हैदर रजा - आत्मा का ताप (पूरा पाठ)

हिंदी (आधार) (101)

पाठ्यक्रम (2025-26)

कक्षा बारहवीं

परीक्षा हेतु पाठ्यक्रम विनिर्देशन

- प्रश्न -पत्र तीन खण्डों खंड- क, ख और ग में होगा।
- खंड- क में अपिठत बोध पर आधारित प्रश्न पूछे जाएँगे । सभी प्रश्नों के उत्तर देने होंगे।
- खंड- ख में अभिव्यक्ति और माध्यम पाठ्यपुस्तक के आधार पर प्रश्न पूछे जाएँगे। प्रश्नों में आंतरिक विकल्प दिए जाएँगे।
- खंड- ग में आरोह भाग 2 एवं वितान भाग 2 पाठ्यपुस्तकों के आधार पर प्रश्न पूछे जाएँगे। प्रश्नों में आंतरिक विकल्प दिए जाएँगे।

भारांक-80

निर्धारित समय - 03 घंटे

वार्षिक परीक्षा हेतु भार विभाजन

	खंड-क (अपठित बोध)	18 अंक
1	01 अपठित गद्यांश (लगभग 250 शब्दों का) पर आधारित बोध, चिंतन, विश्लेषण पर बहुविकल्पीय प्रश्न, अतिलघूत्तरात्मक प्रश्न, लघूत्तरात्मक प्रश्न पूछे जाएँगे । (बहुविकल्पीय प्रश्न 01 अंक x 03 प्रश्न = 03 अंक, अतिलघूत्तरात्मक प्रश्न 01 अंक x 01 प्रश्न = 01 अंक, लघूत्तरात्मक प्रश्न 02 अंक x 03 प्रश्न = 06 अंक)	10 अंक
2	01 अपठित पद्यांश (लगभग 100 शब्दों का) पर आधारित बोध, सराहना, सौंदर्य, चिंतन, विश्लेषण आदि पर बहुविकल्पीय प्रश्न, अतिलघूतरात्मक प्रश्न लघूतरात्मक प्रश्न पूछे जाएँगे । (बहुविकल्पीय प्रश्न 01 अंक x 03 प्रश्न = 03 अंक, अतिलघूतरात्मक प्रश्न 01 अंक x 01 प्रश्न = 01 अंक, लघूतरात्मक प्रश्न 02 अंक x 02 प्रश्न = 04 अंक)	08 अंक
	खंड- ख (अभिव्यक्ति और माध्यम पाठ्यपुस्तक के आधार पर) पाठ संख्या ३, ४, ५, ११, १२ तथा १३ पर आधारित	22 अंक
3	दिए गए 03 अप्रत्याशित विषयों में से किसी 01 विषय पर आधारित लगभग 120 शब्दों में रचनात्मक लेखन (06 अंक x 01 प्रश्न)	06 अंक
4	पाठ संख्या 3, 4, 5, 11 तथा 13 पर आधारित (02 अंक x 04 प्रश्न= 08 अंक) (लगभग 40 शब्दों में), (04 अंक x 02 प्रश्न = 08 अंक) (लगभग 80 शब्दों में) (विकल्प सहित)	16 अंक
	खंड- ग (आरोह भाग – 2 एवं वितान भाग-2 पाठ्यपुस्तकों के आधार पर)	40 अंक
5	पठित काट्यांश पर आधारित 05 बहुविकल्पी प्रश्न (01 अंक x 05 प्रश्न)	05 अंक

6	काव्य खंड पर आधारित 03 प्रश्नों में से किन्हीं 02 प्रश्नों के उत्तर (लगभग 60 शब्दों में) (03 अंक x 02 प्रश्न)	06 अंक
7	काव्य खंड पर आधारित 03 प्रश्नों में से किन्हीं 02 प्रश्नों के उत्तर (लगभग 40 शब्दों में) (02 अंक x 02 प्रश्न)	04 अंक
8	पठित गद्यांश पर आधारित 05 बहुविकल्पी प्रश्न (01 अंक x 05 प्रश्न)	05 अंक
9	गद्य खंड पर आधारित 03 प्रश्नों में से किन्हीं 02 प्रश्नों के उत्तर (लगभग 60 शब्दों में) (03 अंक x 02 प्रश्न)	06 अंक
10	गद्य खंड पर आधारित 03 प्रश्नों में से किन्हीं 02 प्रश्नों के उत्तर (लगभग 40 शब्दों में) (02 अंक x 02 प्रश्न)	04 अंक
11	वितान के पाठों पर आधारित 03 में से 02 प्रश्नों के उत्तर (लगभग 100 शब्दों में) (05 अंक x 02 प्रश्न)	10 अंक
13	(अ) श्रवण तथा वाचन (ब) परियोजना कार्य	10+10 = 20 अंक
कुल अंक		100 अंक

निर्धारित पुस्तकें:

- 1. **आरोह, भाग-2,** एन.सी.ई.आर.टी., नई दिल्ली द्वारा प्रकाशित
- 2. वितान, भाग-2, एन.सी.ई.आर.टी., नई दिल्ली द्वारा प्रकाशित
- 3. 'अभिव्यक्ति और माध्यम', एन.सी.ई.आर.टी., नई दिल्ली द्वारा प्रकाशित

नोट - पाठ्यक्रम के निम्नलिखित पाठ हटा दिए गए हैं

आरोह भाग - 2	काव्य खंड	 गजानन माधव मुक्तिबोध – सहर्ष स्वीकारा है (पूरा पाठ) फ़िराक गोरखपुरी – गज़ल
	गद्य खंड	 विष्णु खरे – चार्ली चैप्लिन यानी हम सब (पूरा पाठ) रज़िया सज्जाद ज़हीर - नमक (पूरा पाठ)
वितान भाग - 2		• एन फ्रेंक - डायरी के पन्ने

हिंदी (ऐच्छिक) (130)

पाठ्यक्रम (2025-26)

कक्षा ग्यारहवीं

- प्रश्न -पत्र तीन खण्डों खंड- क, ख और ग में होगा|
- खंड- क में अपठित बोध पर आधारित प्रश्न पूछे जाएँगे। सभी प्रश्नों के उत्तर देने होंगे।
- खंड- ख में अभिव्यक्ति और माध्यम पुस्तक के आधार पर प्रश्न पूछे जाएँगे। प्रश्नों में आंतरिक विकल्प दिए जाएँगे।
- खंड- ग में अंतरा भाग 1 एवं अंतराल भाग 1 पाठ्य पुस्तकों के आधार पर प्रश्न पूछे जाएँगे। प्रश्नों में आंतरिक विकल्प दिए जाएँगे।

भारांक - 80 निर्धारित समय - 03 घंटे

वार्षिक परीक्षा हेतु भार विभाजन

	खंड-क (अपठित बोध)	18 अंक
1	01 अपठित गद्यांश (लगभग 250 शब्दों का) पर आधारित बोध, चिंतन, विश्लेषण पर बहुविकल्पीय प्रश्न, अतिलघूत्तरात्मक प्रश्न, लघूतरात्मक प्रश्न पूछे जाएँगे । (बहुविकल्पीय प्रश्न 01 अंक x 3 प्रश्न=3 अंक, अतिलघूत्तरात्मक प्रश्न 01 अंक x 1प्रश्न=1 अंक, लघूत्तरात्मक प्रश्न 02 अंक x 3 प्रश्न=6 अंक)	10 अंक
2	01 अपठित पद्यांश (लगभग 100 शब्दों का) पर आधारित बोध, सराहना, सौंदर्य, चिंतन, विश्लेषण आदि पर बहुविकल्पीय प्रश्न अतिलघूतरात्मक प्रश्न लघूतरात्मक प्रश्न पूछे जाएँगे । (बहुविकल्पीय प्रश्न 01 अंक x 3 प्रश्न=3 अंक, अतिलघूतरात्मक प्रश्न 01 अंक x 1प्रश्न=1 अंक, लघूतरात्मक प्रश्न 02 अंक x 2 प्रश्न=4 अंक)	08 अंक
	खंड- ख (अभिव्यक्ति और माध्यम पुस्तक के आधार पर)	22 अंक
3	इकाई एक - जनसंचार माध्यम और लेखन (पाठ 1 और 2) पर आधारित (लगभग 30-40 शब्दों में) अतिलघूतरात्मक प्रश्न एवं लघूतरात्मक प्रश्न पूछे जाएँगे (01 अंक x 01 प्रश्न ,02 अंक x 02 प्रश्न)	05 अंक
4	इकाई - दो सृजनात्मक लेखन पाठ 9, 10 और इकाई - तीन व्यावहारिक लेखन पाठ 14, 15 दी गई स्थिति/ घटना के आधार पर दृश्य लेखन (विकल्प सहित)	05 अंक

	लगभग 120 शब्दों में (05 अंक x 01 प्रश्न)	
5	औपचारिक - पत्र/ स्ववृत लेखन/ रोजगार संबंधी आवेदन पत्र (विकल्प सहित) लगभग 100 शब्दों में (05 अंक x 01 प्रश्न)	05 अंक
6	व्यावहारिक लेखन (प्रतिवेदन, प्रैस-विज्ञप्ति, परिपत्र कार्यसूची, कार्यवृत से संबंधित प्रश्न) (विकल्प सहित) (03 अंक x 01 प्रश्न)	03 अंक
7	अभिन्यक्ति और माध्यम पुस्तक से पठित पाठों पर आधारित 02 प्रश्नों के उत्तर (लगभग 40 शब्दों में) (02 अंक x 02 प्रश्न)	04 अंक
	खंड- ग (अंतरा भाग – 1 एवं अंतराल भाग – 1 पाठ्य पुस्तकों के आधार पर)	40 अंक
8	पठित काव्यांश पर 05 बहुविकल्पात्मक प्रश्न । सभी 05 प्रश्नों के उत्तर देने होंगे। (01 अंक x 05 प्रश्न)	05 अंक
9	काव्य खंड पर आधारित 03 प्रश्नों में से किन्हीं 02 प्रश्नों के उत्तर (लगभग 40 शब्दों में) (02 अंक x 02 प्रश्न)	04 अंक
10	किसी एक काव्यांश की सप्रसंग व्याख्या (विकल्प सहित) (दीर्घउत्तरीय प्रश्न) (06 अंक x 01 प्रश्न) लगभग 100 शब्दों में	06 अंक
11	पठित गद्यांश पर 05 बहुविकल्पात्मक प्रश्न । सभी 05 प्रश्नों के उत्तर देने होंगे। (01 अंक x 05 प्रश्न)	05 अंक
12	गद्य खंड पर आधारित 03 प्रश्नों में से किन्हीं 02 प्रश्नों के उत्तर (लगभग 40 शब्दों में) (02 अंक x 02 प्रश्न)	04 अंक
13	01 गद्यांश की सप्रसंग व्याख्या (विकल्प सहित) (दीर्घउत्तरीय प्रश्न) (06 अंक x 01 प्रश्न) लगभग 100 शब्दों में	06 अंक
14	अंतराल के पठित पाठों पर 03 प्रश्नों में से किन्हीं 02 प्रश्नों के उत्तर	10 अंक

	(लगभग 100 शब्दों में) (05 अंक x 02 प्रश्न)	
15	(अ) श्रवण तथा वाचन	10+10=20 अंक
	(ब) परियोजना कार्य	
कुल अंक		100

निर्धारित पुस्तकें:

- अंतरा, भाग-1, एन.सी.ई.आर.टी., नई दिल्ली द्वारा प्रकाशित नवीनतम संस्करण
- अंतराल, भाग-1, एन.सी.ई.आर.टी., नई दिल्ली द्वारा प्रकाशित नवीनतम संस्करण
- 'अभिव्यक्ति और माध्यम', एन.सी.ई.आर.टी., नई दिल्ली द्वारा प्रकाशित नवीनतम संस्करण

नोट : निम्नलिखित पाठों से प्रश्न नहीं पूछे जाएँगे।

पाठ्यपुस्तक - अंतरा भाग-1

- 1. नए की जन्म कुंडली (एक) (पूरा पाठ)
- 2. पद्माकर (पूरा पाठ)
- 3. महादेवी वर्मा सब आँखों के आँसू उजले (घटाया गया पाठ का अंश और उससे संबंधित प्रश्न अभ्यास)
- 4. नरेंद्र शर्मा नींद उचट जाती है (पूरा पाठ)

पाठ्यपुस्तक - अंतराल

1. अंडे के छिलके (एकांकी) पूरा पाठ

हिंदी (ऐच्छिक) (130)

पाठ्यक्रम (2025-26)

कक्षा 12वीं

- प्रश्न -पत्र तीन खण्डों खंड- क, ख और ग में होगा।
- खंड- क में अपिठत बोध पर आधारित प्रश्न पूछे जाएँगे। सभी प्रश्नों के उत्तर देने होंगे।
- खंड- ख में अभिव्यक्ति और माध्यम पुस्तक के आधार पर प्रश्न पूछे जाएँगे। प्रश्नों में आंतरिक विकल्प दिए जाएँगे।
- खंड- ग में अंतरा भाग 2 एवं अंतराल भाग 2 पाठ्य पुस्तकों के आधार पर प्रश्न पूछे जाएँगे। प्रश्नों में आंतरिक विकल्प दिए जाएँगे।

भारांक - 80

निर्धारित समय - 03 घंटे

वार्षिक परीक्षा हेतु भार विभाजन

खंड-क (अपठित बोध)	18 अंक
01 अपठित गद्यांश (लगभग 250 शब्दों का) पर आधारित बोध, चिंतन, विश्लेषण पर बहुविकल्पीय प्रश्न, अतिलघूत्तरात्मक प्रश्न, लघूत्तरात्मक प्रश्न पूछे जाएँगे । (बहुविकल्पीय प्रश्न 01 अंक x 3 प्रश्न=3 अंक, अतिलघूत्तरात्मक प्रश्न 01 अंक x 1प्रश्न=1 अंक, लघूत्तरात्मक प्रश्न 02 अंक x 3 प्रश्न=6 अंक)	10 अंक
01 अपठित पद्यांश (लगभग 100 शब्दों का) पर आधारित बोध, सराहना, सौंदर्य, चिंतन, विश्लेषण आदि पर बहुविकल्पीय प्रश्न अतिलघूतरात्मक प्रश्न लघूतरात्मक प्रश्न पूछे जाएँगे । (बहुविकल्पीय प्रश्न 01 अंक x 3 प्रश्न=3 अंक, अतिलघूतरात्मक प्रश्न 01 अंक x 1प्रश्न=1 अंक, लघूतरात्मक प्रश्न 02 अंक x 2 प्रश्न=4 अंक)	08 अंक
खंड- ख (अभिव्यक्ति और माध्यम पुस्तक के आधार पर)	22 अंक
	01 अपठित गद्यांश (लगभग 250 शब्दों का) पर आधारित बोध, चिंतन, विश्लेषण पर बहुविकल्पीय प्रश्न, अतिलघूत्तरात्मक प्रश्न, लघूत्तरात्मक प्रश्न पूछे जाएँगे । (बहुविकल्पीय प्रश्न 01 अंक x 3 प्रश्न=3 अंक, अतिलघूत्तरात्मक प्रश्न 01 अंक x 1प्रश्न=1 अंक, लघूत्तरात्मक प्रश्न 02 अंक x 3 प्रश्न=6 अंक) 01 अपठित पद्यांश (लगभग 100 शब्दों का) पर आधारित बोध, सराहना, सौंदर्य, चिंतन, विश्लेषण आदि पर बहुविकल्पीय प्रश्न अतिलघूत्तरात्मक प्रश्न लघूत्तरात्मक प्रश्न पूछे जाएँगे । (बहुविकल्पीय प्रश्न 01 अंक x 3 प्रश्न=3 अंक, अतिलघूत्तरात्मक प्रश्न 01 अंक x 1प्रश्न=1 अंक, लघूतरात्मक प्रश्न 02 अंक x 2 प्रश्न=4 अंक) खंड-ख (अभिव्यक्ति और माध्यम पुस्तक के आधार पर) इकाई एक - जनसंचार माध्यम और लेखन (पाठ ३,4 और ५) पर आधारित (लगभग 30-40 शब्दों में) अतिलघूत्तरात्मक प्रश्न एवं लघूतरात्मक प्रश्न पूछे जाएँगे

The Senior School Curriculum 2025-25

4	पाठ 3,4 और 5 पर आधारित दो लघुउत्तरीय प्रश्न (03 अंक x 02 प्रश्न)) (लगभग 60 शब्दों में)	06 अंक
5	दिए गए तीन नए और अप्रत्याशित विषयों में से किसी एक विषय पर लगभग 100 शब्दों में रचनात्मक लेखन (05 अंक x 01 प्रश्न)	05 अंक
6	पाठ 6,7 और 8 पर आधारित तीन प्रश्नों में से किन्हीं दो प्रश्नों के उत्तर (3 अंक x 2 प्रश्न) (लगभग 60 शब्दों में)	06 अंक
	क्तंत्र म (अंत्रम १००० व एवं अंत्रमूल १००० व पाका गुरुकों के अपध्य पर	40 -i-
	खंड- ग (अंतरा भाग – 1 एवं अंतराल भाग – 1 पाठ्य पुस्तकों के आधार पर)	40 अंक
7	पठित काव्यांश पर 05 बहुविकल्पात्मक प्रश्न । सभी 05 प्रश्नों के उत्तर देने होंगे। (01 अंक x 05 प्रश्न)	05 अंक
8	काव्य खंड पर आधारित 03 प्रश्नों में से किन्हीं 02 प्रश्नों के उत्तर (लगभग 40 शब्दों में) (02 अंक x 02 प्रश्न)	04 अंक
9	किसी एक काव्यांश की सप्रसंग व्याख्या (विकल्प सहित) (दीर्घउत्तरीय प्रश्न) (06 अंक x 01 प्रश्न) लगभग 100 शब्दों में	06 अंक
10	पठित गद्यांश पर 05 बहुविकल्पात्मक प्रश्न । सभी 05 प्रश्नों के उत्तर देने होंगे। (01 अंक x 05 प्रश्न)	05 अंक
11	गद्य खंड पर आधारित 03 प्रश्नों में से किन्हीं 02 प्रश्नों के उत्तर (लगभग 40 शब्दों में) (02 अंक x 02 प्रश्न)	04 अंक
12	01 गद्यांश की सप्रसंग व्याख्या (विकल्प सहित) (दीर्घउत्तरीय प्रश्न) (06 अंक x 01 प्रश्न) लगभग 100 शब्दों में	06 अंक

13	अंतराल के पठित पाठों पर 03 प्रश्नों में से किन्हीं 02 प्रश्नों के उत्तर (लगभग 100 शब्दों में) (05 अंक x 02 प्रश्न)	10 अंक
14	(अ) श्रवण तथा वाचन (ब) परियोजना कार्य	 10+10=20 अंक
	कुल अंक	100 अंक

निर्धारित पुस्तकें:

- अंतरा, भाग-2, एन.सी.ई.आर.टी., नई दिल्ली द्वारा प्रकाशित नवीनतम संस्करण
- 2. **अंतराल, भाग–2,** एन.सी.ई.आर.टी., नई दिल्ली द्वारा प्रकाशित नवीनतम संस्करण
- 3. 'अभिव्यक्ति और माध्यम', एन.सी.ई.आर.टी., नई दिल्ली द्वारा प्रकाशित नवीनतम संस्करण
 - 💠 नोट : निम्नलिखित पाठों से प्रश्न नहीं पूछे जाएँगे ।

- अंतरा भाग 2

- 1. सूर्यकांत त्रिपाठी निराला गीत गाने दो मुझे (घटाया गया पाठ का अंश और उससे संबंधित प्रश्न अभ्यास)
- 2. विष्णु खरे एक कम, सत्य(पूरा पाठ)
- 3. केशवदास रामचंद्रिका (पूरा पाठ)
- 4. घनानंद सवैया (घटाया गया पाठ का अंश और उससे संबंधित प्रश्न अभ्यास)
- 5. ब्रजमोहन व्यास कच्चा चिट्ठा (पूरा पाठ)
- 6. रामविलास शर्मा यथास्मै रोचते विश्वम (पूरा पाठ)

पूरक पाठ्यपुस्तक - अंतराल 2

1. संजीव - आरोहण

संस्कृत

कक्षा एकादश तथा द्वादश के लिए संस्कृत महत्व का पाठ्यक्रम

संस्कृत महत्व

मानव को मानव के रूप में स्थापित करने में तथा उसके अस्तित्व की पहचान कराने की प्रक्रिया में देश, संस्कृति, भाषा, मूल्यों, तथा ज्ञान—विज्ञान की परम्परा बहुत महत्वपूर्ण होती है। इनसे अंतः क्रिया करते हुए तथा आत्मसात्करते हुए वह इस परम्परा को अपने सान्निध्य से गौरवान्वित करता है और अपनी पहचान को परिभाषित करता है। मानव के अस्तित्व के परिचायक के रूप में भाषा अत्यंत महत्वपूर्ण भूमिका का निर्वाह करती है। भारतीय परिप्रेक्ष्य में संस्कृत ही वह भाषा है जो आदि काल से मानव का संस्कार करती आ रही है और वर्तमान समय में भी उसकी उपादेयता तथा प्रासंगिकता निर्ववाद रूप से अतुलनीय है, सार्वभौमिक है तथा कालसापेक्ष है।

संस्कृत विश्व की वह प्राचीनतम भाषा है जिसका समृद्ध साहित्य एवं ज्ञान—विज्ञान मानव तथा समाज का सदैव मार्गदर्शन करता आ रहा है । वैदिक काल से लेकर आज तक समस्त ज्ञान—विज्ञान, चिंतन—मनन एवं सभ्यता—संस्कृति का आधार संस्कृत भाषा ही रही है। वेद वेदांग, दर्शन, धर्मशास्त्र आदि के साथ साथ इस भाषा में वैज्ञानिक विषयों का भी ज्ञान प्राप्त होता है तथा जीव विज्ञान, भौतिकी, रसायन शास्त्र, आयुर्वेद, धनुर्वेद, भू—विज्ञान, खगोल विज्ञान, ज्योतिष्विज्ञान, नक्षत्र— विज्ञान, रत्न—विज्ञान, विमान—विज्ञान, वास्तु—विज्ञान, शिल्प— विज्ञान, सैन्य—विज्ञान आदि अनेक विषयों पर चिंतन हेतु विवेचन उपलब्ध है । जो वर्तमान परिप्रेक्ष्य में मानव का मार्गदर्शन करने में सक्षम है ।

ज्ञान की सार्थकता तभी सिद्ध होती है जब मानव जीवन संस्कार युक्त हो अतः शिक्षा की जीवन में अहम भूमिका होती है । शिक्षासाधिका के रूप में ज्ञान का व्यक्तित्व के साथ समन्वय स्थापित करती है । प्राचीन वैदिक शिक्षा इसी आदर्श पर आधरित थी, इसिलये ज्ञान— विज्ञान एवं संस्कृति सम्पोषित होती रही है । काल के प्रवाह के साथ होने वाले परिवर्तनों के कारण बदलती परिस्थितियों में भी भारतीय शिक्षा पद्धति का प्रभाव कम

नहीं हो पाया । अतः वैदिक साहित्य में निहित मूल्यों एवं आदर्शों को पुनः सम्पोषित करने के लिये तथा प्रत्येक भारतीय को उसकी संस्कृति से जोड़ने के लिये संस्कृत का अध्ययन अनिवार्य है। बदलते परिवेश में अपनी वैज्ञानिकता तथा तार्किक संरचना के कारण संस्कृत धरती पर बोली जाने वाली सबसे शुद्ध भाषा है, इसकी तार्किक व्यवस्था के कारण इसे कम्प्यूटर की भाषा के रूप में भी स्वीकार किया गया है । अतः आवश्यक है कि इस भाषा में उपलब्ध अमूल्य ज्ञान को अन्य विषयों के साथ इस प्रकार अनुस्यूत किया जाय कि पढने वाला संस्कृत के महत्व को समझ पाए तथा उसमें उपलब्ध ज्ञान प्राप्ति के प्रति उन्मुख हो।

संस्कृत भाषा पाठ्यक्रम का आधार एवं अन्य बोर्ड से वैभिन्य

संस्कृत भाषा का पाठ्यक्रम का आधार एवं विषयवस्तु हमारी भारतीय संस्कृति मे उपलब्ध विशाल ज्ञान सामग्री है, इस प्रक्रिया में हमने प्रयास किया है कि भारतीय ज्ञान के साथ उसमे निहित मूल्यों तथा परम्पराओं से छात्रों को अवगत कराया जाय।

कक्षा प्रथम से ही विद्यार्थी के स्मरणषित्तवर्धन हेतु अश्टाध्यायी स्मरण का समावेष किया गया है ।

विद्यार्थी के चारित्रिक, एवं व्यवहारिक उन्नति के लिए, रामायण, महाभारत इत्यादि महाकाव्यों से कुछ अंष भी समावेष किया गया है ।

विष्व को देखने की विषिश्ट दृष्टि हमको योगदर्षन आदि शड्दर्षनों से प्राप्त होती है उसका भी कुछ अंष इसमें उद्धृत किया गया है ।

षारीरिक एवं मानसिक रुप से विद्यार्थी पूर्णतः स्वस्थ रहे इस दृष्टिकोण से आयुर्वेद के विषिष्ट अध्यायों का भी समावेष है ।

श्रीम्द्भगवद्गीता स्मृतिग्रन्थनितीष्लोकाः पन्चतन्त्र इत्यादि से षिक्षाप्रद कथा एवं ष्लोकों का भी उद्धहरण विद्यार्थी के आयुनुसार उस—उस कक्षा में स्थापित किया है जिसकी स्मृति से विद्यार्थी जीवन में सदा सुमार्ग पर चले। साहित्य को समझना एक साधना है (टैगोर) जो व्यक्तित्व को परिष्कृत करती है उसमें रचनात्मकता को जागृत करती है तथा उसे आनंद से जोड़ती है, संस्कृत का वृहत साहित्य वह अवसर उपलब्ध करा सके, यह प्रयास किया गया है।

भाषा प्रयोग की स्पष्टता हेतु उसकी संरचनात्मक विशिष्टता को समझने के लिये व्याकरण की पाठ्यक्रम में इस प्रकार व्यवस्था की गई है कि छात्र वैचारिक स्तर पर भाषा के संकोच का अनुभव न करे तथा सहज रूप से रचनात्मक अभिव्यक्ति की ओर संलग्न हो सके । सभी भाषाओं की जननी होने के कारण अन्य क्षेत्रीय भाषाओं के शब्दों के स्पष्टीकरण की प्रक्रिया में उनकी विस्तारित व्याख्या के द्वारा संस्कृत के महत्व एवं सार्वभौमिकता को स्थापित करने का प्रयास किया गया है

जो राष्ट्रीय एकत्व की भावना को सम्पोषित करती है।

इसके साथ ही प्रयास किया गया है कि संस्कृत भाषा में उपलब्ध विज्ञान अथवा दूसरे विषय सम्बंधी ज्ञान के लिए संस्कृत भाषा को आधार बनाया जाए न कि अंग्रेजी या अन्य किसी भाषा में किये गये अनुवाद को । छात्रों में ज्ञान तथा मूल्यों के प्रति स्वीकार्यता, उपादेयता तथा प्रासंगिकता को सुनिश्चित करने के प्रयास में उपलब्ध नवीन तकनीकों के साथ सामजस्य स्थापित करने का प्रयास किया गया है, यही उद्देश्यों के निर्धारण का आधार है, हमने प्रयास किया है कि छात्र —

- •प्रत्येक कक्षा में एक नया वैदिक मंत्र सीखें तथा पूरे सत्र में अध्यापक उससे सम्बंधी क्रियायें कक्षा में इस प्रकार करवाए कि छात्र उसमें अंतर्निहित भाव को आत्मसात् कर पाए, इस प्रकार प्रत्येक कक्षा में नया मंत्र सीख कर, उसका भाव समझ कर, तथा उसकी प्रासंगिकता आज के परिप्रेक्ष्य में समझ कर छात्रों से एक सभ्य समाज की स्थापना की आशा की जा सकती है.
- संस्कृत की कक्षाओं की संख्या किसी भी स्थिति में अन्य भाषाओं से कम नहीं हो, इस दृष्टि से पाठ्यक्रम निर्माण किया गया है,
- •कक्षा एक से संस्कृत की पाठ्यक्रम में उपस्थिति भाषा के महत्व को स्वतः सिद्ध करती है,

- •प्राथमिक स्तर पर कक्षा तृतीय तक केवल मौखिक परीक्षा का प्रावधान तथा अन्य कक्षाओं में भी कुछ प्रतिशत मौखिक परीक्षा की व्यवस्था की गई है,
- •नीति श्लोको की पाठ्यक्रम मे स्थिति आज के समाज मे व्याप्त मूल्य सम्बंधी अनेको दुविधाओं के स्पष्टीकरण के लिए आवश्यक है,
- इसी प्रकार प्रत्येक अध्याय भारतीय संस्कृति, ज्ञान तथा मूल्यों से प्रेरित है, इस प्रक्रिया में जिन ग्रंथों का आश्रय लिया गया है वे इस प्रकार हैं। वेद—ऋग्वेद, अथर्ववेद, यजुर्वेद, पंचतंत्र, हितोपदेशः, चाणक्यनीति, भर्तृहरेः नीतिश्लोकाः शीशुपालवध महाकाव्यम्, महाभारत, रघुवंशः नैषधमहाकाव्यम्, गीता, मनुस्मृतिः, ईशावास्योपनिषद्, अथर्ववेद, नीतिशतक, छादोग्य उपनिषद्, अभिज्ञानशाकुतलम्, केनोपनिषद्, कठोपनिषद्, कादम्बरी, दशकुमारचरितम्, ऋषि भारद्वाज प्रणीतम विमानशास्त्रम, आयुर्वेदविज्ञानम्, मुण्डकोपनिषद, श्रवेताश्वतर उपनिषद, गीत—गोविदम् (जयदेव) दशावतारस्तुतिः, सन्मतिर्दीयताम्

दृश्री ओमप्रकाश ठाकुर, शिवराज विजयः, हर्षचरितम्—बाणभट्टः योगदर्शनम् साधनपाद, तर्कसंग्रहः, आर्यभटः, भारकरचार्यः दृवराहिमिहिर इत्येतेषाम् वैज्ञानिकानाम् योगदानम्, चरकसंहिता, कौटिल्य—अर्थशास्त्रम्, उत्तररामचरितम, स्वप्नवासवदत्तम्, प्रधी पञ्चकम आदि।

विजन / दृष्टि असतो मा सद् गमय तमसो मा ज्योतिर्गमय

अंधकारात प्रकाशम प्रति एवम् अज्ञानात् ज्ञानम् प्रति गतिः भवेत्, इदमेव जीवनस्योद्देश्यम्, संस्कृतमेव सा भाषा यत्रोपलब्धम् विशालज्ञानम् न केवलम् मानवजीवनस्य दिशानिर्देशम् करोति अपितु आत्मोन्नत्यर्थम् प्रेरितम् करोति,अतः भारतीयज्ञानस्य, साहित्य—कला संस्कृतेःच संरक्षणार्थम् संस्कृ तभाषायाः विविधतत्त्वानां बोधस्य प्रचारणं प्रसारणं च आवश्यकं, अपि च संस्कृतं प्रति स्वीकार्यतां निश्चयार्थम् संस्कृते उपलब्ध—ज्ञानस्य वर्तमानसंदर्भे प्रासंगिकता स्थापितव्या ।

- संस्कृतं प्रति अस्माकं संकल्पः भवेत् यत्-
- संस्कृत भाषां अधिगंतुम जिज्ञासा अनुरागः च उत्पन्नोभवते,

- संस्कृत भाषा शिक्षणेन उपलब्ध भारतीयज्ञानस्य एवं सांस्कृतिक—परम्परायाः संरक्षणम् संवर्धनं च भवेत्।
- संस्कृतभाषा शिक्षणेन आधुनिक—परिप्रेक्ष्ये भारतीयसांस्कृतिक—मूल्यानाम् प्रासिंगकता प्रतिस्थापिता भवेत्।
- •उपलब्ध तकनीकसाहाय्येन संस्कृत—भाषाधिगमं सरलं, सुलभं, रुचिकरं च, भवेत्।
- संस्कृत भाषा शिक्षणेन छात्राणाम वैचारिक क्षमतायाः विकासो भवेत् । ब्रहतर—उद्देश्यानि
- •संस्कृत भाषाज्ञानं भाषाप्रयोगाधारितं भवेत्।
- •भाषाप्रयोगाय उपलब्ध पारम्परिक प्रयोगस्य आधुनिक परिस्तिथिभिः सह समन्वयो स्थापित व्यः।
- संस्कृत–शिक्षणेन संस्कृते निहितम् उपलब्धज्ञान–विज्ञानस्य मूल्यानां च समन्वयः भवेत्।
- संस्कृत—भाषायाः संरचनात्मक—विशिष्टतायाः संरक्षणं, अपि च आधुनिक—परिप्रेक्ष्ये स्पष्टीकरणं भवेत्।
- •संस्कृत-भाषाव्याकरणं शिक्षणं भाषा प्रयोगे आधारितं भवेत्।
- संस्कृतभाषा—शिक्षणे शब्दकोषज्ञानं नवीनशब्दनिर्माण—विषयकः अभ्यासः च वांछनीयः।
- •सम्प्रति उपलब्ध तकनीकमाधृत्य भाषा धिगम सम्बंधी सामग्री—निर्माणः प्रयोगः च वांछनीयः।

संस्कृतशिक्षणस्य उद्देश्यानि

- (i) संस्कृतानुच्छेदानाम् सम्यक् रूपेण पठने तेषाम् अर्थावबोधने च योग्यतासाधनम्।
- (ii) वैदिकवाङ्मयपरिचयः आयुर्वेद परिचयः छंदसाम् ज्ञानम् च।
- (iii) व्याकरणे संधि—समास—कारक—उपसर्ग—प्रत्यय—शब्दरूप दृधातुरूपाणाम् ज्ञानप्रदानम्।
- (iv) संस्कृतश्लोकानाम् उचितलयमात्रायतिगतिविरामादिभिः सहपठनस्य योग्यतोत्पादनमयेन छात्राः विभिन्नछंदसाम् पाठेषु भेदम् कर्तुम् समर्थाः संतु तथा मात्रानुसारेणछंदांसि प्रत्याभिज्ञातुम् सफलाः भवन्तु ।

- संस्कृते लघुनिबन्धलेखपत्रादीनां लेखनस्य क्षमतायाः विकासः (v) मौलिकलेखेषुसंस्कृतश्लोकान् उद्धृत्यछात्राणाम् भावाभिव्यक्ति—शैल्याः अभिवर्धनम्।
- (vi)
- संस्कृतात् मातृभाषायाम्,मातृभाषातः संस्कृते अनुवादकरणस्य योग्यता साधनम् । छात्राणाम् संस्कृते स्वस्तरानुसारेण शुद्द्घया प्रभावशालि—मधुररमणीयशैल्या (vii) विचाराणमभिव्यक्तेः योग्यतासाधनम्।
- वैकल्पिकविषयरूपेण पठनशील—संस्कृतच्छात्रेषु काव्यसौंदर्यानुभूतेः (viii) व्यंग्यार्थावबोधस्य च योग्यतोत्पादनम्।
- छात्रेषु श्लोकानाम् ससन्दर्भव्याख्याप्रसंगे श्लोकनिहितानाम् (ix) रस-अलंकार-छंद-अंतःकथा-सूक्त्यादीनाम् विश्लेषणस्य योग्यतासाधनम्।

कक्षा एकादश संस्कृत (102) पाठ्यक्रम (2025-26)

Class	Syllabus	Learning Outcomes	No. of periods (45 min each)	Weightag e
एकादश ;11द्ध	 मङ्गलाचरणपरकम् —स्वस्तिवाचनम् / पृथिवी सूक्तम् / पिवताण्डवस्तोत्रम् । 	वेदमन्त्राानधीत्य संस्कारसंवर्धनम भविप्यति ।		
	2. महाकाव्यम् – सौन्दरानन्दं महाकाव्यम् (त्रयोदपमसर्गः)/ पिपुपालवधम् (प्रथमसर्गः)/ किरातार्जुनीयम् (प्रथमसर्गः)।	उत्साहादिभावा विद्यार्थिपूत्पन्ना भविप्यन्ति ।		
	 गद्दापाइा: / नाट्यांपः सूवितप्रभा वैराग्यपतकम्, नीतिपतकम्, श्वेताप्वतरोपनिपद् (योगपरमात्मविपकमन्त्रा), 			
	 संस्कृतसाहित्यं तस्येतिहासप्य 1. पद्यए गद्य ,चम्पू, अभिनय, नाटकदीनाम परिभाषा , परिचयस्च च। 2. महाकाव्यम्, खण्डकाव्यम्, कथा, आख्यायिका आदीनाम् लक्षणम्उदाहरणम्च 3. पाठ्यपुस्तकेपठितपाठानाम्कवी नाम्लेखकानाम् च परिचयः लेखनीयः 			
	शास्त्रस्मरणम् / गीता अ. 15 एवं 16 प्रबोधप्य छाान्दोग्य अ. 8 (इन्द्रविरोचनोपाख्यानम्) सांख्यकारिका / सांख्यसूत्राणि 7.वेदसंहितानां ब्राह्मणग्रन्थानां च	स्मृतिश्ववर्त्तर्वधनम्		
	परिचयः (नामानि वर्ण्यविपयाच्च) 8. दार्शनिकविपयः सांख्यदर्पनस्य प्रमुखसिद्धान्ताः (सृष्टिक्रमङ्ख्यादयः) प्रवर्तकः प्रमुखाचार्याच्च / जैनदर्पनम्(तत्त्वार्थसूत्रम्) उमास्वामिभि रचितम्	पदार्थान् द्रप्टुं नूतना दृष्टिः स्मृतौ भविष्यति ।		

 भारतीयदर्पनानां परिचयः (आस्तिकनास्तिकदर्यानानाम्) 		
10 <mark>. वृफदन्तप्रकर</mark> णं कृत्प्रक्रियातः समासप्रकरणे समासाश्रयविधिपर्यन्तम्।	संस्कृतव्याकरणविपयेऽवबोघे भविप्यति ।	
11. धातुरूपस्मरणम् (दपसु लकारेपु)	अनुवादम् कर्तुं समर्था भविप्यन्ति प्रयतिप्यन्ते च ।	
12. शब्दरूपरमरणम्	अनुवादम् कर्तुं समर्था भविप्यन्ति प्रयतिप्यन्ते च ।	
13. संस्कृतानुवादः	अनुवादम् कर्तुं समर्था भविप्यन्ति प्रयतिप्यन्ते च ।	
14. प्रत्ययविचारस्मरणम्	अनुवादम् कर्तुं समर्था भविप्यन्ति प्रयतिप्यन्ते च ।	
15. अपिति— अनुच्छेदः।	अनुवादम् कर्तुं समर्था भविप्यन्ति प्रयतिप्यन्ते च ।	
16. रचनात्मकं कार्यम् ।	अनुवादम् कर्तुं समर्था भविप्यन्ति प्रयतिप्यन्ते च ।	

संस्कृत (102)

कक्षा द्वादश पाठ्यक्रम (2025-26)

	चयनित 60 सिद्धियाँ		
1	अपीपचत्	31	ययाथ
2	अरिरिषति	32	युवयो:
3	उन्दिदिषति	33	मदीयः
4	ददित	34	वैयाकरणः
5	कारीषगन्धीपुत्रः	35	आग्निवारुणीमनड्वाहीमालभेत
6	असूषुपत्	36	अदायि
7	शुशावियषति	37	घनित
8	अजूहवत्	38	अदुःध
9	अबिभर्भवान्	39	अजुहवुः
10	कोऽसिचत्	40	क्नोपयति
11	रज्जुशारदमुदकम्	41	त्रिधा बद्धो वृषभो रोरवीति
12	मातापितरौ	42	आसीत्
13	कृषीवलः	43	आनर्च्छ
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16	शाधि	46	ज्ञीप्सति
17	घानिष्यते	47	जग्लौ
18	अघानिष्यत	48	तिष्ठासति
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20	घानिषीष्ट	50	नरीनृत्यते
21	घानिता	51	नर्नर्ति
22	शामंशामम्	52	नरिनर्त्ति
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26	पुमान्	56	इन्द्र मरुत्व पाहि सोमम्
27	मुमूर्षति	57	संस्स्वर्ता
28	अचैषीत्	58	भवाँश्चिनोति
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30	दुद्यूषति	60	अलविद्वम्

प्रथमावृत्ति का सम्पूर्ण छठा, सातवां और आठवां अध्याय (80 अंक)

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CLASS XI

ENGLISH (CORE) (103) SYLLABUS (2025-26)

Section A - 26 Marks Reading Skills

I Reading Comprehension through Unseen Passages

(10+8=18 Marks)

- 1. One unseen passage to assess comprehension, interpretation, analysis, inference and vocabulary. The passage may be factual, descriptive or literary.
- 2. One unseen **case-based factual** passage with verbal/visual inputs like statistical data, charts etc.to assess comprehension, interpretation, analysis, inference and evaluation.

Note: The combined word limit for both the passages will be 600-750.

Multiple Choice Questions / Objective Type Questions will be asked.

3. Note Making and Summarization based on a passage of approximately 200-250 words.

i.	Note Making:		5 Marks
	Title:	1	
	Numbering and indenting:	1	
	Key/glossary:	1	
	Notes:	2	
ii.	Summary (up to 50 words):		3 Marks
	Content:	2	
	Expression:	1	

Section - B Grammar and Creative Writing Skills - 23 Marks

II Grammar 7 Marks

- 4. Questions on Gap filling (Tenses, Clauses)
- 5. Questions on re-ordering/transformation of sentences

(Total seven questions to be done out of the eight given).

III Creative Writing Skills

16 Marks

- **6.** Short writing task Classified Advertisements, up to 50 words. One out of the two given questions to be answered (**3 Marks**: Format: 1 / Content: 1 / Expression: 1)
- 7. Short writing task -Poster up to 50 words. One out of the two given questions to be answered. (3 marks: Format: 1 / Content: 1 / Expression: 1)
- 8. Long Writing task: Speech in 120-150 words based on verbal / visual cues related to contemporary / age-appropriate topic. One out of the two given questions to be answered. (5 Marks: Format: 1 / Content: 2 / Expression: 2)
- Long Writing Task: Debate based on visual/verbal inputs in 120-150 words, thematically related to contemporary, topical issues. One out of the two given questions to be answered. (5 Marks: Format: 1 / Content: 2 / Expression: 2)

Section C – 31 Marks Literature Text Book and Supplementary Reading Text

This section will have variety of assessment items including Multiple Choice Questions, Objective Type Questions, Short Answer Type Questions and Long Answer Type Questions to assess comprehension, interpretation, analysis, evaluation and extrapolation beyond the text.

- One Poetry extract out of two, from the book Hornbill, to assess comprehension, interpretation, analysis, inference and appreciation.
 (3x1=3 Marks)
- One Prose extract out of two, from the book Hornbill, to assess comprehension, interpretation, analysis, evaluation and appreciation.
 (3x1=3 Marks)
- One prose extract out of two, from the book Snapshots, to assess comprehension, interpretation, analysis, inference and appreciation. (4x1=4 Marks)
- Two Short answer type questions (one from Prose and one from Poetry, from the book Hornbill), outof four, to be answered in 40-50 words. Questions should elicit inferential responses through critical thinking. (3x2=6 Marks)
- 14. One Short answer type question, from the book Snapshots, to be answered in 40- 50 words. Questions should elicit inferential responses through critical thinking. One out of two questions to be done. (3x1=3 Marks)
- 15. One Long answer type question, from Prose/Poetry of Hornbill, to be answered in 120-150 words. Questions can be based on incident / theme / passage / extract / event, as reference points to assess extrapolation beyond and across the text. The question will elicit analytical and evaluative response from the student. Any one out of two questions to be done. (1x6=6 Marks)
- 16. One Long answer type question, based on the chapters from the book Snapshots, to be answered in 120-150 words, to assess global comprehension and extrapolation beyond the text. Questions to provide analytical and evaluative responses, using incidents, events, themes, as reference points. Any one out of two questions to be done. (1x6=6 Marks)

Prescribed Books

- Hornbill: English Reader published by National Council of Education Research and Training, New Delhi
- The Portrait of a Lady (Prose)
- A Photograph (Poem)
- · "We're Not Afraid to Die... if We Can Be Together
- Discovering Tut: The Saga Continues
- The Laburnum Top (Poem)
- The Voice of the Rain (Poem)
- Childhood (Poem)
- The Adventure
- Silk Road (Prose)
- Father to Son
- 2. **Snapshots**: Supplementary Reader published by National Council of Education Research and Training, New Delhi
- The Summer of the Beautiful White Horse (Prose)
- The Address (Prose)
- Mother's Day (Play)
- Birth (Prose)
- The Tale of Melon City

INTERNAL ASSESSMENT

Assessment of Listening Skills - 05 marks.
Assessment of Speaking Skills - 05 Marks
Project Work - 10 Marks

Question Paper Design English (Core) Class XI (2025-26)

Section	Competencies	Total marks
Reading Skills	Conceptual understanding, decoding, Analyzing, inferring, interpreting, appreciating, literary, conventions and vocabulary, summarizing and using appropriate format/s.	26
Grammar and Creative Writing Skills	Conceptual Understanding, application of rules, Analysis, Reasoning, appropriacy of style and tone, using appropriate format and fluency, inference, analysis, evaluation and creativity.	23
Literature Text Book and Supplementary Reading Text	Recalling, reasoning, appreciating literary convention, inference, analysis, creativity with fluency, Critical Thinking.	31
	TOTAL	80
Internal Assessment	Assessment of Listening and Speaking Skills	10
	ListeningSpeaking	5+5
	Project Work	10
	GRAND TOTAL	100

CLASS XII

ENGLISH (CORE) (103) SYLLABUS (2025-26)

Section A

22 Marks

Reading Skills

I Reading Comprehension through Unseen Passage

(12+10 = 22 Marks)

- One unseen passage to assess comprehension, interpretation, analysis and inference.
 Vocabulary assessment will also be assessed via inference. The passage may be factual, descriptive or literary.
- One unseen case-based factual passage with verbal/visual inputs like statistical data, charts etc. to assess comprehension, interpretation, analysis, inference and evaluation.

Note: The combined word limit for both the passages will be 700-750 words.

Multiple Choice Questions / Objective Type Questions and Short Answer Type Questions (to be answered in 40-50 words) will be asked.

Section B

18 Marks

Creative Writing Skills

II. Creative Writing Skills

- 3. Notice, up to 50 words. One out of the two given questions to be answered. (4 Marks: Format :1 / Content: 2 / Accuracy of Spelling and Grammar: 1).
- 4. Formal/Informal Invitation and Reply, up to 50 words. One out of the two given questions to be answered.
 - (4 Marks: Format: 1 / Content: 2 / Accuracy of Spelling and Grammar: 1).
- Letters based on verbal/visual input, to be answered in approximately 120-150 words.
 Letter types include application for a job with bio data or resume. Letters to the editor (giving suggestions or opinion on issues of public interest). One out of the two given questions to be answered.
 - (5 Marks: Format: 1 / Organisation of Ideas: 1/Content: 2 / Accuracy of Spelling and Grammar:1).
- 6. Article/ Report Writing, descriptive and analytical in nature, based on verbal inputs, to be answered in 120-150 words. One out of the two given questions to be answered. (5 Marks: Format: 1 /Organisation of Ideas: 1/Content: 2 / Accuracy of Spelling and Grammar:1).

Section C 40 Marks

Literature Text Book and Supplementary Reading Text

This section will have variety of assessment items including Multiple Choice Questions, Objective Type Questions, Short Answer Type Questions and Long Answer Type Questions to assess comprehension, interpretation, analysis, evaluation and extrapolation beyond the text.

- 7. One Poetry extract out of two, from the book **Flamingo**, to assess comprehension, interpretation, analysis, inference and appreciation. (6x1=6 Marks)
- 8. One Prose extract out of two, from the book **Vistas**, to assess comprehension, interpretation, analysis, evaluation and appreciation. (4x1=4 Marks)
- One prose extract out of two from the book Flamingo, to assess comprehension, interpretation, analysis, inference and evaluation. (6x1=6Marks)
- 10. Short answer type questions (from Prose and Poetry from the book Flamingo), to be answered in 40-50 words each. Questions should elicit inferential responses through critical thinking. Five questions out of the six given, are to be answered.

(5x2=10 Marks)

- Short answer type questions, from Prose (Vistas), to be answered in 40- 50 words each.
 Questions should elicit inferential responses through critical thinking. Any two out of three questions to be done.

 (2x2=4 Marks)
- 12. One Long answer type question, from Prose/Poetry (Flamingo), to be answered in 120-150 words. Questions can be based on incident / theme / passage / extract / event as reference points to assess extrapolation beyond and across the text. The question will elicit analytical and evaluative response from the student. Any one out of two questions to be done. (1x5=5 Marks)
- 13. One Long answer type question, based on the chapters from the book Vistas, to be answered in 120-150 words, to assess global comprehension and extrapolation beyond the text. Questions to provide analytical and evaluative responses using incidents, events, themes, as reference points. Any one out of two questions to be done.

(1x5=5 Marks)

Prescribed Books

1. **Flamingo:** English Reader published by National Council of Education Research and Training, New Delhi

(Prose)

- The Last Lesson Lost Spring Deep Water
- The Rattrap
- Indigo
- Poets and Pancakes
- The Interview
- Going Places

(Poetry)

- My Mother at Sixty-Six
- Keeping Quiet
- A Thing of Beauty
- A Roadside Stand
- Aunt Jennifer's Tigers
- Vistas: Supplementary Reader published by National Council of Education Research and Training, New Delhi
 - The Third Level
 - The Tiger King
 - · Journey to the End of the Earth
 - The Enemy
 - · On the Face of It Memories of Childhood
 - The Cutting of My Long Hair
 - We Too are Human Beings

INTERNAL ASSESSMENT

Assessment of Listening Skills - 05 marks.
Assessment of Speaking Skills - 05 Marks
Project Work - 10 Marks

Question Paper Design English (Core) Class XII (2025-26)

Section	Competencies	Total marks
Reading Skills	Conceptual understanding, decoding, Analyzing, inferring, interpreting, appreciating, literary, conventions and vocabulary, summarizing and using appropriate format/s.	22
Creative Writing Sills	Conceptual Understanding, application of rules, Analysis, Reasoning, appropriacy of style and tone, using appropriate format and fluency, inference, analysis, evaluation and creativity.	18
Literature Text Book and Supplementary Reading Text	Recalling, reasoning, critical thinking, appreciating literary convention, inference, analysis, creativity with fluency.	40
	TOTAL	80
Internal Assessment	Assessment of Listening and Speaking Skills	10
	Listening Speaking	5+5
	Project Work	10
	GRAND TOTAL	100

CLASS XI ENGLISH (ELECTIVE) (131) SYLLABUS (2025-26)

Section A

Reading Comprehension

25 Marks

Two unseen passages and a poem

- 1. 12 out of 15 Multiple Choice / Objective Type Questions, from a literary or discursive passage of about 950-1000 words to assess comprehension, interpretation, inference, analysis, appreciation and vocabulary. (1x12=12 marks)
- 8 out of 9 Multiple Choice Questions / Objective Type Questions to test interpretation, inference and appreciation of a poem of about 10-12 lines. (1x8=8 marks)
- 5 out of 7 Multiple Choice Questions / Objective Type Questions from a case-based passage (with visual input- statistical data, chart etc.) of 100-120 words to test interpretation, analysis and evaluation. (1x5=5 marks)

Section B

Creative Writing Skills

15 Marks

4. An Essay on an argumentative/discursive/reflective/descriptive topic, leading to creative rendering, forming and defending of opinions, to be answered in 120-150 words.

(5 marks)

- Article on one out of two topics to be answered in 120-150 words pertaining to contemporary topical issues. (5 marks)
- 6. Speech on one out of two topics to be answered in 120-150 words pertaining to contemporary topical issues. (5 marks)

Section C

This section will have variety of assessment items including Multiple Choice Questions, Objective Type Questions, Short Answer Type Questions and Long Answer Type Questions to assess comprehension, interpretation, analysis and extrapolation beyond the text.

Textbook 20 Marks

7. Reference to the Context

- One Prose extract, out of two, to assess comprehension, literary appreciation and inference.
- ii. One Poetry extract, out of two, to assess comprehension, literary appreciation and inference. (5+5=10 Marks)

- 8. Two Short Answer Questions out of three, to be answered in 30-40 words to assess understanding, analysis and critical appreciation. Questions should elicit inferential responses through critical thinking. (2x2=4 marks)
- 9. Two Short Answer Questions, out of three, to be answered in 50-60 words to assess understanding, analysis and critical appreciation. Questions should elicit inferential responses through critical thinking. (3x2=6 marks)

DRAMA 10 Marks

10. Two Long Answer Questions, out of three, to be answered in 80-100 words to appreciate characters, events and episodes. Questions to provide analytical responses using incidents, events, themes, as reference points. (5x2=10 marks)

FICTION 10 Marks

- 11. One Short Answer Question, out of two, to be answered in 30-40 words to critically appreciate characters, events, episodes, interpersonal relationships and formation of personal points of view, with reference to content, events and episodes. (2 marks)
- One Short Answer Question, out of two, to be answered in 50-60 words to assess understanding, analysis and critical appreciation. Questions should elicit inferential responses through critical thinking.
 (3 marks)
- 13. One Long Answer Question, out of two, to be answered in 120-150 words to test literary appreciation and to draw inferences. Questions should elicit creative responses and develop ability to form personal points of view. (5 marks)

Seminar (20 marks)

- Presentation book review /a play /a short story/a novel/novella (tale, fable, and parable) to be followed by a question-answer session.
- Poetry reading to be followed by interpretative tasks based on close reading and literary analysis of the text.
- Critical review of a film/ documentary or a play.
- Conducting a theatre workshop to be followed by a discussion

Note: Teachers may develop their own rubrics to assess the performance of students objectively

The parameters for assessing Speaking skills, as given in the curriculum for English Core, may be referred to.

Prescribed Books:

- Text book: Woven Words published by NCERT
- Fiction: The Old Man and the Sea (Novel unabridged) by Ernest Hemingway
- Drama: Arms and the Man by George Bernard Shaw

Book-Woven Words- Short Stories

- The Lament
- A Pair of Mustachios
- The Rocking-horse Winner
- The Adventure of the Three Garridebs
- Pappachi's Moth
- The Third and Final Continent

Book-Woven Words-Poetry

- The Peacock
- Let me Not to the Marriage of True Minds
- Coming
- Telephone Conversation
- The World is too Much with Us
- Mother Tongue
- Hawk Roosting
- Ode to a Nightingale

Book-Woven Words-Essays

- My Watch
- My Three Passions
- Patterns of Creativity
- Tribal Verse
- What is a Good Book?
- The Story
- Bridges

Question Paper Design English (Elective) Class XI (2025-26)

	(2023-20	o j	
			MARKS 80+20=100
Section	Competencies	Total marks	% Weightage & Suggestive no. of Periods
Reading Comprehension	Conceptual understanding, decoding, analyzing, inferring, interpreting, appreciating, literary, conventions and vocabulary	25	31.25% 35 Periods
Creative Writing	Reasoning, suitability of style and tone, use of appropriate format and fluency	15	18.75% 15 Periods
Textbook	Recalling, reasoning, appreciating literary conventions illustrating with relevant quotations from the texts, giving opinions and justifying with fluency	20	25% 25 Periods
Drama	Recalling, reasoning, appreciating literary conventions, illustrating with relevant quotations from the texts, giving opinions and justifying with fluency	10	12.50% 40 Periods
Fiction	Recalling, reasoning, appreciating literary conventions, illustrating with relevant quotations from the texts, giving opinions and justifying with fluency	10	12.50% 30 Periods
	TOTAL	80	100%
Seminar	Seeking information and clarifying, illustrating with relevant quotations from the texts, reasoning, diction, articulation clarity of pronunciation, using appropriate language conventions Addressing participants using appropriate titles or nomenclatures and overall fluency	20	-
	Grand Total	100	

CLASS XII ENGLISH (ELECTIVE) (131) SYLLABUS (2025-26)

Section A

Reading Comprehension

20 MARKS

This section will have two unseen passages and a poem:

- 1. 12 Multiple Choice Questions / Objective Type Questions, out of 15, from a literary or discursive passage, of about 950-1000 words to assess comprehension, interpretation, inference, analysis, appreciation and vocabulary.
 (1 X 12 = 12 Marks)
- 2. 4 out of 5 multiple choice questions / Objective Type Questions, to test interpretation, inference and appreciation of a poem of about 10-12 lines. (1x4=4 Marks)
- 3. 4 out of 5 multiple choice questions / Objective Type Questions, from a case-based factual passage (with visual input- statistical data, chart etc.), of 100-120 words to test interpretation, analysis and evaluation.
 (1 X 4= 4 Marks)

Section B

Applied Grammar

8 Marks

Eight multiple choice questions / Objective Type Questions, out of ten, involving transformation of sentences.
 (1x8 = 8 Marks)

Creative Writing 20 Marks

- Three Long Writing Tasks, out of four, to be answered in 120-150 words each as discursive and interpretative writing. (5x3=15 Marks)
- 6. One Long Writing Task out of two to be answered in 120-150 words: An essay on an argumentative/discursive topic such as an article/report/speech pertaining to contemporary topics/issues. (5x1=5 Marks)

Section C

This section will have variety of assessment items including Multiple Choice Questions, Objective Type Questions, Short Answer Type Questions and Long Answer Type Questions to assess comprehension, analysis, interpretation and extrapolation beyond the text

Textbook 22 Marks

7. Reference to the Context

- i. One Prose extract, out of two, to assess literary appreciation and analysis. (6x1= 6 Marks)
- ii. One Poetry extract, out of two, to assess literary appreciation and analysis. (6x1= 6 Marks)

- One Short Answer Question, out of two, to be answered in 30-40 words, to assess
 Understanding, analysis and critical appreciation. Questions should elicit inferential responses
 through critical thinking. (2x1=2 Marks)
- 9. One Short Answer Question, out of two, to be answered in 40-50 words, to assess understanding, analysis and critical appreciation. Questions should elicit inferential responses through critical thinking and draw inferences in poetry and prose.

(3X1=3 Marks)

10. One Long Answer Question, out of two, to be answered in 120-150 words each, to assess deeper understanding, interpretation, appreciation and drawing inferences. Questions to elicit creative responses and assess ability to form personal points of view. (5x1=5 Marks)

Fiction 10 Marks

11. One Short Answer Question, out of two, to be answered in 30-40 words, to test understanding and appreciation and seek comments, interpretation, evaluation and appreciation of characters, events, episodes and interpersonal relationships.

(2x1=2 Marks)

12. One Short Answer Question, out of two, to be answered in 40-50 words, to test understanding and appreciation and seek comments, interpretation, evaluation and appreciation of characters, events, episodes and interpresonal relationships.

(3 x1=3 Marks)

13. One Long Answer Question, out of two, to be answered in 120-150 words, to test indepth understanding, interpretation, appreciation and drawing of global inferences from the given text, with reference to characters /events/ incidents and episodes, leading to creative rendering, forming and defending of personal points of view. (5x1=5 Marks)

Students can select one of the two prescribed texts.

Seminar (20 marks)

- Presentation book review /a play /a short story/a novel/novella (tale, fable, parable) to be followed by a question-answer session.
- Poetry reading to be followed by interpretative tasks based on close reading and literary analysis of the text. Critical review of a film or a play
- Conducting a theatre workshop to be followed by a discussion

Prescribed Books:

- Kaleidoscope Text book published by NCERT
- 2. Fiction: A Tiger for Malgudi or The Financial Expert by R.K. Narayan (Novel)

Book- Kaleidoscope-Short Stories

- I Sell my Dreams
- Eveline
- · A Wedding in Brownsville

Book- Kaleidoscope-Poetry

- A Lecture Upon the Shadow
- Poems by Milton
- Poems by Blake
- Kubla Khan
- Trees
- · The Wild Swans of Coole
- Time and Time Again

Book- Kaleidoscope- Non fiction

- Freedom
- The Mark on the Wall
- Film-making
- · Why the Novel Matters
- · The Argumentative Indian

Book- Kaleidoscope-Drama

1. Chandalika- RABINDRANATH TAGORE

Question Paper Design English (Elective) Class XII (2025-26)

Marks - 80+20=100

Section	Competencies	Total marks	% Weightage& Suggestive no. of Periods
Reading Comprehension	Conceptual understanding, decoding, Analyzing, inferring, interpreting, appreciating, literary, conventions and vocabulary, summarizing and using appropriate format/s	20	25% 35 Periods
Applied Grammar	Applying appropriate language conventions comprehension using structures interactively, application, accuracy	8	10% 15 Periods
Creative Writing	Reasoning, appropriacy of style and tone, using appropriate format and fluency, inference, analysis, evaluating, creativity with Fluency.	20	25% 25 Periods
Textbook	Recalling, reasoning, appreciating literary convention, inference, analysis, creativity with fluency	22	27.5% 40 Periods
Fiction	Recalling, reasoning, appreciating literary conventions, illustrating with relevant quotations from the text, inferring, analyzing, evaluating and creating, giving opinions, justifying with fluency	10	12.50% 30 Periods
	TOTAL	80	100%
Seminar	Seeking information and clarifying, illustrating with relevant quotations from the texts, reasoning, diction, articulation clarity of pronunciation, using appropriate language conventions Addressing participants using appropriate titles or nomenclatures and overall fluency	20	
	Grand Total	100	

MATHEMATICS (149) CLASS XI SYLLABUS (2025-26)

COURSE STRUCTURE

Three Hours Max Marks: 80

No.	Units	Marks
I.	Sets and Functions	23
II.	Algebra	25
III.	Coordinate Geometry	12
IV.	Calculus	08
V.	Statistics and Probability	12
	Total	80
	Internal Assessment	20

^{*}No chapter/unit-wise weightage. Care to be taken to cover all the chapters.

Unit-I: Sets and Functions

Sets

Sets and their representations, Empty set, Finite and Infinite sets, Equal sets, Subsets, Subsets of a set of real numbers especially intervals (with notations). Universal set. Venn diagrams. Union and Intersection of sets. Difference of sets. Complement of a set. Properties of Complement.

2. Relations & Functions

Ordered pairs. Cartesian product of sets. Number of elements in the Cartesian product of two finite sets. Cartesian product of the set of reals with itself (up to R x R x R). Definition of relation, pictorial diagrams, domain, co-domain and range of a relation. Function as a special type of relation. Pictorial representation of a function, domain, co-domain and range of a function. Real valued functions, domain and range of these functions, constant, identity, polynomial, rational, modulus, signum, exponential, logarithmic and greatest integer functions, with their graphs. Sum, difference, product and quotients of functions.

3. Trigonometric Functions

Positive and negative angles. Measuring angles in radians and in degrees and conversion from one measure to another. Definition of trigonometric functions with the help of unit circle. Truth of the identity $sin^2x + cos^2x = 1$, for all x. Signs of trigonometric functions. Domain and range of trigonometric functions and their graphs. Expressing $sin(x \pm y)$ and $cos(x \pm y)$ in terms of sinx, siny, cosx fr. cosy and their simple applications. Deducing identities like the

y) in terms of sinx, siny, cosx & cosy and their simple applications. Deducing identities like the following:

$$\tan(x+y) = \frac{\tan x \pm \tan y}{1 \mp \tan x \tan y}, \cot(x \pm y) = \frac{\cot x \mp \cot y}{\cot y \pm \cot x}$$

$$\sin \alpha \pm \sin \beta = 2 \sin \frac{1}{2} (\alpha \pm \beta) \cos \frac{1}{2} (\alpha \mp \beta)$$

$$\cos \alpha + \cos \beta = 2 \cos \frac{1}{2} (\alpha + \beta) \cos \frac{1}{2} (\alpha - \beta)$$

$$\cos \alpha - \cos \beta = -2 \sin \frac{1}{2} (\alpha + \beta) \sin \frac{1}{2} (\alpha - \beta)$$

Identities related to $\sin 2x$, $\cos 2x$, $\tan 2x$, $\sin 3x$, $\cos 3x$ and $\tan 3x$.

Unit-II: Algebra

1. Complex Numbers and Quadratic Equations

Need for complex numbers, especially $\sqrt{-1}$, to be motivated by inability to solve some of the quadratic equations. Algebraic properties of complex numbers. Argand plane.

2. Linear Inequalities

Linear inequalities. Algebraic solutions of linear inequalities in one variable and their representation on the number line.

3. Permutations and Combinations

Fundamental principle of counting. Factorial n. (n!) Permutations and combinations, derivation of Formulae for ${}^{n}P$, ${}^{n}C$ and their connections, simple applications.

4. Binomial Theorem

Historical perspective, statement and proof of the binomial theorem for positive integral indices. Pascal's triangle, simple applications.

5. Sequence and Series

Sequence and Series. Arithmetic Mean (A.M.) Geometric Progression (G.P.), general term of a G.P., sum of n terms of a G.P., infinite G.P. and its sum, geometric mean (G.M.), relation between A.M. and G.M.

Unit-III: Coordinate Geometry

1. Straight Lines

Brief recall of two-dimensional geometry from earlier classes. Slope of a line and angle between two lines. Various forms of equations of a line: parallel to axis, point -slope form, slope-intercept form, two-point form, intercept form. Distance of a point from a line.

2. Conic Sections

Sections of a cone: circles, ellipse, parabola, hyperbola, a point, a straight line and a pair of intersecting lines as a degenerated case of a conic section. Standard equations and simple properties of parabola, ellipse and hyperbola. Standard equation of a circle.

3. Introduction to Three-dimensional Geometry

Coordinate axes and coordinate planes in three dimensions. Coordinates of a point. Distance between two points.

Unit-IV: Calculus

1. Limits and Derivatives

Derivative introduced as rate of change both as that of distance function and geometrically. Intuitive idea of limit. Limits of polynomials and rational functions trigonometric, exponential and logarithmic functions. Definition of derivative relate it to scope of tangent of the curve, derivative of sum, difference, product and quotient of functions of polynomial and trigonometric functions.

Unit-V Statistics and Probability

1. Statistics

Measures of Dispersion: Range, Mean deviation, variance and standard deviation of ungrouped/grouped data.

2. Probability

Events; occurrence of events, 'not', 'and' and 'or' events, exhaustive events, mutually exclusive events, Axiomatic (set theoretic) probability, connections with other theories of earlier classes. Probability of an event, probability of 'not', 'and' and 'or' events.

MATHEMATICS

QUESTION PAPER DESIGN CLASS – XI (2025-26)

Time: 3 hours Max. Marks: 80

S. No.	Typology of Questions	Total Marks	% Weight age
1	Remembering: Exhibit memory of previously learned material by recalling facts, terms, basic concepts, and answers.	44	55
	Understanding: Demonstrate understanding of facts and ideas by organizing, comparing, translating, interpreting, giving descriptions, and stating main ideas		
2	Applying: Solve problems to new situations by applying acquired knowledge, facts, techniques and rules in a different way.	20	25
3	Analysing: Examine and break information into parts by identifying motives or causes. Make inferences and find evidence to support generalizations Evaluating:	16	20
	Present and defend opinions by making judgments about information, validity of ideas, or quality of work based on a set of criteria. Creating:		
	Compile information together in a different way by combining elements in a new pattern or proposing alternative solutions		
	Total	80	100

- 1. No chapter wise weightage. Care to be taken to cover all the chapters
- 2. Suitable internal variations may be made for generating various templates keeping the overall weightage to different form of questions and typology of questions same.

CHOICE(S):

There will be no overall choice in the question paper. However, 33% internal choices will be given in all the sections

The Senior School Curriculum 2025-25

INTERNAL ASSESSMENT	20 MARKS
Periodic Tests (Best 2 out of 3 tests conducted)	10 Marks
Mathematics Activities	10 Marks

Note: Please refer the guidelines given under XII Mathematics Syllabus.

CLASS - XI (2025-26)

The following topics are included in the syllabus but will be assessed only formatively to reinforce understanding without adding to summative assessments. This reduces academic stress while ensuring meaningful learning. Schools can integrate these with existing chapters as they align well. Relevant NCERT textual material is enclosed for reference.

S.No.	Content
	Unit-I: Sets and Functions
1.	Sets
	Practical problems on Union and Intersection of two sets.
2.	Relations and Functions
	Composition of Functions
3.	Trigonometric Functions
	General solution of trigonometric equations of the type $\sin y = \sin a$, $\cos y = \cos a$ and
	$\tan y = \tan a$.
	Unit-II: Algebra
1.	Principle of Mathematical Induction
	Process of the proof by induction, motivating the application of the method by looking at natural numbers as the least inductive subset of real numbers. The principle of mathematical induction and simple applications.
2.	(Complex Numbers and) Quadratic Equations
	Polar representation of complex numbers. Statement of Fundamental Theorem of Algebra, solution of quadratic equations (with real coefficients) in the complex number system.
3.	Linear Inequalities
	Graphical solution of linear inequalities in two variables. Graphical method of finding a solution of system of linear inequalities in two variables.
4.	Binomial Theorem
	General and middle term in binomial expansion.
5.	Sequence and Series

	Formulae for the following special sums
	$n \qquad n \qquad n$
	$\sum k$, $\sum k^2$, $\sum k^3$
	k=1 $k=1$ $k=1$
	Unit-III: Coordinate Geometry
1.	Straight Lines
	Normal form. General equation of a line.
2.	Introduction to Three-dimensional Geometry
	Section formula.
	Unit-IV: Calculus
1.	Limits and Derivatives
	Derivatives of composite functions (Chain rule).
	Unit-V Statistics and Probability
1.	Probability
	Random experiments; outcomes, sample space (set representation).

MATHEMATICS (149) CLASS XII SYLLABUS (2024-25)

One Paper Max Marks: 80

No.	Units	No. of Periods	Marks
l.	Relations and Functions	24	80
II.	Algebra	45	10
III.	Calculus	68	35
IV.	Vectors and Three - Dimensional Geometry	24	14
V.	Linear Programming	15	05
VI.	Probability	24	08
	Total	200	80
	Internal Assessment		20

Unit-I: Relations and Functions

1. Relations and Functions

12 Periods

Types of relations: reflexive, symmetric, transitive and equivalence relations. One to one and onto functions.

2. Inverse Trigonometric Functions

12 Periods

Definition, range, domain, principal value branch. Graphs of inverse trigonometric functions.

Unit-II: Algebra

1. Matrices

22 Periods

Concept, notation, order, equality, types of matrices, zero and identity matrix, transpose of a matrix, symmetric and skew symmetric matrices. Operations on matrices: Addition and multiplication and multiplication with a scalar. Simple properties of addition, multiplication and scalar multiplication. Non-commutativity of multiplication of matrices and existence of non-zero matrices whose product is the zero matrix (restrict to square matrices of order 2). Invertible matrices and proof of the uniqueness of inverse, if it exists; (Here all matrices will have real entries).

2. Determinants 23 Periods

Determinant of a square matrix (up to 3 x 3 matrices), minors, co-factors and applications of determinants in finding the area of a triangle. Adjoint and inverse of a square matrix. Consistency, inconsistency and number of solutions of system of linear equations by examples, solving system of linear equations in two or three variables (having unique solution) using inverse of a matrix.

Unit-III: Calculus

1. Continuity and Differentiability

18 Periods

Continuity and differentiability, chain rule, derivative of inverse trigonometric functions, $like \sin^{-1} x$, $\cos^{-1} x$ and $\tan^{-1} x$, derivative of implicit functions. Concept of exponential and logarithmic functions.

Derivatives of logarithmic and exponential functions. Logarithmic differentiation, derivative of functions expressed in parametric forms. Second order derivatives.

2. Applications of Derivatives

08 Periods

Applications of derivatives: rate of change of quantities, increasing/decreasing functions, maxima and minima (first derivative test motivated geometrically and second derivative test given as a provable tool). Simple problems (that illustrate basic principles and understanding of the subject as well as real-life situations).

3. Integrals

18 Periods

Integration as inverse process of differentiation. Integration of a variety of functions by substitution, by partial fractions and by parts, Evaluation of simple integrals of the following types and problems based on them.

$$\int \frac{dx}{x^{2} \pm a^{2}} \int \frac{dx}{\sqrt{x^{2} \pm a^{2}}}, \int \frac{dx}{\sqrt{a^{2} - x^{2}}}, \int \frac{dx}{ax^{2} + bx + c}, \int \frac{dx}{\sqrt{ax^{2} + bx + c}}$$

$$\int \frac{px + q}{ax^{2} + bx + c} dx, \int \frac{px + q}{\sqrt{ax^{2} + bx + c}} dx, \int \sqrt{a^{2} \pm x^{2}} dx, \int \sqrt{x^{2} - a^{2}} dx$$

$$\int \sqrt{ax^{2} + bx + c} dx.$$

Fundamental Theorem of Calculus (without proof). Basic properties of definite integrals and evaluation of definite integrals.

4. Applications of the Integrals

12 Periods

Applications in finding the area under simple curves, especially lines, circles/ parabolas/ellipses (in standard form only)

5. Differential Equations

12 Periods

Definition, order and degree, general and particular solutions of a differential equation. Solution of differential equations by method of separation of variables, solutions of homogeneous differential equations of first order and first degree. Solutions of linear differential equation of the type:

$$\frac{dy}{dx}$$
 + py = q, where p and q are functions of x or constants.

$$\frac{dx}{dy}$$
 + px = q, where p and q are functions of y or constants.

Unit-IV: Vectors and Three-Dimensional Geometry

1. Vectors 12 Periods

Vectors and scalars, magnitude and direction of a vector. Direction cosines and direction ratios of a vector. Types of vectors (equal, unit, zero, parallel and collinear vectors), position vector of a point, negative of a vector, components of a vector, addition of vectors, multiplication of a vector by a scalar, position vector of a point dividing a line segment in a given ratio. Definition, Geometrical Interpretation, properties and application of scalar (dot) product of vectors, vector (cross) product of vectors.

2. Three - dimensional Geometry

12 Periods

Direction cosines and direction ratios of a line joining two points. Cartesian equation and vector equation of a line, skew lines, shortest distance between two lines. Angle between two lines.

Unit-V: Linear Programming

1. Linear Programming

15 Period

Introduction, related terminology such as constraints, objective function, optimization, graphical method of solution for problems in two variables, feasible and infeasible regions (bounded or unbounded), feasible and infeasible solutions, optimal feasible solutions (up to three non-trivial constraints).

Unit-VI: Probability

1. Probability 24 Periods

Conditional probability, multiplication theorem on probability, independent events, total probability, Bayes' theorem, Random variable and its probability distribution, mean of random variable.

Question Paper Design Mathematics Class XII (2025-26)

Time: 3 Hours Max. Marks: 80

S. No.	Typology of Questions	Total Marks	% Weightage
1	Remembering: Exhibit memory of previously learned material by recalling facts, terms, basic concepts, and answers. Understanding: Demonstrate understanding of facts and ideas by organizing, comparing, translating, interpreting, giving descriptions, and stating main ideas	44	55
2	Applying: Solve problems to new situations by applying acquired knowledge, facts, techniques and rules in a different way.	20	25
3	Analysing: Examine and break information into parts by identifying motives or causes. Make inferences and find evidence to support generalizations		
	Evaluating: Present and defend opinions by making judgments about information, validity of ideas, or quality of work based on a set of criteria.	16	20
	Creating: Compile information together in a different way by combining elements in a new pattern or proposing alternative solutions		
	Total	80	100

- 1. No chapter wise weightage. Care to be taken to cover all the chapters
- 2. Suitable internal variations may be made for generating various templates keeping the overall weightage to different form of questions and typology of questions same.

Choice(s):

There will be no overall choice in the question paper.

However, 33% internal choices will be given in all the sections

INTERNAL ASSESSMENT	20 MARKS
Periodic Tests (Best 2 out of 3 tests conducted)	10 Marks
Mathematics Activities	10 Marks

Note: For activities NCERT Lab Manual may be referred.

Prescribed Books:

- 1) Mathematics Textbook for Class XI, NCERT Publications
- 2) Mathematics Part I Textbook for Class XII, NCERT Publication
- 3) Mathematics Part II Textbook for Class XII, NCERT Publication
- 4) Mathematics Exemplar Problem for Class XI, Published by NCERT
- 5) Mathematics Exemplar Problem for Class XII, Published by NCERT
- 6) Mathematics Lab Manual class XI, published by NCERT
- 7) Mathematics Lab Manual class XII, published by NCERT

PHYSICS (150) CLASS XI (THEORY) SYLLABUS (2025-26)

Time: 3 hrs. Max Marks: 70

UNIT	CHAPTERS	MARKS
Unit–I	Physical World and Measurement	
	Chapter–1: Units and Measurements	1
Unit-II	Kinematics	1
	Chapter-2: Motion in a Straight Line	1
	Chapter-3: Motion in a Plane	23
Unit–III	Laws of Motion	1
	Chapter-4: Laws of Motion	1
Unit–IV	Work, Energy and Power	
	Chapter-5: Work, Energy and Power	1
Unit–V	Motion of System of Particles and Rigid Body	1
	Chapter-6: System of Particles and Rotational Motion	17
Unit-VI	Gravitation	1
	Chapter-7: Gravitation]
Unit-VII	Properties of Bulk Matter	
	Chapter–8: Mechanical Properties of Solids	
	Chapter-9: Mechanical Properties of Fluids	1
	Chapter-10: Thermal Properties of Matter]
Unit-VIII	Thermodynamics	20
	Chapter-11: Thermodynamics	
Unit–IX	Behaviour of Perfect Gases and Kinetic Theory of Gases	
	Chapter-12: Kinetic Theory	1
Unit–X	Oscillations and Waves	
	Chapter-13: Oscillations	10
	Chapter-14: Waves	1
-	Total	70

Unit I: Physical World and Measurements

Chapter-1: Units and Measurements

Need for measurement: Units of measurement; systems of units; SI units, fundamental and derived units. significant figures, Determining the uncertainty in result. Dimensions of physical quantities, dimensional analysis and its applications.

Unit II: Kinematics

Chapter-2: Motion in a Straight Line

Frame of reference, Motion in a straight line, Elementary concepts of differentiation and integration for describing motion, uniform and non- uniform motion, average speed and average velocity and instantaneous velocity, uniformly accelerated motion, velocity - time and position-time graphs. Relations for uniformly accelerated motion (graphical and calculus treatment).

Chapter-3: Motion in a Plane

Scalar and vector quantities; position and displacement vectors, general vectors and their notations; equality of vectors, multiplication of vectors by a real number; addition and subtraction of vectors, Unit vector; resolution of a vector in a plane, rectangular components, Scalar and Vector product of vectors.

Motion in a plane, cases of uniform velocity and uniform acceleration- projectile motion, uniform circular motion.

Unit III: Laws of Motion

Chapter-4: Laws of Motion

Intuitive concept of force, Inertia, Newton's first law of motion; momentum and Newton's second law of motion; impulse; Newton's third law of motion.

Law of conservation of linear momentum and its applications.

Equilibrium of concurrent forces, Static and kinetic friction, laws of friction, rolling friction, lubrication.

Dynamics of uniform circular motion: Centripetal force, examples of circular motion (vehicle on a level circular road, vehicle on a banked road).

Unit IV: Work, Energy and Power

Chapter- 5: Work, Energy and Power

Work done by a constant force and a variable force; kinetic energy, work- energy theorem, power.

Notion of potential energy, potential energy of a spring, conservative forces: non-conservative forces, motion in a vertical circle; elastic and inelastic collisions in one and two dimensions.

Unit V: Motion of System of Particles and Rigid Body

Chapter-6: System of Particles and Rotational Motion

Centre of mass of a two-particle system, momentum conservation and Centre of mass motion. Centre of mass of a rigid body; centre of mass of a uniform rod. Moment of a force, torque, angular momentum, law of conservation of angular momentum and its applications.

Equilibrium of rigid bodies, rigid body rotation and equations of rotational motion, comparison of linear and rotational motions.

Moment of inertia, radius of gyration, values of moments of inertia for simple geometrical objects (no derivation).

Unit VI: Gravitation

Chapter - 7: Gravitation

Kepler's laws of planetary motion, universal law of gravitation. Acceleration due to gravity and its variation with altitude and depth.

Gravitational potential energy and gravitational potential, escape speed, orbital velocity of a satellite, energy of an orbiting satellite.

Unit VII: Properties of Bulk Matter

Chapter-8: Mechanical Properties of Solids

Elasticity, Stress-strain relationship, Hooke's law, Young's modulus, bulk modulus, shear modulus of rigidity (qualitative idea only), Poisson's ratio; elastic energy. Application of elastic behavior of materials (qualitative idea only).

Chapter-9: Mechanical Properties of Fluids

Pressure due to a fluid column; Pascal's law and its applications (hydraulic lift and hydraulic brakes), effect of gravity on fluid pressure.

Viscosity, Stokes' law, terminal velocity, streamline and turbulent flow, critical velocity, Bernoulli's theorem and its simple applications (Torricelli's law and Dynamic lift).

Surface energy and surface tension, angle of contact, excess of pressure across a curved surface, application of surface tension ideas to drops, bubbles and capillary rise.

Chapter-10: Thermal Properties of Matter

Heat, temperature, thermal expansion; thermal expansion of solids, liquids and gases, anomalous expansion of water; specific heat capacity; Cp, Cv - calorimetry; change of state - latent heat capacity.

Heat transfer-conduction, convection and radiation, thermal conductivity, qualitative ideas of Blackbody radiation, Wein's displacement Law, Stefan's law.

Unit VIII: Thermodynamics

Chapter-11: Thermodynamics

Thermal equilibrium and definition of temperature, zeroth law of thermodynamics, heat, work and internal energy. First law of thermodynamics, Second law of thermodynamics: Thermodynamic state variable and equation of state. Change of condition of gaseous state-isothermal, adiabatic, reversible, irreversible, and cyclic processes.

Unit IX: Behavior of Perfect Gases and Kinetic Theory of Gases

Chapter-12: Kinetic Theory

Equation of state of a perfect gas, work done in compressing a gas.

Kinetic theory of gases - assumptions, concept of pressure. Kinetic interpretation of temperature; rms speed of gas molecules; degrees of freedom, law of equi-partition of energy (statement only) and application to specific heat capacities of gases; concept of mean free path, Avogadro's number.

Unit X: Oscillations and Waves

Chapter-13: Oscillations

Periodic motion - time period, frequency, displacement as a function of time, periodic functions and their applications.

Simple harmonic motion (S.H.M), uniform circular motion and its equations of motion; phase; oscillations of a loaded spring- restoring force and force constant; energy in S.H.M.

Kinetic and potential energies; simple pendulum derivation of expression for its time period.

Chapter-14: Waves

Wave motion: Transverse and longitudinal waves, speed of travelling wave, displacement relation for a progressive wave, principle of superposition of waves, reflection of waves, standing waves in strings and organ pipes, fundamental mode and harmonics, Beats.

PHYSICS (PRACTICAL) CLASS XI

PRACTICALS

The record, to be submitted by the students, at the time of their annual examination, has to include:

- Record of at least 8 Experiments [with 4 from each section], to be performed by the students.
- Record of at least 6 Activities [with 3 each from section A and section B], to be performed by the students.
- · Report of the project carried out by the students.

EVALUATION SCHEME

Time 3 hours Max. Marks: 30

Topic	Marks	
Two experiments one from each section	7+7	
Practical record (experiment and activities)	5	
One activity from any section	3	
Investigatory Project	3	
Viva on experiments, activities and project	5	
Total	30	

SECTION-A

Experiments

- To measure diameter of a small spherical/cylindrical body and to measure internal diameter and depth of a given beaker/calorimeter using Vernier Callipers and hence find its volume.
- To measure diameter of a given wire and thickness of a given sheet using screw gauge.
- To determine volume of an irregular lamina using screw gauge.
- 4. To determine radius of curvature of a given spherical surface by a spherometer.
- To determine the mass of two different objects using a beam balance.
- 6. To find the weight of a given body using parallelogram law of vectors.

- Using a simple pendulum, plot its graph and use it to find the effective length of second's pendulum.
- To study variation of time period of a simple pendulum of a given length by taking bobs of same size but different masses and interpret the result.
- To study the relationship between force of limiting friction and normal reaction and to find the co- efficient of friction between a block and a horizontal surface.
- 10. To find the downward force, along an inclined plane, acting on a roller due to gravitational pull of the earth and study its relationship with the angle of inclination θ by plotting graph between force and Sinθ.

Activities

- To make a paper scale of given least count, e.g., 0.2cm, 0.5 cm.
- 2. To determine mass of a given body using a metre scale by principle of moments.
- 3. To plot a graph for a given set of data, with proper choice of scales and error bars.
- 4. To measure the force of limiting friction for rolling of a roller on a horizontal plane.
- 5. To study the variation in range of a projectile with angle of projection.
- To study the conservation of energy of a ball rolling down on an inclined plane (using a double inclined plane).
- To study dissipation of energy of a simple pendulum by plotting a graph between square of amplitude and time.

SECTION-B

Experiments

- To determine Young's modulus of elasticity of the material of a given wire.
- To find the force constant of a helical spring by plotting a graph between load and extension.
- To study the variation in volume with pressure for a sample of air at constant temperature by plotting graphs between P and V, and between P and 1/V.
- 4. To determine the surface tension of water by capillary rise method.
- To determine the coefficient of viscosity of a given viscous liquid by measuring terminal velocity of a given spherical body.
- To study the relationship between the temperature of a hot body and time by plotting a cooling curve.
- To determine specific heat capacity of a given solid by method of mixtures.
- To study the relation between frequency and length of a given wire under constant tension using sonometer.
- To study the relation between the length of a given wire and tension for constant frequency using sonometer.
- 10. To find the speed of sound in air at room temperature using a resonance tube by two resonance positions.

Activities

- 1. To observe change of state and plot a cooling curve for molten wax.
- To observe and explain the effect of heating on a bi-metallic strip.
- To note the change in level of liquid in a container on heating and interpret the observations.
- 4. To study the effect of detergent on surface tension of water by observing capillary rise.
- 5. To study the factors affecting the rate of loss of heat of a liquid.
- To study the effect of load on depression of a suitably clamped metre scale loaded at (i) its end (ii) in the middle.
- 7. To observe the decrease in pressure with increase in velocity of a fluid.

PHYSICS (150) CLASS XII (THEORY) SYLLABUS (2025-26)

Time: 3 hrs. Max Marks: 70

		No. of Periods	Marks
Unit-I	Electrostatics		
	Chapter–1: Electric Charges and Fields	26	
	Chapter–2: Electrostatic Potential and Capacitance		16
Unit-II	Current Electricity		
	Chapter-3: Current Electricity	18	
Unit-III	Magnetic Effects of Current and Magnetism	27222	
	Chapter-4: Moving Charges and Magnetism	25	
	Chapter–5: Magnetism and Matter		17
Unit-IV	Electromagnetic Induction and Alternating Currents	24	
	Chapter–6: Electromagnetic Induction		
	Chapter-7: Alternating Current		
Unit-V	Electromagnetic Waves		
	Chapter-8: Electromagnetic Waves	04	
Unit-VI	Optics		18
	Chapter–9: Ray Optics and Optical Instruments	30	
	Chapter-10: Wave Optics		
Unit-VII	Dual Nature of Radiation and Matter	_	
	Chapter–11: Dual Nature of Radiation and Matter	8	12
Unit-VIII	Atoms and Nuclei	4.5	
	Chapter-12: Atoms	15	
	Chapter-13: Nuclei		
Unit-IX	Electronic Devices		
	Chapter–14: Semiconductor Electronics: Materials, Devices and	10	7
	Simple Circuits	400	
	Total Practical	160	70
		40	30
	Grand Total	200	100

Unit I: Electrostatics 26 Periods

Chapter-1: Electric Charges and Fields

Electric charges, Conservation of charge, Coulomb's law-force between two-point charges, forces between multiple charges; superposition principle and continuous charge distribution.

Electric field, electric field due to a point charge, electric field lines, electric dipole, electric field due to a dipole, torque on a dipole in uniform electric field.

Electric flux, statement of Gauss's theorem and its applications to find field due to infinitely long straight wire, uniformly charged infinite plane sheet and uniformly charged thin spherical shell (field inside and outside).

Chapter-2: Electrostatic Potential and Capacitance

Electric potential, potential difference, electric potential due to a point charge, a dipole and system of charges; equipotential surfaces, electrical potential energy of a system of two-point charges and of electric dipole in an electrostatic field.

Conductors and insulators, free charges and bound charges inside a conductor. Dielectrics and electric polarization, capacitors and capacitance, combination of capacitors in series and in parallel, capacitance of a parallel plate capacitor with and without dielectric medium between the plates, energy stored in a capacitor (no derivation, formulae only).

Unit II: Current Electricity

18 Periods

Chapter-3: Current Electricity

Electric current, flow of electric charges in a metallic conductor, drift velocity, mobility and their relation with electric current; Ohm's law, V-I characteristics (linear and non-linear), electrical energy and power, electrical resistivity and conductivity, temperature dependence of resistance, Internal resistance of a cell, potential difference and emf of a cell, combination of cells in series and in parallel, Kirchhoff's rules, Wheatstone bridge.

Unit III: Magnetic Effects of Current and Magnetism

25 Periods

Chapter-4: Moving Charges and Magnetism

Concept of magnetic field, Oersted's experiment.

Biot - Savart law and its application to current carrying circular loop.

Ampere's law and its applications to infinitely long straight wire. Straight solenoid (only qualitative treatment), force on a moving charge in uniform magnetic and electric fields.

Force on a current-carrying conductor in a uniform magnetic field, force between two parallel current-carrying conductors-definition of ampere, torque experienced by a current loop in uniform magnetic field; Current loop as a magnetic dipole and its magnetic dipole moment, moving coil galvanometer- its current sensitivity and conversion to ammeter and voltmeter.

Chapter-5: Magnetism and Matter

Bar magnet, bar magnet as an equivalent solenoid (qualitative treatment only), magnetic field intensity due to a magnetic dipole (bar magnet) along its axis and perpendicular to its axis (qualitative treatment only), torque on a magnetic dipole (bar magnet) in a uniform magnetic field (qualitative treatment only), magnetic field lines.

Magnetic properties of materials- Para-, dia- and ferro - magnetic substances with examples, Magnetization of materials, effect of temperature on magnetic properties.

Unit IV: Electromagnetic Induction and Alternating Currents 24 Periods

Chapter-6: Electromagnetic Induction

Electromagnetic induction; Faraday's laws, induced EMF and current; Lenz's Law, Self and mutual induction.

Chapter-7: Alternating Current

Alternating currents, peak and RMS value of alternating current/voltage; reactance and impedance; LCR series circuit (phasors only), resonance, power in AC circuits, power factor, wattless current.

AC generator, Transformer.

Unit V: Electromagnetic waves

04 Periods

Chapter-8: Electromagnetic Waves

Basic idea of displacement current, Electromagnetic waves, their characteristics, their transverse nature (qualitative idea only).

Electromagnetic spectrum (radio waves, microwaves, infrared, visible, ultraviolet, X-rays, gamma rays) including elementary facts about their uses.

Unit VI: Optics 30 Periods

Chapter-9: Ray Optics and Optical Instruments

Ray Optics: Reflection of light, spherical mirrors, mirror formula, refraction of light, total internal reflection and optical fibers, refraction at spherical surfaces, lenses, thin lens formula, lens maker's formula, magnification, power of a lens, combination of thin lenses in contact, refraction of light through a prism.

Optical instruments: Microscopes and astronomical telescopes (reflecting and refracting) and their magnifying powers.

Chapter-10: Wave Optics

Wave optics: Wave front and Huygen's principle, reflection and refraction of plane wave at a plane surface using wave fronts. Proof of laws of reflection and refraction using Huygen's principle. Interference, Young's double slit experiment and expression for fringe width (No derivation final expression only), coherent sources and sustained interference of light, diffraction due to a single slit, width of central maxima (qualitative treatment only).

Unit VII: Dual Nature of Radiation and Matter

08 Periods

Chapter-11: Dual Nature of Radiation and Matter

Dual nature of radiation, Photoelectric effect, Hertz and Lenard's observations; Einstein's photoelectric equation-particle nature of light.

Experimental study of photoelectric effect

Matter waves-wave nature of particles, de-Broglie relation.

Unit VIII: Atoms and Nuclei

15 Periods

Chapter-12: Atoms

Alpha-particle scattering experiment; Rutherford's model of atom; Bohr model of hydrogen atom, Expression for radius of nth possible orbit, velocity and energy of electron in nth orbit, hydrogen line spectra (qualitative treatment only).

Chapter-13: Nuclei

Composition and size of nucleus, nuclear force

Mass-energy relation, mass defect; binding energy per nucleon and its variation with mass number; nuclear fission, nuclear fusion.

Unit IX: Electronic Devices

10 Periods

Chapter-14: Semiconductor Electronics: Materials, Devices and Simple Circuits

Energy bands in conductors, semiconductors and insulators (qualitative ideas only) Intrinsic and extrinsic semiconductors- p and n type, p-n junction

Semiconductor diode - I-V characteristics in forward and reverse bias, application of junction diode -diode as a rectifier.

PHYSICS (PRACTICAL) CLASS XII

Total Periods: 40

The record to be submitted by the students at the time of their annual examination has to include:

- Record of at least 8 Experiments [with 4 from each section], to be performed by the students.
- Record of at least 6 Activities [with 3 each from section A and section B], to be performed by the students.
- The Report of the project carried out by the students.

Evaluation Scheme

Max. Marks: 30

Time 3 hours

Two experiments one from each section	7+7 Marks
Practical record [experiments and activities]	5 Marks
One activity from any section	3 Marks
Investigatory Project	3 Marks
Viva on experiments, activities and project	5 Marks
Total	30 marks

Experiments

SECTION-A

- To determine resistivity of two / three wires by plotting a graph for potential difference versus current.
- 2. To find resistance of a given wire / standard resistor using metre bridge.
- 3. To verify the laws of combination (series) of resistances using a metre bridge.

OR

To verify the laws of combination (parallel) of resistances using a metre bridge.

- To determine resistance of a galvanometer by half-deflection method and to find its figure of merit.
- To convert the given galvanometer (of known resistance and figure of merit) into a voltmeter of desired range and to verify the same.

OR

To convert the given galvanometer (of known resistance and figure of merit) into an ammeter of desired range and to verify the same.

6. To find the frequency of AC mains with a sonometer.

Activities

- 1. To measure the resistance and impedance of an inductor with or without iron core.
- To measure resistance, voltage (AC/DC), current (AC) and check continuity of a given circuit using multimeter.
- To assemble a household circuit comprising three bulbs, three (on/off) switches, a fuse and a power source.
- 4. To assemble the components of a given electrical circuit.
- 5. To study the variation in potential drop with length of a wire for a steady current.
- 6. To draw the diagram of a given open circuit comprising at least a battery, resistor/rheostat, key, ammeter and voltmeter. Mark the components that are not connected in proper order and correct the circuit and also the circuit diagram.

SECTION-B

Experiments

- 1. To find the value of *v* for different values of *u* in case of a concave mirror and to find the focal length.
- 2. To find the focal length of a convex mirror, using a convex lens.
- 3. To find the focal length of a convex lens by plotting graphs between u and v or between 1/u and 1/v.
- 4. To find the focal length of a concave lens, using a convex lens.
- 5. To determine angle of minimum deviation for a given prism by plotting a graph

- between angle of incidence and angle of deviation.
- 6. To determine refractive index of a glass slab using a travelling microscope.
- 7. To find the refractive index of a liquid using convex lens and plane mirror.
- 8. To find the refractive index of a liquid using a concave mirror and a plane mirror.
- To draw the I-V characteristic curve for a p-n junction diode in forward and reverse bias.

Activities

- To identify a diode, an LED, a resistor and a capacitor from a mixed collection of such items.
- Use of multimeter to see the unidirectional flow of current in case of a diode and an LED and check whether a given electronic component (e.g., diode) is in working order.
- 3. To study effect of intensity of light (by varying distance of the source) on an LDR.
- 4. To observe refraction and lateral deviation of a beam of light incident obliquely on a glass slab.
- 5. To observe diffraction of light due to a thin slit.
- To study the nature and size of the image formed by a (i) convex lens, or (ii) concave mirror, on a screen by using a candle and a screen (for different distances of the candle from the lens/mirror).
- 7. To obtain a lens combination with the specified focal length by using two lenses from the given set of lenses.

Suggested Investigatory Projects

- 1. To study various factors on which the internal resistance/EMF of a cell depends.
- To study the variations in current flowing in a circuit containing an LDR because of a variation in
 - (a) the power of the incandescent lamp, used to 'illuminate' the LDR (keeping all the lamps at a fixed distance).

- (b) the distance of a incandescent lamp (of fixed power) used to 'illuminate' the LDR.
- 3. To find the refractive indices of (a) water (b) oil (transparent) using a plane mirror, an equiconvex lens (made from a glass of known refractive index) and an adjustable object needle.
- 4. To investigate the relation between the ratio of (i) output and input voltage and (ii) number of turns in the secondary coil and primary coil of a self-designed transformer.
- 5. To investigate the dependence of the angle of deviation on the angle of incidence using a hollow prism filled one by one, with different transparent fluids.
- 6. To estimate the charge induced on each one of the two identical Styrofoam (or pith) balls suspended in a vertical plane by making use of Coulomb's law.
- 7. To study the factor on which the self-inductance of a coil depends by observing the effect of this coil, when put in series with a resistor/(bulb) in a circuit fed up by an A.C. source of adjustable frequency.
- 8. To study the earth's magnetic field using a compass needle -bar magnet by plotting magnetic field lines and tangent galvanometer.

<u>Note</u>: The above practicals may be carried out in an experiential manner rather than recording observations.

Prescribed Books:

- Physics, Class XI, Part -I and II, Published by NCERT.
- 2. Physics, Class XII, Part -I and II, Published by NCERT.
- 3. Laboratory Manual of Physics for class XII Published by NCERT.
- The list of other related books and manuals brought out by NCERT (consider multimedia also).

Note:

The content indicated in NCERT textbooks as excluded for the year 2025-26 is not to be tested by schools and will not be assessed in the Board examinations 2025-26.

Question Paper Design Physics Class XI and XII (2025-26)

QUESTION PAPER DESIGN

Theory (Class: XI/XII)

Maximum Marks: 70 Duration: 3 hrs.

S No.	Typology of Questions	Total Marks	Approximate Percentage
1	Remembering: Exhibit memory of previously learned material by recalling facts, terms, basic concepts, and answers. Understanding: Demonstrate understanding of facts and ideas by organizing, comparing, translating, interpreting, giving descriptions, and stating main ideas	27	38 %
2	Applying: Solve problems to new situations by applying acquired knowledge, facts, techniques and rules in a different way.	22	32%
3 Analysing: Examine a identifying motives or evidence to support ge Evaluating: Present and defend op information, validity of it set of criteria. Creating: Compile information combining elements in	Present and defend opinions by making judgments about information, validity of ideas, or quality of work based on a set of criteria.	21	30%
	Total Marks	70	100
	Practical	30	
	Gross Total	100	

Note:

The above template is only a sample. Suitable internal variations may be made for generating similar templates keeping the overall weightage to different form of questions and typology of questions same.

BIOLOGY (152) CLASS XI (THEORY) SYLLABUS (2025-26)

(THEORY)

Time: 03 Hours Max. Marks: 70

Unit	Title	Marks
I	Diversity of Living Organisms	15
II	Structural Organization in Plants and Animals	10
III	Cell: Structure and Function	15
IV	Plant Physiology	12
V	Human Physiology	18
\neg	Total	70

Unit-I Diversity of Living Organisms

Chapter-1: The Living World

Biodiversity; Need for classification; three domains of life; taxonomy and systematics; concept of species and taxonomical hierarchy; binomial nomenclature

Chapter-2: Biological Classification

Five kingdom classification; Salient features and classification of Monera, Protista and Fungi into major groups; Lichens, Viruses and Viroids.

Chapter-3: Plant Kingdom

Classification of plants into major groups; Salient and distinguishing features and a few examples of Algae, Bryophyta, Pteridophyta, Gymnospermae and Angiosperms.

Chapter-4: Animal Kingdom

Salient features and classification of animals, non-chordates up to phyla level and chordates up to class level (salient features and at a few examples of each category). (No live animals or specimen should be displayed.)

Unit-II Structural Organization in Plants and Animals

Chapter-5: Morphology of Flowering Plants

Morphology of different parts of flowering plants: root, stem, leaf, inflorescence, flower, fruit and seed. Description of family Solanaceae

Chapter-6: Anatomy of Flowering Plants

Anatomy and functions of tissue systems in dicots and monocots.

Chapter-7: Structural Organisation in Animals

Morphology, Anatomy and functions of different systems (digestive, circulatory, respiratory, nervous and reproductive) of frog.

Unit-III Cell: Structure and Function

Chapter-8: Cell-The Unit of Life

Cell theory and cell as the basic unit of life, structure of prokaryotic and eukaryotic cells; Plant cell and animal cell; cell envelope; cell membrane, cell wall; cell organelles - structure and function; endomembrane system, endoplasmic reticulum, golgi bodies, lysosomes, vacuoles, mitochondria, ribosomes, plastids, microbodies; cytoskeleton, cilia, flagella, centrioles (ultrastructure and function); nucleus.

Chapter-9: Biomolecules

Chemical constituents of living cells: biomolecules, structure and function of proteins, carbohydrates, lipids, and nucleic acids; Enzyme - types, properties, enzyme action. (Topics excluded: Nature of Bond Linking Monomers in a Polymer, Dynamic State of Body Constituents Concept of Metabolism, Metabolic Basis of Living, The Living State)

Chapter-10: Cell Cycle and Cell Division

Cell cycle, mitosis, meiosis and their significance

Unit-IV Plant Physiology

Chapter-11: Photosynthesis in Higher Plants

Photosynthesis as a means of autotrophic nutrition; site of photosynthesis, pigments involved in photosynthesis (elementary idea); photochemical and biosynthetic phases of photosynthesis; cyclic and non-cyclic photophosphorylation; chemiosmotic hypothesis; photorespiration; C3 and C4 pathways; factors affecting photosynthesis.

Chapter-12: Respiration in Plants

Exchange of gases; cellular respiration - glycolysis, fermentation (anaerobic), TCA cycle and electron transport system (aerobic); energy relations - number of ATP molecules generated; amphibolic pathways; respiratory quotient.

Chapter-13: Plant - Growth and Development

Seed germination; phases of plant growth and plant growth rate; conditions of growth; differentiation, dedifferentiation and redifferentiation; sequence of developmental processes

in a plant cell; plant growth regulators - auxin, gibberellin, cytokinin, ethylene, ABA.

Unit-V Human Physiology

Chapter-14: Breathing and Exchange of Gases

Respiratory organs in animals (recall only); Respiratory system in humans; mechanism of breathing and its regulation in humans - exchange of gases, transport of gases and regulation of respiration, respiratory volume; disorders related to respiration - asthma, emphysema, occupational respiratory disorders.

Chapter-15: Body Fluids and Circulation

Composition of blood, blood groups, coagulation of blood; composition of lymph and its function; human circulatory system - Structure of human heart and blood vessels; cardiac cycle, cardiac output, ECG; double circulation; regulation of cardiac activity; disorders of circulatory system - hypertension, coronary artery disease, angina pectoris, heart failure.

Chapter-16: Excretory Products and their Elimination

Modes of excretion - ammonotelism, ureotelism, uricotelism; human excretory system - structure and function; urine formation, osmoregulation; regulation of kidney function - renin - angiotensin, atrial natriuretic factor, ADH and diabetes insipidus; role of other organs in excretion; disorders - uremia, renal failure, renal calculi, nephritis; dialysis and artificial kidney, kidney transplant.

Chapter-17: Locomotion and Movement

Types of movement - ciliary, flagellar, muscular; skeletal muscle, contractile proteins and muscle contraction; skeletal system and its functions; joints; disorders of muscular and skeletal systems - myasthenia gravis, tetany, muscular dystrophy, arthritis, osteoporosis, gout.

Chapter-18: Neural Control and Coordination

Neuron and nerves; Nervous system in humans - central nervous system; peripheral nervous system and visceral nervous system; generation and conduction of nerve impulse

Chapter- 19: Chemical Coordination and Integration

Endocrine glands and hormones; human endocrine system - hypothalamus, pituitary, pineal, thyroid, parathyroid, adrenal, pancreas, gonads; mechanism of hormone action (elementary idea); role of hormones as messengers and regulators, hypo - and hyperactivity and related disorders; dwarfism, acromegaly, cretinism, goiter, exophthalmic goitre, diabetes, Addison's disease.

The following topics are included in the syllabus but will be assessed only formatively to reinforce understanding without adding to summative assessments. The reduces academic stress while ensuring meaningful learning. Schools can integrate these with existing chapters as they align well. Relevant NCERT textual material is enclosed for reference.

Digestion and Absorption (Please Refer to CBSE Reading Material)

Alimentary canal and digestive glands, role of digestive enzymes and gastrointestinal hormones; Peristalsis, digestion, absorption and assimilation of proteins, carbohydrates and fats; calorific values of proteins, carbohydrates and fats; egestion; nutritional and digestive disorders - PEM, indigestion, constipation, vomiting, jaundice, diarrhoea.

PRACTICALS

Time: 03 Hours Max. Marks: 30

Evaluation Scheme		Marks
One Major Experiment Part A (Ex	periment No- 1,3,7,8)	5 Marks
One Minor Experiment Part A (Ex	periment No- 6,9,10,11,12,13)	4 Marks
Slide Preparation Part A (Experin	nent No- 2,4,5)	5 Marks
Spotting Part B		7 Marks
Practical Record + Viva Voce	(Credit to the student's	4 Marks
Project Record + Viva Voce	work over the academic session may be given)	5 Marks
Tota	al	30 Marks

A: List of Experiments

- Study and describe locally available common flowering plants, from family Solanaceae (Poaceae, Asteraceae or Brassicaceae can be substituted in case of particular geographical location) including dissection and display of floral whorls, anther and ovary to show number of chambers (floral formulae and floral diagrams), type of root (tap and adventitious); type of stem (herbaceous and woody); leaf (arrangement, shape, venation, simple and compound).
- 2. Preparation and study of T.S. of dicot and monocot roots and stems (primary).
- 3. Study of osmosis by potato osmometer.
- Study of plasmolysis in epidermal peels (e.g. Rhoeo/lily leaves or flashy scale leaves of onion bulb).
- Study of distribution of stomata on the upper and lower surfaces of leaves.

- Comparative study of the rates of transpiration in the upper and lower surfaces of leaves.
- Test for the presence of sugar, starch, proteins and fats in suitable plant and animal materials.
- 8. Separation of plant pigments through paper chromatography.
- 9. Study of the rate of respiration in flower buds/leaf tissue and germinating seeds.
- 10. Test for presence of urea in urine.
- 11. Test for presence of sugar in urine.
- 12. Test for presence of albumin in urine.
- Test for presence of bile salts in urine.

B. Study and Observe the following (spotting):

- 1. Parts of a compound microscope.
- Specimens/slides/models and identification with reasons Bacteria, Oscillatoria, Spirogyra, Rhizopus, mushroom, yeast, liverwort, moss, fern, pine, one monocotyledonous plant, one dicotyledonous plant and one lichen.
- Virtual specimens/slides/models and identifying features of Amoeba, Hydra, liver fluke, Ascaris, leech, earthworm, prawn, silkworm, honey bee, snail, starfish, shark, rohu, frog, lizard, pigeon and rabbit.
- 4. Mitosis in onion root tip cells and animal's cells (grasshopper) from permanent slides.
- Types of inflorescence (cymose and racemose).
- Human skeleton and different types of joints with the help of virtual images/models only.

Practical Examination for Visually Impaired Students Class XI

plants of Solanaceae - Brinjal, Petunia, any other

Note: The 'Evaluation schemes' and 'General Guidelines' for visually impaired students as given for Class XII may be followed.

- A. Items for Identification/Familiarity with the apparatus /equipment /animal and plant material / chemicals for assessment in practicals (All experiments)
- B. Equipment compound microscope, test tube, petri dish, chromatography paper, chromatography chamber, beaker, scalpel

Chemical - alcohol

Models – Model of Human skeleton to show – Ball and socket joints of girdles and limbs, Rib cage, Honeycomb, Mollusc shell, Pigeon and Star fish, cockroach

Specimen/Fresh Material – mushroom, succulents such as Aloe veral kalenchoe, raisins, potatoes, seeds of monocot and dicot-maize and gram or any other plant,

7

C. List of Practicals

- Study locally available common flowering plants of the family Solanaceae and identify type of stem (Herbaceous or Woody), type of leaves (Compound or Simple).
- Study the parts of a compound microscope- eye piece and objective lens, mirror, stage, coarse and fine adjustment knobs.
- Differentiate between monocot and dicot plants on the basis of venation patterns.
- Study the following parts of human skeleton (Model): Ball and socket joints of thigh and shoulder
- Rib cage
- Study honeybee/butterfly, snail/sheik snail through shell, Starfish, Pigeon (through models).
- Identify the given specimen of a fungus mushroom, gymnosperm-pine cone.
- Identify and relate the experimental set up with the aim of experiment: For Potato
 Osmometer/endosmosis in raisins.

Note: The above practicals may be carried out in an experiential manner rather than only recording observations.

Prescribed Books:

- 1. Biology Class-XI, Published by NCERT
- 2. Other related books and manuals brought out by NCERT (including multimedia).
- 3 Reading Material Biology Class XI

BIOLOGY (152) CLASS XII (THEORY) SYLLABUS (2025-26)

COURSE STRUCTURE CLASS XII (2025 - 26) (THEORY)

Time: 03 Hours Max. Marks: 70

Unit	Title	Marks
VI	Reproduction	16
VII	Genetics and Evolution	20
VIII	Biology and Human Welfare	12
IX	Biotechnology and its Applications	12
X	Ecology and Environment	10
	Total	70

Unit-VI Reproduction

Chapter-1: Sexual Reproduction in Flowering Plants

Flower structure; development of male and female gametophytes; pollination - types, agencies and examples; out breeding devices; pollen-pistil interaction; double fertilization; post fertilization events - development of endosperm and embryo, development of seed and formation of fruit; special modes- apomixis, parthenocarpy, polyembryony; Significance of seed dispersal and fruit formation.

Chapter-2: Human Reproduction

Male and female reproductive systems; microscopic anatomy of testis and ovary; gametogenesis -spermatogenesis and oogenesis; menstrual cycle; fertilisation, embryo development upto blastocyst formation, implantation; pregnancy and placenta formation (elementary idea); parturition (elementary idea);

Chapter-3: Reproductive Health

Need for reproductive health and prevention of Sexually Transmitted Diseases (STDs); birth control - need and methods, contraception and medical termination of pregnancy (MTP); amniocentesis; infertility and assisted reproductive technologies - IVF, ZIFT, GIFT (elementary idea for general awareness).

Unit-VII Genetics and Evolution

Chapter-4: Principles of Inheritance and Variation

Heredity and variation: Mendelian inheritance; deviations from Mendelism – incomplete dominance, co-dominance, multiple alleles and inheritance of blood groups, pleiotropy; elementary idea of polygenic inheritance; chromosome theory of inheritance; chromosomes and genes; Sex determination - in humans, birds and honey bee; linkage and crossing over; sex linked inheritance - haemophilia, colour blindness; Mendelian disorders in humans - thalassemia; chromosomal disorders in humans; Down's syndrome, Turner's and Klinefelter's syndromes.

Chapter-5: Molecular Basis of Inheritance

Search for genetic material and DNA as genetic material; Structure of DNA and RNA; DNA packaging; DNA replication; Central Dogma; transcription, genetic code, translation; gene expression and regulation - lac operon; Genome, Human and rice genome projects; DNA fingerprinting.

Chapter-6: Evolution

Origin of life; biological evolution and evidences for biological evolution (paleontology, comparative anatomy, embryology and molecular evidences); Darwin's contribution, modern synthetic theory of evolution; mechanism of evolution - variation (mutation and recombination) and natural selection with examples, types of natural selection; Gene flow and genetic drift; Hardy-Weinberg's principle; adaptive radiation; human evolution.

Unit-VIII: Biology and Human Welfare

Chapter-7: Human Health and Diseases

Pathogens; parasites causing human diseases (malaria, dengue, chikungunya, filariasis, ascariasis, typhoid, pneumonia, common cold, amoebiasis, ring worm) and their control; Basic concepts of immunology - vaccines; cancer, HIV and AIDS; Adolescence - drug and alcohol abuse.

Chapter-8: Microbes in Human Welfare

Microbes in food processing, industrial production, sewage treatment, energy generation and microbes as bio-control agents and bio-fertilizers. Antibiotics; production and judicious use.

Unit-IX Biotechnology and its Applications

Chapter-9: Biotechnology - Principles and Processes

Genetic Engineering (Recombinant DNA Technology).

Chapter-10: Biotechnology and its Applications

Application of biotechnology in health and agriculture: Human insulin and vaccine production, stem cell technology, gene therapy; genetically modified organisms - Bt crops; transgenic animals; biosafety issues, biopiracy and patents.

Unit-X Ecology and Environment

Chapter-11: Organisms and Populations

Population interactions - mutualism, competition, predation, parasitism; population attributes - growth, birth rate and death rate, age distribution.

Chapter-12: Ecosystem

Ecosystems: Patterns, components; productivity and decomposition; energy flow; pyramids of number, biomass, energy.

Chapter-13: Biodiversity and its Conservation

Biodiversity-Concept, patterns, importance; loss of biodiversity; biodiversity conservation; hotspots, endangered organisms, extinction, Red Data Book, Sacred Groves, biosphere reserves, national parks, wildlife, sanctuaries and Ramsar sites.

BIOLOGY (PRACTICAL) CLASS XII

PRACTICALS

Time allowed: 3 Hours Max. Marks: 30

Evaluation Scheme		Marks
One Major Experiment	5	5
One Minor Experiment	2 & 3	4
Slide Preparation	1 & 4	5
Spotting		7
Practical Record + Viva Voce (Credit to the student's		4
Investigatory Project and its Project Record + Viva Voce	work over the academic session may be given)	5
To	tal	30

A. List of Experiments

- 1. Prepare a temporary mount to observe pollen germination.
- Study the plant population density by quadrat method.
- 3. Study the plant population frequency by quadrat method.
- 4. Prepare a temporary mount of onion root tip to study mitosis.
- Isolate DNA from available plant material such as spinach, green pea seeds, papaya, banana etc.

B. Study and observe the following (Spotting):

- Flowers adapted to pollination by different agencies (wind, insects, birds).
- Pollen germination on stigma through a permanent slide or scanning electron micrograph.
- Identification of stages of gamete development, i.e., T.S. of testis and T.S. of ovary through permanent slides (from grasshopper/mice).
- 4. Meiosis in onion bud cell or grasshopper testis through permanent slides.
- T.S. of blastula through permanent slides (Mammalian).
- 6. Mendelian inheritance using seeds of different colour/sizes of any plant.
- Prepared pedigree charts of any one of the genetic traits such as rolling of tongue, blood groups, ear lobes, widow's peak and colour blindness.
- 8. Controlled pollination emasculation, tagging and bagging.
- Common disease causing organisms like Ascaris, Entamoeba, Plasmodium, any fungus causing ringworm through permanent slides, models or virtual images or specimens. Comment on symptoms of diseases that they cause.
- Models specimens showing symbiotic association in lichens, root nodules of leguminous plants, and parasitic mode of nutrition shown by Cuscuta on host.
- 11. Flash cards / models showing examples of homologous and analogous organs.

Prescribed Books:

- 1. Biology, Class-XII, Published by NCERT
- Other related books and manuals brought out by NCERT (consider multimedia also)

Question Paper Design Biology Class XII (2025-26)

Competencies	
Demonstrate Knowledge and Understanding	50%
Application of Knowledge / Concepts	30%
Analyse, Evaluate and Create	20%

Note:

- Typology of questions: VSA including MCQs, Assertion Reasoning type questions; SA; LA-I; LA-II; Source-based/ Case-based/ Passage-based/ Integrated assessment questions.
- An internal choice of approximately 33% would be provided.

Suggestive verbs for various competencies

- Demonstrate, Knowledge and Understanding
 State, name, list, identify, define, suggest, describe, outline, summarize, etc.
- Application of Knowledge/Concepts
 Calculate, illustrate, show, adapt, explain, distinguish, etc.
- Analyze, Evaluate and Create
 Interpret, analyse, compare, contrast, examine, evaluate, discuss, construct, etc.

CHEMISTRY (151) CLASS XI (THEORY) SYLLABUS (2025-26)

THEORY

Time: 3 Hours Total Marks: 70

S. No	UNIT	Marks
1	Some Basic Concepts of Chemistry	7
2	Structure of Atom	9
3	Classification of Elements and Periodicity in Properties	6
4	Chemical Bonding and Molecular Structure	7
5	Chemical Thermodynamics	9
6	Equilibrium	7
7	Redox Reactions	4
8	Organic Chemistry: Some basic Principles and Techniques	11
9	Hydrocarbons	10
	TOTAL	70

Unit 1: Some Basic Concepts of Chemistry

General Introduction: Importance and scope of Chemistry, Nature of matter, laws of chemical combination, Dalton's atomic theory: concept of elements, atoms and molecules, atomic and molecular masses, mole concept and molar mass, percentage composition, empirical and molecular formula, chemical reactions, stoichiometry and calculations based on stoichiometry.

Unit 2: Structure of Atom

Discovery of Electron, Proton and Neutron, atomic number, isotopes and isobars. Thomson's model and its limitations. Rutherford's model and its limitations, Bohr's model and its limitations, concept of shells and subshells, dual nature of matter and light, de Broglie's relationship, Heisenberg uncertainty principle, concept of orbitals, quantum numbers, shapes of s, p and d orbitals, rules for filling electrons in orbitals - Aufbau principle, Pauli's exclusion principle and Hund's rule, electronic configuration of atoms, stability of half-filled and completely filled orbitals.

Unit 3: Classification of Elements and Periodicity in Properties

Significance of classification, brief history of the development of periodic table, modern periodic law and the present form of periodic table, periodic trends in properties of elements -atomic radii, ionic radii, inert gas radii, Ionization enthalpy, electron gain enthalpy, electronegativity, valiancy, Nomenclature of elements with atomic number greater than 100.

Unit 4: Chemical Bonding and Molecular Structure

Valence electrons, ionic bond, covalent bond, bond parameters, Lewis structure, polar character of covalent bond, covalent character of ionic bond, valence bond theory, resonance, geometry of covalent molecules, VSEPR theory, concept of hybridization, involving s, p and d orbitals and shapes of some simple molecules, molecular orbital theory of homonuclear diatomic molecules (qualitative idea only), Hydrogen bond.

Unit 5: Chemical Thermodynamics

Concepts of System and types of systems, surroundings, work, heat, energy, extensive and intensive properties, state functions.

First law of thermodynamics -internal energy and enthalpy, heat capacity and specific heat, measurement of ΔU and ΔH , Hess's law of constant heat summation, enthalpy of bond dissociation, combustion, formation, atomization, sublimation, phase transition, ionization, solution and dilution. Second law of Thermodynamics (brief introduction), Introduction of entropy as a state function, Gibb's energy change for spontaneous and non-spontaneous processes, criteria for equilibrium, Third law of thermodynamics (brief introduction).

Unit 6: Equilibrium

Equilibrium in physical and chemical processes, dynamic nature of equilibrium, law of mass action, equilibrium constant, factors affecting equilibrium – Le Chatelier's principle, ionic equilibrium- ionization of acids and bases, strong and weak electrolytes, degree of ionization, ionization of poly basic acids, acid strength, concept of pH, hydrolysis of salts (elementary idea), buffer solution, Henderson Equation, solubility product, common ion effect (with illustrative examples).

Unit 7: Redox Reactions

Concept of oxidation and reduction, redox reactions, oxidation number, balancing redox reactions, in terms of loss and gain of electrons and change in oxidation number, applications of redox reactions.

Unit 8: Organic Chemistry - Some Basic Principles and Techniques

General introduction, methods of purification, qualitative and quantitative analysis, classification and IUPAC nomenclature of organic compounds. Electronic displacements in a covalent bond: inductive effect, electrometric effect, resonance and hyper conjugation. Homolytic and heterolytic fission of a covalent bond: free radicals, carbocations, carbanions, electrophiles and nucleophiles, types of organic reactions.

Unit 9: Hydrocarbons

Aliphatic Hydrocarbons

Alkanes - Nomenclature, isomerism, conformation (ethane only), physical properties, chemical reactions including free radical mechanism of halogenation, combustion and pyrolysis.

Alkenes - Nomenclature, structure of double bond (ethene), geometrical isomerism, physical properties, methods of preparation, chemical reactions: addition of hydrogen, halogen, water, hydrogen halides (Markovnikov's addition and peroxide effect), ozonolysis, oxidation, mechanism of electrophilic addition.

Alkynes - Nomenclature, structure of triple bond (ethyne), physical properties, methods of preparation, chemical reactions: acidic character of alkynes, addition reaction of - hydrogen, halogens, hydrogen halides and water.

Aromatic Hydrocarbons

Introduction, IUPAC nomenclature, benzene: resonance, aromaticity, chemical properties: mechanism of electrophilic substitution. Nitration, sulphonation, halogenation, Friedel Craft's alkylation and acylation, directive influence of functional group in mono substituted benzene, carcinogenicity and toxicity

Note: The following topics are included in the syllabus but will be assessed only formatively to reinforce understanding without adding to summative assessments. This reduces academic stress while ensuring meaningful learning. Schools can integrate these with existing chapters as they align well. Relevant NCERT textual material is enclosed for reference.

1. s & p Block Elements

Electronic configuration, atomic & Ionic radii, Ionization Enthalpy, Hydration Enthalpy and general trends in physical and chemical properties of s and p block elements across the periods and down the groups; unique behavior of the first element in each group.

2. The Gaseous State

Qualitative treatment of Gas laws, Ideal gas equation and deviations from it.

PRACTICAL

Evaluation Scheme for Examination	Marks
Volumetric Analysis	08
Salt Analysis	08
Content Based Experiment	06
Project Work	04
Class record and viva	04
Total	30

PRACTICAL SYLLABUS

Micro-chemical methods are available for several of the practical experiments, wherever possible such techniques should be used.

A.Basic Laboratory Techniques

- 1. Cutting glass tube and glass rod
- 2. Bending a glass tube
- 3. Drawing out a glass jet
- 4. Boring a cork

B.Characterization and Purification of Chemical Substances

- Determination of melting point of an organic compound.
- 2. Determination of boiling point of an organic compound.
- Crystallization of impure sample of any one of the following: Alum, Copper Sulphate, Benzoic Acid.

C.Experiments based on pH

- Any one of the following experiments:
 - Determination of pH of some solutions obtained from fruit juices, solution of known and varied concentrations of acids, bases and salts using pH paper or universal indicator.
 - Comparing the pH of solutions of strong and weak acids of same concentration.
 - Study the pH change in the titration of a strong base using a universal indicator.
- Study the pH change by common-ion in case of weak acids and weak bases.

D.Chemical Equilibrium

Any one of the following experiments:

- Study the shift in equilibrium between ferric ions and thiocyanate ions by increasing/decreasing the concentration of either of the ions.
- Study the shift in equilibrium between [Co(H₂O)₆]²⁺ and chloride ions by changing the concentration of either of the ions.

E. Quantitative Estimation

- Using a mechanical balance/electronic balance.
- Preparation of standard solution of Oxalic acid.
- Determination of strength of a given solution of Sodium hydroxide by titrating it against standard solution of Oxalic acid.
- Preparation of standard solution of Sodium carbonate.
- Determination of strength of a given solution of hydrochloric acid by titrating it against standard Sodium Carbonate solution.

F. Qualitative Analysis

1. Determination of one anion and one cation in a given salt

Cations: Pb^{2+} , Cu^{2+} , Al^{3+} , Fe^{3+} , Mn^{2+} , Ni^{2+} , Zn^{2+} , Co^{2+} , Ca^{2+} , Sr^{2+} , Ba^{2+} , Mg^{2+} , NH_4^+

Anions: CO_3^{2-} , S^{2-} , SO_3^{2-} , NO_3^- , NO_2^- , CI^- , Br^- , I^- , SO_4^{2-} , PO_4^{3-} , CH_3COO^- (Note: Insoluble salts excluded)

Detection of -Nitrogen, Sulphur, Chlorine in organic compounds.

PROJECTS

Scientific investigations involving laboratory testing and collecting information from other sources.

A few suggested Projects

- a) Checking the bacterial contamination in drinking water by testing sulphide ion
- b) Study of the methods of purification of water
- c) Testing the hardness, presence of Iron, Fluoride, Chloride, etc., depending upon the regional variation in drinking water and study of causes of presence of these ions above permissible limit (if any).

- d) Investigation of the foaming capacity of different washing soaps and the effect of addition of Sodium carbonate on it
- e) Study the acidity of different samples of tea leaves.
- f) Determination of the rate of evaporation of different liquids
- g) Study the effect of acids and bases on the tensile strength of fibers.
- h) Study of acidity of fruit and vegetable juices.

Note: Any other investigatory project, which involves about 10 periods of work, can be chosen with the approval of the teacher.

Prescribed Books:

- Chemistry Part I, Class-XI, Published by NCERT.
- Chemistry Part II, Class-XI, Published by NCERT.
- 3. Manual of Microscale Chemistry laboratory kit.

CHEMISTRY (151) CLASS XII (THEORY) SYLLABUS (2025-26)

THEORY

Time: 3 Hours Total Marks: 70

S. No.	Title	Marks
1	Solutions	7
2	Electrochemistry	9
3	Chemical Kinetics	7
4	d -and f -Block Elements	7
5	Coordination Compounds	7
6	Haloalkanes and Haloarenes	6
7	Alcohols, Phenols and Ethers	6
8	Aldehydes, Ketones and Carboxylic Acids	8
9	Amines	6
10	Biomolecules	7
	Total	70

Unit 1: Solutions

Types of solutions, expression of concentration of solutions of solids in liquids, solubility of gases in liquids, solid solutions, Raoult's law, colligative properties - relative lowering of vapor pressure, elevation of boiling point, depression of freezing point, osmotic pressure, determination of molecular masses using colligative properties, abnormal molecular mass, Van't Hoff factor

Unit 2: Electrochemistry

Redox reactions, EMF of a cell, standard electrode potential, Nernst equation and its application to chemical cells, Relation between Gibbs energy change and EMF of a cell, conductance in electrolytic solutions, specific and molar conductivity, variations of conductivity with concentration, Kohlrausch's Law, electrolysis and law of electrolysis (elementary idea), dry cell-electrolytic cells and Galvanic cells, lead accumulator, fuel cells, corrosion.

Unit 3: Chemical Kinetics

Rate of a reaction (Average and instantaneous), factors affecting rate of reaction: concentration, temperature, catalyst; order and molecularity of a reaction, rate law and specific rate constant, integrated rate equations and half-life (only for zero and first order

reactions), concept of collision theory (elementary idea, no mathematical treatment), activation energy, Arrhenius equation.

Unit 4: d and f Block Elements

General introduction, electronic configuration, occurrence and characteristics of transition metals, general trends in properties of the first row transition metals – metallic character, ionization enthalpy, oxidation states, ionic radii, colour, catalytic property, magnetic properties, interstitial compounds, alloy formation, preparation and properties of K₂Cr₂O₇ and KMnO₄.

Lanthanides - Electronic configuration, oxidation states, chemical reactivity and lanthanide contraction and its consequences.

Actinides - Electronic configuration, oxidation states and comparison with lanthanides

Unit 5: Coordination Compounds

Coordination compounds - Introduction, ligands, coordination number, colour, magnetic properties and shapes, IUPAC nomenclature of mononuclear coordination compounds. Bonding, Werner's theory, VBT, and CFT; structure and stereoisomerism, importance of coordination compounds (in qualitative analysis, extraction of metals and biological system).

Unit 6: Haloalkanes and Haloarenes

Haloalkanes: Nomenclature, nature of C-X bond, physical and chemical properties, optical rotation mechanism of substitution reactions.

Haloarenes: Nature of C–X bond, substitution reactions (Directive influence of halogen in monosubstituted compounds only).

Uses and environmental effects of - dichloromethane, trichloromethane, tetrachloromethane, iodoform, freons, DDT.

Unit 7: Alcohols, Phenols and Ethers

Alcohols: Nomenclature, methods of preparation, physical and chemical properties (of primary alcohols only), identification of primary, secondary and tertiary alcohols, mechanism of dehydration, uses with special reference to methanol and ethanol.

Phenols: Nomenclature, methods of preparation, physical and chemical properties, acidic nature of phenol, electrophilic substitution reactions, uses of phenols.

Ethers: Nomenclature, methods of preparation, physical and chemical properties, uses

Unit 8: Aldehydes, Ketones and Carboxylic Acids

Aldehydes and Ketones: Nomenclature, nature of carbonyl group, methods of preparation, physical and chemical properties, mechanism of nucleophilic addition, reactivity of alpha hydrogen in aldehydes, uses.

Carboxylic Acids: Nomenclature, acidic nature, methods of preparation, physical and chemical properties; uses.

Unit 9: Amines

Amines: Nomenclature, classification, structure, methods of preparation, physical and chemical properties, uses, identification of primary, secondary and tertiary amines.

Diazonium salts: Preparation, chemical reactions and importance in synthetic organic chemistry.

Unit 10: Biomolecules

Carbohydrates - Classification (aldoses and ketoses), monosaccahrides (glucose and fructose), D-L configuration oligosaccharides (sucrose, lactose, maltose), polysaccharides (starch, cellulose, glycogen); Importance of carbohydrates.

Proteins -Elementary idea of - amino acids, peptide bond, polypeptides, proteins, structure of proteins - primary, secondary, tertiary structure and quaternary structures (qualitative idea only), denaturation of proteins; enzymes. Hormones - Elementary idea excluding structure.

Vitamins - Classification and functions.

Nucleic Acids: DNA and RNA.

PRACTICAL

Evaluation Scheme for Examination	Marks
Volumetric Analysis	08
Salt Analysis	08
Content Based Experiment	06
Project Work	04
Class record and viva	04
Total	30

PRACTICAL SYLLABUS

Micro-chemical methods are available for several of the practical experiments, wherever possible such techniques should be used.

A. Surface Chemistry

1. Preparation of one lyophilic and one lyophobic sol

Lyophilic sol - starch, egg albumin and gum

Lyophobic sol – aluminum hydroxide, ferric hydroxide, arsenous sulphide.

- Dialysis of sol-prepared in (a) above.
- 3. Study of the role of emulsifying agents in stabilizing the emulsion of different oils.

B. Chemical Kinetics

- Effect of concentration and temperature on the rate of reaction between Sodium Thiosulphate and Hydrochloric acid.
- 2. Study of reaction rates of any one of the following:
 - Reaction of lodide ion with Hydrogen Peroxide at room temperature using different concentration of lodide ions.
 - Reaction between Potassium Iodate, (KIO₃) and Sodium Sulphate: (Na₂SO₃) using starch solution as indicator (clock reaction).

C. Thermochemistry

Any one of the following experiments

- Enthalpy of dissolution of Copper Sulphate or Potassium Nitrate.
- Enthalpy of neutralization of strong acid (HCI) and strong base (NaOH).
- Determination of enthalpy change during interaction (Hydrogen bond formation) between Acetone and Chloroform.

D. Electrochemistry

Variation of cell potential in Zn/Zn²⁺|| Cu²⁺/Cu with change in concentration of electrolytes (CuSO₄ or ZnSO₄) at room temperature.

E. Chromatography

- Separation of pigments from extracts of leaves and flowers by paper chromatography and determination of Rf values.
- Separation of constituents present in an inorganic mixture containing two cations only (constituents having large difference in Rf values to be provided).

F. Preparation of Inorganic Compounds

- 1. Preparation of double salt of Ferrous Ammonium Sulphate or Potash Alum.
- Preparation of Potassium Ferric Oxalate.

G. Preparation of Organic Compounds

Preparation of any one of the following compounds

1. Acetanilide

- Di -benzalAcetone
- p-Nitroacetanilide
- Aniline yellow or 2 Naphthol Aniline dye.

H. Tests for the functional groups present in organic compounds

Unsaturation, alcoholic, phenolic, aldehydic, ketonic, carboxylic and amino (Primary) groups.

- Characteristic tests of carbohydrates, fats and proteins in pure samples and their detection in given foodstuffs.
- J. Determination of concentration/ molarity of KMnO4 solution by titrating it against a standard solution of:
 - 1. Oxalic acid,
 - Ferrous Ammonium Sulphate

(Students will be required to prepare standard solutions by weighing themselves).

K. Qualitative analysis

Determination of one anion and one cation in a given salt

Cations: Pb^{2+} , Cu^{2+} , Al^{3+} , Fe^{3+} , Mn^{2+} , Ni^{2+} Zn^{2+} Co^{2+} Ca^{2+} Sr^{2+} Ba^{2+} Mg^{2+} , NH_4^+ Anions: CO_3^{2-} , SO_3^{2-} , NO_3^{-} , NO_2^{-} , Cl^- , Br^- , I^- , SO_4^{2-} , PO_4^{3-} , CH_3COO^- , $C_2O_4^{2-}$ (Note: Insoluble salts excluded)

PROJECTS

Scientific investigations involving laboratory testing and collecting information from other sources.

A few suggested Projects

- a) Study of the presence of oxalate ions in guava fruit at different stages of ripening.
- b) Study of quantity of casein present in different samples of milk.
- Preparation of soybean milk and its comparison with the natural milk with respect to curd formation, effect of temperature, etc.
- d) Study of the effect of Potassium Bisulphate as food preservative under various conditions (temperature, concentration, time, etc.)
- e) Study of digestion of starch by salivary amylase and effect of pH and temperature on it.

- f) Comparative study of the rate of fermentation of following materials: wheat flour, gram flour, potato juice, carrot juice, etc.
- g) Extraction of essential oils present in Saunf (aniseed), Ajwain (carom), Illaichi (cardamom).
- Study of common food adulterants in fat, oil, butter, sugar, turmeric power, chili powder and pepper.

Note: Any other investigatory project, which involves about 10 periods of work, can be chosen with the approval of the teacher.

Prescribed Books:

- Chemistry Part I, Class-XII, Published by NCERT.
- Chemistry Part II, Class-XII, Published by NCERT.
- Manual of Microscale Chemistry laboratory kit.

Links for NCERT textbooks:

- 1. https://ncert.nic.in/textbook.php?lech1=0-5
- 2. https://ncert.nic.in/textbook.php?lech2=0-5
- 3. https://ncert.nic.in/division/dek/pdf/Manual 01.pdf

Question Paper Design Chemistry Class XI and XII (2025-26)

QUESTION PAPER DESIGN CLASSES XI & XII

S.No	Domains	Total Marks	%
1	Remembering and Understanding: Exhibit memory of previously learned material by recalling facts, terms, basic concepts and answers. Demonstrate understanding of facts and ideas by organizing, comparing, translating, interpreting, giving descriptions and stating main ideas.	28	40
2	Applying: Solve problems to new situations by applying acquired knowledge, facts, techniques and rules in a different way.	21	30
3	Analysing, Evaluating and Creating: Examine and break information into parts by identifying motives or causes. Make inferences and find evidence to support generalizations. Present and defend opinions by making judgments about information, validity of ideas or quality of work based on a set of criteria. Compile information together in a different way by combining elements in a new pattern or proposing alternative solutions.	21	30

- No chapter wise weightage is provided, however, care to be taken to cover all the chapters.
- 2. Suitable internal variations may be made for generating various templates.
- 3. There will be no overall choice in the question paper.
- 4. However, 33% internal choices will be given in all the sections.

ECONOMICS (144) CLASS XI SYLLABUS (2025-26)

Theory: 80 Marks 3 Hours
Project: 20 Marks

Units		Marks		
Part A	Statistics for Economics			
	Introduction	15		
	Collection, Organisation and Presentation of Data			
	Statistical Tools and Interpretation	25		
		40		
Part B	Introductory Microeconomics			
	Introduction	04		
	Consumer's Equilibrium and Demand	14		
Producer Behaviour and Supply				
	Forms of Market and Price Determination under perfect competition with simple applications	08		
		40		
Part C	Project Work	20		

Part A: Statistics for Economics

In this course, the learners are expected to acquire skills in collection, organisation and presentation of quantitative and qualitative information pertaining to various simple economic aspects systematically. It also intends to provide some basic statistical tools to analyse, and interpret any economic information and draw appropriate inferences. In this process, the learners are also expected to understand the behaviour of various economic data.

Unit 1: Introduction

What is Economics?

Meaning, scope, functions and importance of statistics in Economics

Unit 2: Collection, Organisation and Presentation of data

Collection of data - sources of data - primary and secondary; how basic data is collected with concepts of Sampling; methods of collecting data; some important sources of secondary data: Census of India and National Sample Survey Organisation.

Organisation of Data: Meaning and types of variables; Frequency Distribution.

Presentation of Data: Tabular Presentation and Diagrammatic Presentation of Data: (i) Geometric forms (bar diagrams and pie diagrams), (ii) Frequency diagrams (histogram, polygon and Ogive) and (iii) Arithmetic line graphs (time series graph).

Unit 3: Statistical Tools and Interpretation

For all the numerical problems and solutions, the appropriate economic interpretation may be attempted. This means, the students need to solve the problems and provide interpretation for the results derived.

Measures of Central Tendency- Arithmetic mean, Median and Mode

Correlation – meaning and properties, scatter diagram; measures of correlation - Karl Pearson's method (two variables ungrouped data) Spearman's rank correlation (Non-Repeated Ranks and Repeated Ranks).

Introduction to Index Numbers - meaning, types - Wholesale Price Index, Consumer Price Index and index of industrial production, uses of index numbers; Inflation and Index Numbers, Simple Aggregative Method.

Part B: Introductory Microeconomics

Unit 4: Introduction

Meaning of microeconomics and macroeconomics; positive and normative economics

What is an economy? Central problems of an economy: what, how and for whom to produce; concepts of Production Possibility Frontier and Opportunity Cost.

Unit 5: Consumer's Equilibrium and Demand

Consumer's equilibrium - meaning of Utility, Marginal Utility, Law of Diminishing Marginal Utility, conditions of consumer's equilibrium using marginal utility analysis.

Indifference curve analysis of consumer's equilibrium-the consumer's budget (budget set and budget line), preferences of the consumer (indifference curve, indifference map) and conditions of consumer's equilibrium.

Demand, market demand, determinants of demand, demand schedule, demand curve and its slope, movement along and shifts in the demand curve; price elasticity of demand - factors affecting price elasticity of demand; measurement of price elasticity of demand - percentage-change method and total expenditure method.

Unit 6: Producer Behaviour and Supply

Meaning of Production Function - Short-Run and Long-Run

Total Product, Average Product and Marginal Product.

Returns to a Factor

Cost – Short run costs - Total Cost, Total Fixed Cost, Total Variable Cost; Average Cost; Average Fixed Cost, Average Variable Cost and Marginal Cost - meaning and their relationships.

Revenue – Total Revenue, Average Revenue and Marginal Revenue - meaning and their relationship.

Producer's Equilibrium - meaning and its conditions in terms of Marginal Revenue-Marginal Cost.

Supply, market supply, determinants of supply, supply schedule, supply curve and its slope, movements along and shifts in supply curve, price elasticity of supply; measurement of price elasticity of supply - percentage-change method.

Unit 7: Perfect Competition - Price Determination and simple applications.

Perfect competition - Features; Determination of market equilibrium and effects of shifts in demand and supply. (Short Run Only)

Simple Applications of Demand and Supply: Price ceiling, Price floor.

Part C: Project in Economics

Guidelines as given in Class XII curriculum

Question Paper Design Economics Class XI (2025-26)

Marks: 80 Duration: 3 hrs.

SN	Typology of Questions	Marks	Percentage
1	Remembering and Understanding: Exhibit memory of previously learned material by recalling facts, terms, basic concepts, and answers. Demonstrate understanding of facts and ideas by organizing, comparing, translating, interpreting, giving descriptions, and stating main ideas	32	40%
2	Applying: Solve problems to new situations by applying acquired knowledge, facts, techniques and rules in a different way.	24	30%
3	Analysing, Evaluating and Creating: Examine and break information into parts by identifying motives or causes. Make inferences and find evidence to support generalizations. Present and defend opinions by making judgments about information, validity of ideas, or quality of work based on a set of criteria. Compile information together in a different way by combining elements in a new pattern or proposing alternative solutions.	24	30%
	Total	80	100%

ECONOMICS (144) CLASS XII SYLLABUS (2025-26)

Theory: 80 Marks 3 Hours
Project: 20 Marks

Units	1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	Marks			
Part A	Introductory Macroeconomics				
	National Income and Related Aggregates	10			
	Money and Banking				
	Determination of Income and Employment	12			
	Government Budget and the Economy	06			
	Balance of Payments	06			
		40			
Part B	Indian Economic Development				
	Development Experience (1947-90) and Economic Reforms since 1991	12			
	Current Challenges facing Indian Economy	20			
	Development Experience of India – A Comparison with Neighbours	08			
	Theory Paper (40+40 = 80 Marks)	40			
Part C	Project Work	20			

Part A: Introductory Macroeconomics

Unit 1: National Income and Related Aggregates

What is Macroeconomics?

Basic concepts in macroeconomics: consumption goods, capital goods, final goods, intermediate goods; stocks and flows; gross investment and depreciation.

Circular flow of income (two sector model); Methods of calculating National Income - Value Added or Product method, Expenditure method, Income method.

Aggregates related to National Income:

Gross National Product (GNP), Net National Product (NNP), Gross Domestic Product (GDP) and Net Domestic Product (NDP) - at market price, at factor cost; Real and Nominal GDP

GDP Deflator, GDP and Welfare

Unit 2: Money and Banking

Money – meaning and functions, supply of money - Currency held by the public and net demand deposits held by commercial banks.

Money creation by the commercial banking system.

Central bank and its functions (example of the Reserve Bank of India): Bank of issue, Govt. Bank, Banker's Bank, Control of Credit through Bank Rate, Cash Reserve Ratio (CRR), Statutory Liquidity Ratio (SLR), Repo Rate and Reverse Repo Rate, Open Market Operations, Margin requirement.

Unit 3: Determination of Income and Employment

Aggregate demand and its components.

Propensity to consume and propensity to save (average and marginal).

Short-run equilibrium output; investment multiplier and its mechanism.

Meaning of full employment and involuntary unemployment.

Problems of excess demand and deficient demand; measures to correct them changes in government spending, taxes and money supply.

Unit 4: Government Budget and the Economy

Government budget - meaning, objectives and components.

Classification of receipts - revenue receipts and capital receipts;

Classification of expenditure – revenue expenditure and capital expenditure.

Balanced, Surplus and Deficit Budget – measures of government deficit.

Unit 5: Balance of Payments

Balance of payments account - meaning and components;

Balance of payments - Surplus and Deficit

Foreign exchange rate - meaning of fixed and flexible rates and managed floating.

Determination of exchange rate in a free market, Merits and demerits of flexible and fixed exchange rate.

Managed Floating exchange rate system

Part B: Indian Economic Development

Unit 6: Development Experience (1947-90) and Economic Reforms since 1991:

A brief introduction of the state of Indian economy on the eve of independence. Indian economic system and common goals of Five Year Plans.

Main features, problems and policies of agriculture (institutional aspects and new agricultural strategy), industry (IPR 1956; SSI – role & importance) and foreign trade.

Economic Reforms since 1991:

Features and appraisals of liberalisation, globalisation and privatisation (LPG policy); Concepts of demonetization and GST

Unit 7: Current challenges facing Indian Economy

Human Capital Formation: How people become resource; Role of human capital in economic development; Growth of Education Sector in India

Rural development: Key issues - credit and marketing - role of cooperatives; agricultural diversification; alternative farming - organic farming

Employment: Growth and changes in work force participation rate in formal and informal sectors; problems and policies

Sustainable Economic Development: Meaning, Effects of Economic Development on Resources and Environment, including global warming

Unit 8: Development Experience of India:

A comparison with neighbours

India and Pakistan

India and China

Issues: economic growth, population, sectoral development and other Human Development Indicators

Part C: Project in Economics

Prescribed Books:

- Statistics for Economics, NCERT
- 2. Indian Economic Development, NCERT
- Introductory Microeconomics, NCERT
- Macroeconomics, NCERT
- Supplementary Reading Material in Economics, CBSE

Note: The above publications are also available in Hindi Medium.

Question Paper Design Economics Class XII (2025-26)

Marks: 80 Duration: 3 hrs.

SN	Typology of Questions	Marks	Percentage
1	Remembering and Understanding: Exhibit memory of previously learned material by recalling facts, terms, basic concepts, and answers. Demonstrate understanding of facts and ideas by organizing, comparing, translating, interpreting, giving descriptions, and stating main ideas	32	40%
2	Applying: Solve problems to new situations by applying acquired knowledge, facts, techniques and rules in a different way.	24	30%
3	Analysing, Evaluating and Creating: Examine and break information into parts by identifying motives or causes. Make inferences and find evidence to support generalizations. Present and defend opinions by making judgments about information, validity of ideas, or quality of work based on a set of criteria. Compile information together in a different way by combining elements in a new pattern or proposing alternative solutions.	24	30%
	Total	80	100%

Guidelines for Project Work in Economics (Class XI and XII)

The **objectives** of the project work are to enable learners to:

- probe deeper into theoretical concepts learnt in classes XI and XII
- analyse and evaluate real world economic scenarios using theoretical constructs and arguments
- demonstrate the learning of economic theory
- follow up aspects of economics in which learners have interest
- develop the communication skills to argue logically

The expectations of the project work are that:

- · learners will complete only ONE project in each academic session
- project should be of 3,500-4,000 words (excluding diagrams & graphs), preferably hand-written
- · it will be an independent, self-directed piece of study

Role of the teacher:

The teacher plays a critical role in developing thinking skills of the learners. A teacher should:

- help each learner select the topic based on recently published extracts from the news media, government policies, RBI bulletin, NITI Aayog reports, IMF/World Bank reports etc., after detailed discussions and deliberations of the topic
- play the role of a facilitator and supervisor to monitor the project work of the learner through periodic discussions
- · guide the research work in terms of sources for the relevant data
- educate learner about plagiarism and the importance of quoting the source of the information to ensure authenticity of research work
- prepare the learner for the presentation of the project work
- arrange a presentation of the project file

Scope of the project:

Learners may work upon the following lines as a suggested flow chart:

Choose a title/topic

Collection of the research material/data

Organization of material/data

Present material/data

Analysing the material/data for conclusion

Draw the relevant conclusion

Presentation of the Project Work

Expected Checklist:

- Introduction of topic/title
- Identifying the causes, consequences and/or remedies
- · Various stakeholders and effect on each of them
- Advantages and disadvantages of situations or issues identified
- Short-term and long-term implications of economic strategies suggested in the course of research
- Validity, reliability, appropriateness and relevance of data used for research work and for presentation in the project file
- Presentation and writing that is succinct and coherent in project file
- Citation of the materials referred to, in the file in footnotes, resources section, bibliography etc.

Mode of presentation/submission of the Project:

At the end of the stipulated term, each learner will present the research work in the Project File to the External and Internal examiner. The questions should be asked from the Research Work/ Project File of the learner. The Internal Examiner should ensure that the study submitted by the learner is his/her own original work. In case of any doubt, authenticity should be checked and verified.

Marking Scheme:

Marks are suggested to be given as -

S. No.	Heading	Marks Allotted
1.	Relevance of the topic	3
2.	Knowledge Content/Research Work	6
3.	Presentation Technique	3
4.	Viva-voce	8
	Total	20 Marks

Suggestive List of Projects:

	Class XI							
•	Effect on PPC due to various government policies	•	Invisible Hand (Adam Smith)					
•	Opportunity Cost as an Economic Tool (taking real life situations)	•	Effect of Price Change on a Substitute Good (taking prices from real life visiting local market)					
•	Effect on Equilibrium Prices in Local Market (taking real life situation or recent news)	•	Effect of Price Change on a Complementary Good (taking prices from real life visiting local market)					
•	Solar Energy, a Cost-Effective Comparison with Conventional Energy Sources	•	Bumper Production- Boon or Bane for the Farmer					
•	Any other newspaper article and its evaluation on basis of economic principles	•	Any other topic					

Clas	s XII
Micro and Small Scale Industries	Food Supply Channel in India
· Contemporary Employment situation in India	Disinvestment policy of the government
 Goods and Services Tax Act and its Impact on GDP 	Health Expenditure (of any state)
Human Development Index	Inclusive Growth Strategy
Self-help group	Trends in Credit availability in India
 Monetary Policy Committee and its functions 	Role of RBI in Control of Credit
 Government Budget & its Components 	Trends in budgetary condition of India
 Exchange Rate determination – Methods and Techniques 	Currency War – reasons and repercussions
 Livestock – Backbone of Rural India 	Alternate fuel – types and importance
 Sarva Shiksha Abhiyan – Cost Ratio Benefits 	Golden Quadrilateral- Cost ratio benefit
Minimum Support Prices	Relation between Stock Price Index and Economic Health of a Nation
 Waste Management in India – Need of the hour 	Minimum Wage Rate – Approach and Application
Digital India- Step towards the future	Rain Water Harvesting – A solution to water crisis
 Vertical Farming – An alternate way 	Silk Route- Revival of the past
Make in India – The way ahead	Bumper Production- Boon or Bane for the farmer
 Rise of Concrete Jungle- Trend Analysis 	Organic Farming – Back to the Nature
Aatmanirbhar Bharat	 e-Rupee (e- ₹)
Sri Lanka's Economic Crisis	Sustainable Development Goals (SDG's)
Environmental Crisis	Comparative Study of Economies (Maximum three economies)
 New Education Policy (NEP) 2020: A Promise for a New Education System 	G-20: Inclusive and Action Oriented
Amrit Kaal: Empowered and Inclusive Economy	Cashless Economy
 Any other newspaper article and its evaluation on basis of economic principles 	Any other topic

HISTORY (141) CLASS XI SYLLABUS (2025-26)

COURSE STRUCTURE Class XI

Section Title	Theme No.	Theme Title	Marks
Reading of World History		Introduction of World History	
I		Introduction Timeline I (6 MYA TO 1 BCE)	
EARLY SOCIETIES	1	Writing and City Life	10
II		Introduction Timeline II (C. 100 BCE TO 1300 CE)	
EMPIRES	2	An Empire Across Three Continents	10
	3	Nomadic Empires	10
l'assu		Introduction Timeline III (C. 1300 TO 1700)	
III CHANGING	4	The Three orders	10
TRADITIONS	5	Changing Cultural Traditions	10
IV		Introduction Timeline IV (C. 1700 TO 2000)	
TOWARDS	6	Displacing Indigenous Peoples	10
MODERNISATION	7	Paths to Modernisation	15
	Мар	Map work of the related Themes	05
		Theory Total	80
		Project work	20
		TOTAL	100

Note-The Maps available in the official website of Govt., of India may be used

COURSE CONTENT CLASS XI

Section	Theme	L	earning outcome with specific competencies
	Timeline I (6 MYA TO 1 BCE)	۰	Understanding the concept of chronology
I EARLY SOCIETIES	Theme 1 Writing and City Life Focus: Iraq, 3 rd millennium BCE a. Growth of towns b. Nature of early urban societies c. Historians 'Debate on uses of writing. Timeline II	*	Elucidate the interwoven social and cultural aspects of civilization in order to understand the connection between city life and culture of contemporary civilizations through their writings. Analyse the outcomes of a sustained tradition of writing. Explain the connection between the growth of human civilisation and the tradition of writing. Understanding the periods in order of time.
	(C.100 BCE TO 1300 CE)	*	Explain and relate the dynamics of the Roman
	Theme 2	93	Empire in order to understand their polity, economy, society and culture.
II EMPIRES	An Empire across Three Continents	*	Analyse the implications of Roman's contacts with the subcontinent empires and discuss about slavery.
		*	Examine the domains of cultural transformation in that period & the impact of slavery.
	Theme 3	*	Identify the living patterns of nomadic pastoralist society.
	NOMADIC EMPIRES	*	Trace the rise and growth of Genghis Khan in order to understand him as an oceanic ruler.
		*	Analyse socio-political and economic changes during the period of the descendants of Genghis khan
		*	Distinguish between the Mongolian people's perspective and the world's opinion about Genghis Khan
	Timeline III (C. 1300 TO 1700)	*	Explain the myriad aspects of feudalism with reference to first, second, third and fourth order of the society.
III CHANGING TRADITIONS	Theme 4 The Three Orders		Relate between ancient slavery and serfdom. Assess the 14th century crisis and rise of the nation states.

IV TOWARDS MODERNISATION	Timeline IV (C. 1700 to 2000) Theme 6 Displacing Indigenous People	* * * * * *	Analyse the causes, events, and effects of the Renaissance, Reformation, Scientific Revolution, and Age of Exploration. Relate the different facets of Italian cities to understand the characteristics of Renaissance, Humanism and Realism. Compare and contrast the condition of women in the Renaissance period. Recognise major influences on the architectural, artistic, and literary developments to understand the facades of Renaissance. Critically analyse the impact on later reforms. Evaluate the Roman Catholic Church's response to the Protestant Reformation. Remember and understand the time frame. Evaluate the process of displacements of the native people which led to the development of America and Australia to understand their condition. Analyse the realms of settlement of Europeans in Australia and America. Compare and contrast the lives and roles of
			indigenous people in these continents Analyse the domains of Japanese nationalism prior and after the Second World War.
	Paths to Modernization (NOTE- Keeping in view the importance of the themes i.e. Japan, china and Korea; it is advised that all must be taught in the schools.	*	Summarise the nationalist upsurge in China from Dr Sun Yat Sen to Mao Zedong to understand the era of Communism. Analyse the Chinese path to modernization under Deng Xioping and Zhou enlai in order to understand the transformation from rigid communism to liberal socialism. Deduce the histories of China and Japan from the phase of imperialism to modernization. Analyse the domains of Japanese nationalism prior and after the Second World War.

Question Paper Design History Class XI (2025-26)

Section	Theme	MCQ MM-1	SA MM-3	LA MM-8	Source based MM-4	Tota
I- EARLY SOCIETIES	Theme 1	3	1	0	1	10
II -EMPIRES	Theme 2-3	4	0	2	0	20
III-CHANGING TRADITIONS	Theme 4-5	6	2	0	2	20
IV- TOWARDS MODERNISATION	Theme 6-7	8	3	1	0	25
MAP						05
Total	1	21x1=21	6x3=18	8x3=24	4x3=12	80

CLASS XI INTERNAL ASSESSMENT

PROJECT WORK MM- 20

INTRODUCTION

History is one of the most important disciplines in school education. It is the study of the past, which helps us to understand our present and shape our future. It promotes the acquisition and understanding of historical knowledge in breath and in depth across cultures.

The course of history in senior secondary classes is to enable students to know that history is a critical discipline, a process of enquiry, a way of knowing about the past rather than just a collection of facts. The syllabus helps them to understand the process, through which a historian collects, chooses, scrutinises, and assembles different types of evidence to write history. The syllabus in class-XI is organised around some major themes in world history. In class XII the focus shifts to a detailed study of some themes in ancient, medieval, and modern Indian history.

CBSE has decided to introduce project work in history for classes XI and XII in 2013-14 as a part of regular studies in classroom, as project work gives students an opportunity to develop higher cognitive skills. It takes students to a life beyond text books and provides them a platform to refer materials, gather information, analyse it further to obtain relevant information and decide what matter to keep and hence understand how history is constructed.

OBJECTIVES

Project work will help students to:

- develop skill to gather data from a variety of sources, investigate diverse viewpoints and arrive at logical deductions.
- develop skill to comprehend, analyse, interpret, evaluate historical evidence, and understand the limitation of historical evidence.
- develop 21st century managerial skills of co-ordination, self-direction, and time management
- learn to work on diverse cultures, races, religions, and lifestyles.
- learn through constructivism-a theory based on observation and scientific study.
- inculcate a spirit of inquiry and research.
- communicate data in the most appropriate form using a variety of techniques.
- provide greater opportunity for interaction and exploration.
- understand contemporary issues in context to our past.
- develop a global perspective and an international outlook.
- grow into caring, sensitive individuals capable of making informed, intelligent, and independent choices.
- develop lasting interest in history discipline.

GUIDELINES FOR TEACHERS

This section provides some basic guidelines for the teachers to take up projects in History. It is very necessary to interact, support, guide, facilitate and encourage students while assigning projects to them.

- The teachers must ensure that the project work assigned to the students individually/ Ingroups and discussed at different stages right from assigning topic, draft review to finalization.
- Students should be facilitated in terms of providing relevant materials, suggesting websites, obtaining of required permission for archives, historical sites, etc.
- The Project Work should be suitably spaced from April to November in classes XI and XII so that students can prepare for Final Examination.
- The teachers must ensure that the students submit original work.
- Project report should be Handwritten only. (Eco-friendly materials can be used by students)

The following steps are suggested:

- Teacher should design and prepare a list of 15-20 projects and should give an option to a student to choose a project as per his/her interest.
- The project must be done individually / In-groups.
- The topic should be assigned after discussion with the students in the class to avoid repetition and should then be discussed at every stage of submission of the draft/final project.

- The teacher should play the role of a facilitator and should closely supervise the process of project completion, and should guide the children by providing necessary inputs, resources etc. to enrich the subject content.
- The Project Work needs to enhance cognitive, affective, and psychomotor domains in the learners. It will include self-assessment and peer assessment, and progress of the child in project-based and inquiry-based learning. Art integrated Activities, experiments, models, quizzes, role plays, group work, portfolios, etc., along with teacher assessment. (NEP-2020)
- The Project work can culminate in the form of Power Point Presentation/Exhibition/Skit/ albums/ files /song and dance or culture show /story telling/debate/panel discussion, paper presentation and whichever is suitable to visually impaired candidates.
- Students can use primary sources available in city archives, Primary sources can also include newspaper cuttings, photographs, film footage and recorded written/speeches
- Secondary sources may also be used after proper authentication.
- Evaluation will be done by external examiner appointed by the Board in class XII and internal class XI.

SUGGESTIVE TOPICS FOR PROJECTS - CLASS XI

- Facets of the Industrialization in sixteenth- eighteenth centuries.
- Crusades: causes; rationale; events; outcomes; Holy Alliance
- Ancient History in depth: Mesopotamia
- Greek Philosophy and City States
- Contributions of Roman Civilization
- The spirit of Renaissance: Manifestation in art; Literature; Sculpture; Influence on Trading Community; Social Fabric; Philosophy; Political Values; Rational Thinking; Existentialism
- Aspects of Development -South American States / Central American States
- Different schools of thoughts- Realism: Humanism: Romanticism
- Piecing together the past of Genghis Khan
- 10. Myriad Realms of Slavery in ancient, medieval, and modern world
- History of Aborigines America / Australia
- Facets of Modernization China /Japan/Korea

(Projects are an imperative component in enhancing students learning with the related themes. In the research project, students can go beyond the textbook and explore the world of knowledge. They can conceptualise under the embedded themes. Forms of rubrics are a significant aspect and to be discussed in the classroom itself for clear understanding of concept and for assessment.)

HISTORY (141) CLASS XII SYLLABUS (2025-26)

Theory Paper

S.No.	Part	Marks
1	Themes in Indian History PartI	25
2	Themes in Indian History Part—II	25
3	Themes in Indian History Part—III	25
4	Мар	05
	Total	80

Note-The Maps available in the website of Survey of India may be used.(https://surveyofindia.gov.in/)

	Themes in Indian History Part-I	25 Marks			
Sr No.	Theme Title	Marks			
1	Bricks, Beads and Bones The Harappa Civilisation				
2	Kings, Farmers and Towns Early States and Economies (c.600 BCE 600 CE)				
3	Kingship, Caste and class Early Societies (c. 600 BCE600 CE)				
4	Thinkers, Beliefs and Buildings Cultural Developments (c. 600 BCE 600 CE)	1			
	Themes in Indian History Part-II	25 marks			
5	Through the eyes of Travellers Perceptions of Society (c. tenth to seventeenth centuries)				
6	Bhakti-Sufi Traditions Changes in Religious Beliefs and Devotional Texts (c. eighth to eighteenth centuries)	25			
7	An Imperial Capital – Vijayanagar (c. fourteenth to sixteenth centuries)				
8	Peasants, zamindars and the States Agrarian Society and the Mughal Empire (c. sixteenth-seventeenth centuries)	1			

	Themes in Indian History Part-III			
09	Colonialism and The Countryside			
09	Exploring Official Archives			
10	Rebels and Raj		1	
10	1857 Revolt and its Representations		25	
11	Mahatma Gandhi and the National Movement			
11	Civil Disobedience and Beyond			
12	Framing of the Constitution			
12	The Beginning of a New Era			
	Including Map work of the related Themes		05	
	Theory Total		80	
	Project Work		20	
	TOTAL		100	

Note-The Maps available in the official website of Govt., of India may be used

CLASS XII COURSE CONTENT

Theme No. and Title	Learning outcome with specific competencies			
т	nemes in Indian History Part – I			
1	Investigate, explore and interpret the early urban centres and social institutions.			
BRICKS, BEADS AND BONES	 State and deduce the multi-lateral aspects of Harappan civilisation to understand the first civilization of the world. 			
The Harappan Civilisation	Investigate and interpret historical and contemporary sources and viewpoints of ASI and historians on Harappa.			
2	 Critically evaluate and interpret major trends in the political and economic history of the subcontinent. 			
KINGS, FARMERS AND	 Decode inscriptional evidence. 			
TOWNS Early States and Economies (c.600 BCE 600 CE)	Analyse inscriptional evidences and the ways in which these have shaped the understanding of political and economic processes.			

<u> </u>	3			
3	 Examine, analyse the issues of social history. 			
	 Analyse social norms in order to understand the perspectives of 			
KINSHIP, CASTE AND CLASS	society given in the scriptures of ancient India.			
Early Societies (c. 600 BCE 600 CE)	Examine the varied dimensions explored by historians in order to understand dynamic approach of Mahabharata.			
4	 Infer and compare the major religious developments in early India. 			
THINKERS, BELIEFS				
AND BUILDINGS Cultural Developments	 Elucidate the rich religious sculpture and infer the stories hidden in it. 			
(c. 600 BCE 600 CE)	Create a picture album of the Buddhist Sculpture.			
	Themes in Indian History Part—II			
5	 Understand salient features of social histories described by the 			
THROUGH THE EYES OF	travellers and apply the learning in real life.			
TRAVELLERS				
Perceptions of Society	Elucidating the accounts of foreign travellers in order to understand			
(c. tenth to seventeenth centuries)	the social political and economic life during the tenure of different rulers in the medieval period.			
6	Understand the religious developments.			
BHAKTI-SUFI	onderstand the religious developments.			
TRADITIONS	Summarise the philosophies of different Bhakti and Sufi saints to			
Changes in Religious Beliefs and Devotional	understand the religious developments during medieval period.			
Texts	 Comprehend the religious movement in order to establish unity, 			
(c. eighth to eighteenth	peace harmony and brotherhood in society.			
centuries)				
7	 Students will be able to Classify the distinctive architectural contributions of the Vijayanagar empire to comprehend the richness 			
	of mingled cultures of deccan India.			
AN IMPERIAL CAPITAL:				
(c. fourteenth to sixteenth centuries)	 Analyse accounts of foreign traveller's on Vijayanagar in order to interpret political, social and cultural life of the city. 			
	 Assess and appreciate the city planning, system, administration of the rulers. 			

PEASANTS, ZAMINDARS AND THE STATE Agrarian Society and the Mughal Empire (c. sixteenth seventeenth centuries)	 Comprehend the facets of agrarian developments in order to understand the relationship between the state and the agriculture during Mughal period. Compare and contrast the agrarian changes occurred during sixteenth and seventeenth centuries. Make a table and bring out the differences in the agrarian sector.
	Themes in Indian History Part—III
9 COLONIALISM AND THE COUNTRYSIDE	Evaluate the revenue systems introduced by the British to understand the economic aspects of colonization in India.
Exploring Official Archives	 Analyse the colonial official records& reports to understand the divergent interest of British and Indians.
	Find solution to be taken to protect the peasants and artisans in this century.
10 REBELS AND THE RAJ 1857 Revolt and its Representations	 Examine the events of 1857. Correlate the Planning and coordination of the rebels of 1857 to infer its domains and nature. Examine the momentum of the revolt to understand its spread. Analyse how revolt created vision of unity amongst Indians. Interpret visual images to understand the emotions portrayed by the
	nationalist and British.
11 MAHATMA GANDHI AND THE NATIONALIST MOVEMENT Civil	 Understand the nationalist movement in chronological order. Correlate the significant elements of the nationalist movement and the nature of ideas, individuals, and institutions under the Gandhian leadership.
Disobedience and Beyond	 Debate on the significant contributions of Gandhi to understand his mass appeal for nationalism.
	 Explore the ways of interpreting historical source such as newspapers, biographies and autobiographies diaries, letters
12 FRAMING THE CONSTITUTION The Beginning of a New Era	 Highlight the role of Constituent Assembly to understand functionaries in framing the constitution of India. Analyse how debates and discussions around important issues in the Constituent Assembly shaped our Constitution

Note: This is not an exhaustive list. For reflective teaching- learning process, explicit Learning Objectives and Outcomes can be added by teachers during the course-delivery for student's real learning.

S. No	Page No.	Part – I Maps			
1	2	Mature Harappan sites: Harappa, Banawali, Kalibangan, Balakot, Rakhigarhi, Dholavira, Nageshwar, Lothal, Mohenjodaro, Chanhudaro, Kot Diji.			
2	3	Mahajanapada and cities: Vajji, Magadha, Kosala, Kuru, Panchala, Gandhara, Avanti, Rajgir, Ujjain, Taxila, Varanasi.			
3	33	Distribution of Ashokan inscriptions: Pillar inscriptions – Sanchi, Topra, Meerut Pillar and Kaushambi. Kingdom of Cholas, Cheras and Pandyas.			
4	43	 Important kingdoms and towns: Kushanas, Shakas, Satavahanas, Vakatakas, Guptas Cities/towns: Mathura, Kanauj, Puhar, Braghukachchha, Shravasti, Rajgir, Vaishali, Varanasi, Vidisha 			
5	95	Major Buddhist Sites: Nagarjunakonda, Sanchi, Amaravati, Lumbini, Bharhut, Bodh Gaya, Ajanta			
S. No	Page No.	Part II - Maps			
6	174	Bidar, Golconda, Bijapur, Vijayanagar, Chandragiri, Kanchipuram, Mysore, Thanjavur, Kolar, Tirunelveli			
7	214	Territories under Babur, Akbar and Aurangzeb:			
,	214	Delhi, Agra, Panipat, Amber, Ajmer, Lahore, Goa.			
S. No	Page No.	Part III - Maps			
8	287	Territories/cities under British Control in1857: Punjab, Sindh, Bombay, Madras Berar, Bengal, Bihar, Orissa, Surat, Calcutta, Patna, Allahabad			
9	260	Main centres of the Revolt of 1857: Delhi, Meerut, Jhansi, Lucknow, Kanpur, Azamgarh, Calcutta, Benaras, Gwalior, Jabalpur, Agra, Awadh			
10		Important centres of the National Movement: Champaran, Kheda, Ahmedabad, Benaras, Amritsar, Chauri Chaura, Lahore, Bardoli, Dandi, Bombay (Quit India Resolution), Karachi			

Note-The Maps available in the official website of Govt., of India may be used.

CLASS XII QUESTION PAPER DESIGN

Book	MCQ		MCQ SA	LA	A Source Ba		Source Based		Total		
	No of questions	MM		Theory	Interna						
Part I	7	1	2	3	1	8	1	4		25	
Part II	7	1	2	3	1	8	1	4		25	
Part III	7	1	2	3	1	8	1	4		25	
Мар									05	05	
Project										80	20
Total	7x3=	21	6x3=	18	3x8=	24	3x4=	12	1x5=5	100 M	larks

WEIGHTAGE BASED ON COMPETENCIES

Competencies	Marks	%
Knowledge Remembering previously learned material by recalling facts, terms, basic concepts, and answers.	21	26.25
Understanding demonstrating understanding of facts and ideas by organizing, translating, interpreting, giving descriptions and stating main ideas.	18	22.50
Applying and Analyzing: applying acquired knowledge, facts, techniques and rules and solving the problems.	24	30
Formulating, Evaluating and Creating skills: Examining, making inferences and finding evidence to support generalizations; Presenting and defending opinions by making judgments about information and piling information	12	15
Map skills	05	6.25

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INTERNAL ASSESSMENT

PROJECT WORK MM-20

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- Students can use primary sources available in city archives, Primary sources can also include newspaper cuttings, photographs, film footage and recorded written/speeches. Secondary sources may also be used after proper authentication.
- Evaluation will be done by external examiner appointed by the Board in class XII and internal in class XI.

Note: The project reports are to be preserved by the school till the final results are declared, for scrutiny by CBSE.

A FEW SUGGESTIVE TOPICS FOR CLASS XII PROJECTS

- The Indus Valley Civilization-Archaeological Excavations and New Perspectives
- The History and Legacy of Mauryan Empire
- "Mahabharat" The Great Epic of India
- The History and Culture of the Vedic period
- Buddha Charita
- A Comprehensive History of Jainism

- Bhakti Movement- Multiple Interpretations and Commentaries.
- 8. The Mystical Dimensions of Sufism
- Global Legacy of Gandhian Ideas
- The Architectural Culture of the Vijayanagar Empire
- 11. Life of Women in the Mughal Rural Society
- Comparative Analysis of the Land Revenue Systems Introduced by the Britishers in India
- 13. The Revolt of 1857- Causes; Planning & Coordination; Leadership, Vision of Unity
- 14. The Philosophy of Guru Nanak Dev
- 15. The Vision of Kabir
- An Insight into the Indian Constitution
- Comparative Study of Stupas and Pillar Edicts
- Comparative Study of Mughal and Vijayanagar Architecture

(Projects are an imperative component in enhancing students learning with the related themes. In the research project, students can go beyond the textbook and explore the world of knowledge. They can conceptualise under the embedded themes. Forms of rubrics are a significant aspect and to be discussed in the classroom itself for clear understanding of concept & for assessment.

Note: Please refer Circular No. Acad.16/2013 dated 17.04.2013 for complete guidelines.

Kindly refer to the guidelines on project work for classes XI and XII given below: - One Project to be done throughout the session, as per the existing scheme.

- Steps involved in the conduct of the project: Students may work upon the following lines as suggested:
 - Choose a Title/Topic
 - 2. Need of the Study, Objective of the Study
 - Hypothesis
 - Content -Timeline, Maps, Mind maps, Pictures, etc. (Organization of Material/Data Present Material/Data)
 - Analysing the Material/Data for Conclusion
 - 6. Draw the Relevant Conclusion
 - Bibliography

2. Expected Checklist for the Project Work:

- Introduction of topic/ title
- Identifying the causes, events, consequences and/or remedies
- Various stakeholders and effect on each of them
- Advantages and disadvantages of situations or issues identified
- Short-term and long-term implications of strategies suggested during research
- Validity, reliability, appropriateness, and relevance of data used for research work and for presentation in the project file
- Presentation and writing that is succinct and coherent in project file
- Citation of the materials referred to, in the file in footnotes, resources section, bibliography etc.

3. Assessment of Project Work:

- Project Work has broadly the following phases: Synopsis/ Initiation, Data Collection, Data Analysis and Interpretation, Conclusion.
- The aspects of the project work to be covered by students can be assessed during the academic vear.
- 3. 20 marks assigned for Project Work can be divided in the following manner:

Month	Periodic Work	Assessment Rubrics	
April-July	Instructions about Project Guidelines, Background reading Discussions on Theme and Selection of the Final Topic, Initiation/ Synopsis	Introduction, Statement of Purpose/ Need and objectives of the study, Hypothesis/ Research Question, Review of Literature, Presentation of Evidence, Methodology, Questionnaire, Data	6
August - October	Planning and organization: forming an action plan, feasibility, or baseline study, Updating/ modifying the action plan, Data Collection	Significance and relevance of the topic; challenges encountered while conducting the research.	5
November- January Content/data analysis and interpretation. Conclusion, Limitations, Suggestions, Bibliography, Annexures and overall presentation of the project		Content analysis and its relevance in the current scenario. Conclusion, Limitations, Bibliography, Annexures and Overall Presentation.	5
January - February	Final Assessment and VIVA by both Internal and External Examiners	External/ Internal Viva based on the project	4
	тот	ÄL	20

4. Viva-Voce

- At the end, each learner will present the research work in the Project File to the External and Internal examiner.
- 2. The questions should be asked from the Research Work/ Project File of the learner.
- The Internal Examiner should ensure that the study submitted by the learner is his/her own original work. In case of any doubt, authenticity should be checked and verified.

POLITICAL SCIENCE (142) CLASS XI SYLLABUS (2025-26)

CLASS XI COURSE STRUCTURE

Chapter	Chapter Name	Marks		
No.				
	PART A			
	INDIAN CONSTITUTION AT WORK			
1	Constitution: Why and How?	8		
2	Rights in the Indian Constitution	0		
3	Election and Representation	6		
4	Executive			
5	Legislature	12		
6	Judiciary			
7	Federalism	6		
8	Local Governments 4			
9	Constitution as a Living Document			
10	The Philosophy of the Constitution	4		
	Marks allotted to Indian Constitution at Work			
	PARTB	1.0		
	POLITICAL THEORY			
1	Political Theory: An Introduction	4		
2	Freedom	12		
3	Equality	12		
4	Social Justice	6		
5	Rights	4		
6	Citizenship			
7	Nationalism			
8	Secularism	6		
	Marks allotted for Political Theory	40		
	Total	80		

CLASS XI

COURSE CONTENT

Chapter No. and Name	Learning Outcomes with Specific Competencies
a) Why do we need a Constitution?	Appreciate the need fora Constitution. Understand the historical processes and the circumstances in which the Indian Constitution was drafted. Critically evaluate how constitutions, govern the distribution of power in society. Analyse the ways in which the provisions of the Constitution have worked in real political life.
2- Rights in the Indian Constitution	Students will be able to:
a) The importance of rights Bill of Rights b) Fundamental rights in the Indian Constitution Right to Equality Right to Freedom Right against Exploitation Right to Freedom of Religion Cultural and Educational Rights Right to Constitutional Remedies Directive principles of state policy What do the directive principles contain? d) Relationship between fundamental rights and directive principles 	 Analyse the working of the Constitution in real life Learn to respect others, think critically, and make informed decisions Identify violations of the rights to equality and freedom in the society around them Justify the need for reasonable restrictions on the rights guaranteed. Use freedom of expression to advocate for ensuring rights is given to people around them.

3. Election and Representation

- a) Elections and democracy
- b) Election system in India
 - · First Past the Post System
 - · Proportional Representation
- c) Why did India adopt the FPTP system?
- d) Reservation of constituencies
- e) Free and fair elections
 - Universal franchise and right to contest
 - Independent Election Commission
- Electoral Reforms

Students will be able to:

- Identify different types and methods of election
- Develop critical thinking about the role of various stakeholders in ensuring free and fair elections.
- Demonstrate the innate role played by Election Commission
- Compare election systems of different countries of the world.

4. Executive

- a) What is an executive?
- b) What are the different types of executives?
- c) Parliamentary executive in India
 - Power and position of President
 - · Discretionary Powers of the President
- d) Prime Minister and Council of ministers
- e) Permanent Executive: Bureaucracy

Student will be able to:

- Recognise the meaning of Executive.
- Compare and contrast the Parliamentary and Presidential Executive.
- Analyse the composition and functioning of the executive.
- Know the significance of the administrative machinery.

5. Legislature

- a) Why do we need a parliament?
- b) Why do we need two houses of parliament?
 - Rajya Sabha
 - Lok Sabha
- c) What does the parliament do?
 - Powers of Rajya Sabha
 - Special Powers of Rajya Sabha
- d) How does the parliament make laws?
- e) How does the parliament control the executive?
- f) What do the committees of parliament do?
- g) How does the parliament regulate itself?

Students will be able to:

- Describe the law- making process in India.
- Differentiate between the powers and functions of Lok Sabha and Rajya Sabha.
- Examine the parliamentary control over the Executive.
- Analyse the role of Parliamentary committees for the success of Indian democracy.

6. Judiciary

- a) Why do we need an independent judiciary?
 - Independence of Judiciary
 - Appointment of Judges
 - · Removal of Judges
- b) Structure of the Judiciary

Students will be able to:

- Identify the different aspects which makes the Judiciary independent
- Compare and contrast the different jurisdictions

- c) Jurisdiction of supreme Court
 - Original Jurisdiction
 - Writ Jurisdiction
 - Appellate Jurisdiction
 - Advisory Jurisdiction
 - Judicial Activism
- d) Judiciary and Rights
 - · Judiciary and Parliament

- Analyse the reasons why Judiciary has become proactive.
- Examine the reasons for the conflicts between the judiciary and parliament with respect to Constitutional Amendments.

7.Federalism

- a) What is Federalism?
- b) Federalism in the Indian Constitution
 - Division of Powers
- Federalism with a strong central government
- d) Conflicts in India's federal system
 - Centre-State Relations
 - Demands for Autonomy
 - Role of Governors and President's Rule
 - Demands for New States
 - Interstate Conflicts
- e) Special provisions
 - Jammu and Kashmir

Students will be able to:

- Explain the basic features of a federation.
- Identify the different levels of the government & subjects on which the union and state governments can make laws.
- Discuss the various constitutional provisions that led to a strong Centre in India.

8. Local Governments

- a) Why local governments?
- b) Growth of Local Government in India
 - Local Governments in Independent India
- c) 73rd and 74thamendments
- d) 73rd Amendment
 - Three Tier Structure
 - Elections
 - Reservations
 - Transfer of Subjects
 - State Election Commissioners
 - State Finance Commission
- e) 74th Amendment
- Implementation of 73rdand 74th Amendments

Students will be able to:

- Understand the Panchayati Raj system of local government in India, its emergence and significance
- Identify the objectives, functions and sources of income of rural and urban local government bodies
- Justify the significance of 73rd and 74th constitutional amendments
- Acknowledge and examine the significance of decentralization
- Introspect and realise the need to empower local government bodies

Constitution as a Living Document

- a) Are constitutions static?
- b) How to amend the constitution?
- c) Why have there been so many amendments?

Students will be able to:

- Analyse the working of the Constitution.
- Know the various amendments that have

- 9. Contents of amendments made so far
 - Differing Interpretations
 - Amendments through Political Consensus
 - Controversial Amendments
- e) Basic structure and evolution of the constitution
- f) Constitution as a Living Document
 - Contribution of the Judiciary
 - Maturity of the Political Leadership

- taken place and the controversies raised.
- Appreciate why the Constitution is called a Living Document.

10. The Philosophy of the Constitution

- a) What is meant by philosophy of the constitution?
 - Constitution as Means of Democratic Transformation
- b) Why do we need to go back to the Constituent Assembly?
- c) What is the political philosophy of our constitution?
 - Individual freedom
 - Social Justice
 - Respect for diversity and minority rights
 - Secularism
 - Universal franchise
 - Federalism
 - National identity
- d) Procedural Achievements
- e) Criticisms
 - Limitations

Students will be able to:

- Appreciate the philosophical vision of our Constitution.
- Recognise the core features of the Indian Constitution.
- Evaluate the strengths and limitations of the Constitution.

PART B POLITICAL THEORY

1. Political Theory: An Introduction

- a) What is politics?
- b) What do we study in political theory?
- c) Putting Political theory into practice
- d) Why should we study political theory?

Students will be able to:

- Define the term politics and identify various political principles.
- Explain the innate ideas of various Political theories.
- Appreciate the contribution of Political Thinkers

2.Freedom	Students will be able to:	
a) The Ideal of freedom b) The sources of Constraints-Why do we need constraints? c) The Harm Principle d) Negative and Positive liberty	 Appreciate the ideal of freedom. Critically evaluate the dimensions of negative and positive liberty. Demonstrate spirit of enquiry Explain the ideas introduced by J.S. Millin Harm Principle. Assess the possible limitations on freedom resulting from the social and economic structures of society. 	
3. Equality	Students will be able to:	
a) Why does equality matter? • Equality of opportunities • Natural and Social Inequalities b) Three dimensions of equality c) Feminism, Socialism d) How can we promote equality?	Understand the moral and political ideals of equality. Assess how equality is perceived through different ideologies Recognise the means and methods to promote equality. Evaluate the possible solutions to minimise inequality. Students will be able to:	
4. Social Justice		
a) What is Justice? Equal Treatment for Equals Proportionate Justice Recognition of Special Needs b) Just distribution c) John Rawls Theory of Justice d) Pursuing Social Justice e) Free Markets versus State Intervention	 Classify the different dimensions of justice. Appreciate the measures taken by the government of India to secure social justice. Enlist the basic minimum requirements of people for living a healthy and productive life. State John Rawls' theory of veil of ignorance. 	
5.Rights	Students will be able to:	
a) What are Rights? b) Where do rights come from? c) Legal rights and the state d) Kinds of rights e) Rights and responsibilities 6. Citizenship	 Define rights Identify the need for rights and its importance to mankind. why rights need to be sanctioned by law. Describe the features of different kinds of rights. Students will be able to: Explain the meaning of citizenship. 	
a) Introduction b) Full and equal membership c) Equal Rights d) Citizen and Nation e) Universal Citizenship f) Global Citizenship	 Contribute to meaningful discussion on ways of granting citizenship. Discuss the probable solutions or alternatives to solve citizenship issue Analyse the problems to be surmounted to strengthen links between the people and governments 	

7. Nationalism

- a) Introducing Nationalism
- b) Nations and Nationalism
 - Shared Beliefs and History
 - Shared National Identity
- c) National self-determination
- d) Nationalism and Pluralism

Students will be able to:

- Understand the concepts of nation and nationalism
- Assess the strengths and limitations of nationalism.
- Identify and build an understanding on the factors related to creation of collective identities
- Examine the concept of national self determination
- Acknowledge the need to make nations more democratic and inclusive

8. Secularism

- a) What is Secularism?
- b) Inter-religious Domination
- c) Intra-religious Domination
- d) Secular State
 - The western model of secularism
 - The Indian model of secularism
- e) Criticisms of Indian secularism
 - Western Import and Minoritism
 - Interventionist
 - Vote Bank Politics

Student will be able to:

- Define Secularism.
- Differentiate between Inter-religious and Intra-Religious Domination.
- Recognise the concept of a Secular State.
- Compare Western and Indian Model of Secularism.
- Make an appraisal of Indian Secularism.

Prescribed Textbooks:

- Indian Constitution at Work, Class XI, Published by NCERT
- Political Theory, Class XI, Published by NCERT
- Added Reference Material available with the document in the Annexure

Note: The above textbooks are also available in Hindi and Urdu versions.

POLITICAL SCIENCE (142) CLASS XII SYLLABUS (2025-26)

CLASS XII

COURSE STRUCTURE

Chapter No.	Chapter Name	Marks Allotted
	PART A-CONTEMPORARY WORLD POLITICS	•
1	The End of Bipolarity	6
2	Contemporary Centres of Power	6
3	Contemporary South Asia	6
4	International Organizations	6
5	Security in the Contemporary World	6
6	Environment and Natural Resources	6
7	Globalisation	4
	PART A - Total	40
	PART B-POLITICS IN INDIA SINCE INDEPENDENCE	
1	Challenges of Nation-Building	6
2	Era of One-Party Dominance	4
3	Politics of Planned Development	2
4	India's External Relations	6
5	Challenges to and Restoration of the Congress System	4
6	The Crisis of Democratic Order	4
7	Regional Aspirations	6
8	Recent Developments in Indian Politics	8
	PART B - Total	40
	TOTAL	80

CLASS XII COURSE CONTENT

Chapter No. and Name	Learning Outcomes with Specific Competencies
1. The End of Bipolarity Topics to be focused: a) The Soviet System b) Gorbachev and the disintegration c) Causes and Consequences of disintegration of Soviet Union d) Shock Therapy and its Consequences e) New entities in world politics Russia Balkan States Central Asian States f) India's relations with Russia and other post-communist countries	Students will be able to: Identify the basic features of the Soviet System. Discuss the background and outcome of disintegration of the Soviet Union. Examine the consequences of unipolar world Assess the features of Shock Therapy Probe into the recent happenings in the Post-Communist Countries. Trace the developments between India & Russia
2. Contemporary Centres of Power	Students will be able to:
Topics to be focused: a) European Union b) Association of Southeast Asian Nations c) Rise of China as an economic power d) Japan and South Korea as emerging powers 3. Contemporary South Asia	Compare and contrast the importance of European Union and ASEAN. Evaluate the extent of rise of Chinese economy and its impact on world politics. Summarise India's relations with China. Students will be able to: Identify & locate the seven countries of the South Asian region. Appreciate the mixed record of democracy in the South Asian region. Examine the role of Political leaders
d) India-Pakistan Conflicts e) India and its Neighbours f) Peace and Cooperation	 Reflect upon the causes of various conflicts and movements in this region. Justify the creation of SAARC Understand the involvement of US and China in South Asia.
4. International Organizations Topics to be focused: a) Meaning and importance of International Organisations b) Evolution of the UN c) Structure and function of International Organisations d) Principal Organs of UN	Define International Organisation Appreciate the role of United Nations and its agencies Reflect on the events taking place in the post-cold war era Understand the need for reforms in the United Nations

e) Reform of the UN after ColdWar f) Reform of Structures, Processes and Jurisdiction of the UN h) India and the UN Reforms i) Key Agencies: IMF, World Bank, WTO, ILO, j) NGO: Amnesty International, Human Rights Watch. g) Implications and Future of International **Organisations** 5. Security in the Contemporary World Students will be able to: Topics to be focused: Recognise the causes of security threats a) Meaning and Type of Security. Enhance analytical skills to provide b) Traditional concept of Security solutions to security concerns. c) Non-tradition notions of Security. Develop critical thinking about the role d) New Sources of Threats of various stakeholders in ensuring e) Cooperative Security security today. f) India's Security strategy 6. Environment and Natural Resources Students will be able to: · Enlist and explain the facts related to Topics to be focused: global environmental issues a) Environmental Concerns · Recognise and understand the need to b) Global Commons conserve critical resources c) Common but differentiated responsibilities Demonstrate knowledge and appreciation d) India's Stand on Environment Issues towards India's responsibility in protecting f) Environmental Movements environment g) Resource Geopolitics Realise the need to conserve resources e) Rights of Indigenous peoples and exhibit responsibility towards prudential use to facilitate sustainable development · Know about the nature of concerns of indigenous communities and understand how the governments of different countries respond to their plea Students will be able to: 7. Globalisation Appreciate significance of the Topics to be focused: Globalisation a) Concept of globalisation · Elucidate the political, economic, and b) Causes and Consequences of globalisation cultural dimensions of Globalisation. c) India and globalization of Critically evaluate the impact d) Resistance to globalisation globalisation on India. e) India and resistance to globalisation Draw attention to resistance movements to Globalisation and envisage its future trends.

PART B-POLITICS IN INDIA S	INCE INDEPENDENCE
1. Challenges of Nation Building Topics to be focused: a) Challenges for the new Nation. • Three Challenges. b) Partition: Displacement and Rehabilitation. • Consequences of Partition. c) Integration of Princely States. • The problem • Government's approach • Hyderabad • Manipur d) Reorganisation of States.	Analyse the challenges which Independent India faced. Describe the factors that led to the partition of India. Explain the circumstances under which different princely states signed the Instrument of Accession. Assess how language became the basis of reorganisation of the states. Evaluate the role played by leaders in Nation Building.
2. Era of One-Party Dominance Topics to be focussed: a) Challenge of building democracy. b) Congress dominance in the first three general elect ions. • Nature of Congress dominance • Congress as social and ideological coalition. • Tolerance and management of Factions c) Emergence of opposition parties.	Appreciate the sustenance of democratic politics in the country. Evaluate the electoral politics post-Independence Assess the dominance of the Indian National Congress from 1952 to 1967. Evaluate the role of Opposition parties
3. Politics of Planned Development Topics to be focussed: a) Political contestation. • Ideas of Development. • Planning • Planning Commission b) The Early Initiatives • The First Five Year Plan. • Rapid Industrialisation. 4. India's External Relations Topics to be focussed: a) International Context b) The Policy of Non-Alignment.	Identify the varied option considered by the government to balance growth and socio-economic justice. Know the difference between Left and Right Ideology Understand the need for the formation of the Planning Commission. Appreciate the need for strategic long-term development programme and policies Students will be able to: Recognise the significance of NAM Interpret, compare and contrast multilateral aspects of Indo-China relationship Demonstrate knowledge on Indo-Pak wars

- Nehru's role
- Distance from two camps.
- Afro Asian Unity
- c) Peace and conflict with China
 - The Chinese Invasion1962
 - · War and Peace with Pakistan
 - Bangladesh War 1971
- d) India's Nuclear Policy.

Appreciate the steps taken by Indian government to develop military capacity

 Reflect and introspect on the choices that the country must consider for the cause of development and peace building

5. Challenges to and Restoration of the Congress System

Topics to be focused:

- a) Challenge of Political Succession
 - · From Nehru to Shastri
 - · From Shastri to Indira Gandhi
- b) Fourth General Election 1967
 - · Context of the Election.
 - Non Congressism
 - Electoral Verdict
 - Coalitions
 - Defections
- c) Split in the Congress
 - Indira vs the Syndicate
 - Presidential Election 1969
- d) The 1971 Election and Restoration of Congress
 - · The outcome and after Restoration

Students will be able to:

- Understand the challenges of political succession after Nehru.
 Evaluate the opposition unity and the
 - Congress split as a challenge to Congress dominance.
- Compare and contrast the new Congress and the old Congress.
- Summarise the initiatives taken by Indira Gandhi to overcome the challenges faced by her
- Analyse the process of restoration of the Congress system

6. The Crisis of Democratic Order

Topics to be focused:

- a) Background to Emergency.
 - Economic Context.
 - Gujarat and Bihar Movements
 - Conflict with Judiciary
- c) Declaration of Emergency
 - Crisis and response
 - Consequences
- c) Lessons of the Emergency.
- d) Politics after Emergency.
 - Lok Sabha Elections 1977
 - Janata Government
- d) Legacy

Students will be able to:

- Understand the causes and consequences of Emergency
- Examine the lessons of Emergency
- Evaluate the rule of Janata Government

7. Regional Aspirations

Topics to be focused:

- a) Region and the Nation
 - Indian Approach
 - Areas of Tension
 - Jammu and Kashmir
 - Roots of the Problem
 - External and Internal disputes
 - Politics since 1948
 - Insurgency and After
 - 2022 and Beyond
- b) Punjab
 - Political Context
 - Cycle of Violence
 - Road to Peace
- c) The Northeast
 - Demand for autonomy
 - Secessionist Movements
 - Movements against outsiders
 - · Assam and National Integration

Students will be able to:

- Discuss the implications of regional demands.
- Analyse the importance of integrity in India.
- Appreciate the initiatives taken by the government in dealing with regional aspirations

8. Recent Developments in Indian

Politics Topics to be focused

- a) Context of 1990s
- b) Era of Coalition
 - Alliance Politics
- c) Political rise if the Backward Classes
 - Mandal Implemented
 - Political Fallouts
- d) Communalism, Secularism and Democracy.
 - Ayodhya Dispute
 - Demolition and after
- e) Emergence of New Consensus
- f) Lok Sabha Elections 2004
- g) Growing Consensus

Students will be able to:

- Understand momentous changes taking place in the nation since 1989
- Trace the rise and growth of BJP.
- Identify the areas of growing consensus

Prescribed Books:

- Contemporary World Politics, Class XII, Published by NCERT
- 2. Politics in India since Independence, Class XII, Published by NCERT
- 3. Added Reference Material available with the document in the Annexure

Note: The above textbooks are also available in Hindi and Urdu Languages.

Question Paper Design Political Science Class XI-XII (2025-26)

S. No.	Competencies	Marks	Percentage
1	Knowledge and Remembering: Exhibit memory of previously learned material by recalling facts, terms, basic concepts.	22	27.5%
2	Understanding: Understanding of facts and ideas by organizing, comparing, explaining, describing, and stating main ideas.	24	30%
3	Applying: Solve problems by applying acquired knowledge, facts to interpret a situation/ cartoon/ clippings/ sources/ Map	22	27.5%
4	Analysis and Evaluation: Classify, compare, contrast, or differentiate between pieces of information; organise and/ or integrate from a variety of sources; Examine, synthesize information into parts and identify motives or causes. Make inferences and find evidence to support generalizations.	12	15%
		80	100%

Note: Competency based questions for the examinations to be conducted in the academic year 2025-26 will be 50% in class XII.

QUESTION PAPER DESIGN

Book	Objective Type 1(M)	SA Type I 2(M)	SA Type II (4M)	Passage/Map/ Cartoon based Questions(4M)	LA Type (6M)	Total Weightage
Contemporary World Politics	6	3	3	1	2	40
Politics in India since Independence	6	3	2	2	2	40
Project/Practical						20
Total No. of Marks and Questions	12	6	5	3	4	80+20

NOTE-

- Question paper will be in five parts (A, B, C, D & E). There will be an internal choice in Part C and Part-E.
- In order to assess different mental abilities of learners, question paper is likely to include questions based on passages, visuals such as maps, cartoons.
- Map question can be given from any lesson of Book 2 (Politics in India since Independence); but weightage of lessons should remain unaltered. The Maps available in the official websites of Govt of India may be used.
- Cartoon and passage-based questions can be asked from either textbook, but weightage of lessons should be maintained

CLASS XI &XII GUIDELINES FOR PROJECT WORK

Project Work: 20 Marks

Rationale

Political Science as a field of study in senior secondary classes enable students to get an exposure to political activities and processes that they are exposed to in everyday life. The study of political science has emerged as a multifaceted discipline, involving a contemporary interdisciplinary approaches and empirical framework, emphasizing more on field work rather than theoretical perceptions. The connect between government and citizen ensures the emergence of an active and reflective citizens and vibrant democracy. CBSE has therefore incorporated project work in Political Science to enable students to extend their interest beyond textbooks and provide them with a platform to gather information, value the decisions made to shape the community and visualise future course of action to be taken to ensure healthy democracy.

Objectives of project work

To enable learners to:

- probe deeper, initiate action and reflect on knowledge and skills acquired during the course of class XI and XII
- analyse and evaluate real world scenarios using social constructivism, a theory based on observation and scientific study
- become independent and empowered to choose their topic and gather data from a variety of source, investigate varied viewpoints acquired and arrive at logical deductions.
- enquire into, and reflect on, issues independently /in collaboration with others and identify the limitations
- develop 21st century skills of communication, cooperation, coordination, critical thinking, creativity and collaboration to produce an extended and independent work.

Role of the teacher

A teacher should:

- help each learner select the topic based on recently published extracts from the news media, government policies, RBI bulletin, NITI Aayog reports, IMF/World Bank reports etc., after detailed discussions and deliberations of the topic.
- play the role of a facilitator to support and monitor the project work of the learner through periodic discussions.
- guide the research work in terms of sources for the relevant data.
- ensure that students understand the relevance and usage of primary evidence and other sources in their projects

- ensure that students are able to derive a conclusion from the content; cite the limitations faced during the research and give appropriate references used in doing the research work
- educate learner about plagiarism and the importance of quoting the source of the information to ensure authenticity of research work

Project overview:

The Project work will be implemented for 20 Marks.

- Out of 20 marks, 10 marks are to be allotted to viva voce and 10 marks for project work.
- For class XII, the evaluation for 20 marks project work should be done jointly by the internal and external examiners and for class XI the evaluation can be done by the internal examiner.
- The project can be individual/pair/group of 4-5 each. The Project can be made on any of the topics given in the syllabus of a particular class or any contemporary issues.
- The project work can be culminated in the form of films, albums, songs, storytelling, debate, Role Play, Skit, Presentation, Model, Field Survey, Mock Drills/Mock Event etc.
- The teacher should give enough time for preparation of the Project Work. The topics for Project Work taken up by the student must be discussed by the teacher in classroom.
- Students can use primary sources available in city archives, Primary sources can also include newspaper cuttings, photographs, film footage and recorded written/speeches. Secondary sources may also be used after proper authentication.
- Viva-Voce
- At the end of the stipulated term, each learner will present the research work in the Project File to the External and Internal examiner.
- The questions should be asked from the Research Work/ Project File of the learner.
- The Internal Examiner should ensure that the study submitted by the learner is his/her original work.
- In case of any doubt, authenticity should be checked and verified

The marks will be allocated under the following heads:

S.No.	Components	Marks Allotted
1.	Introduction/Overview	2
2.	Variety Of Contents	3
3.	Presentation	3
4.	Conclusion	1
5.	Bibliography	1
6.	Viva-Voce	10
	TOTAL	20

Class XII: Assessment will be done by external examiner in coordination with internal examiner and the date of Project Assessment will be fixed by CBSE. The project reports are to be preserved by the school till the final results are declared, for scrutiny by the Board.

Class XI: Assessment will be done by internal examiner.

SUGGESTED TOPICS

CLASS XI

- Making of the Constitution.
- 2. Elections in India.
- 3. Working of the Indian Judiciary System.
- Social Justice: Are ethics followed in Indian Politics
- 5. Human Rights Act and its gratification in India.
- Political impact on Indian Legislation.

CLASSXII

- NAM- 1961 to present times.
- Division of Germany with special focus on the construction and dismantling of the Berlin Wall.
- CIS-Central Asian Republics
- Disintegration of USSR with special focus on Gorbachev.
- Arab Spring
- Cover the negative as well as positive aspects of relationship between India and the following countries.

Focus on any one of the following (current updates should be highlighted):

- a) Relationship between India and Russia
- b) Relationship between India and China
- c) Relationship between India and Pakistan
- d) Relationship between India and Bangladesh
- ASEAN
- European Union and BREXIT
- 9. BRICS
- 10. SAARC
- 11. India's Nuclear Policy
- 12. United Nations with focus on India's candidature in Security Council.
- 13. UN Agencies UNICEF, UNESCO, WHO
- Pandemics: Covid 19- Its global impact (focus on worldwide cooperation and preparedness along with controversies (please collect newspaper clippings for the same)
- 15. Partition of India-Theory behind it and its legacy
- Comparison between NITI AAYOG and Planning Commission and their contribution in India's Development.
- Election 2019- Rise of BJP and Downfall of Congress (1989-2019).
- 18. Imposition of Emergency in India
- NDA III and NDA IV Social and Economic welfare programmes.

COMPUTER SCIENCE (160) CLASS XI SYLLABUS (2025-26)

1. Learning Outcomes

Students should be able to:

- a) develop basic computational thinking
- b) explain and use data types
- c) appreciate the notion of algorithms
- d) develop a basic understanding of computer systems- architecture and operating system
- e) explain cyber ethics, cyber safety, and cybercrime
- f) understand the value of technology in societies along with consideration of gender and disability issues.

2. Distribution of Marks

Unit No.	Unit Name	Marks
1	Computer Systems and Organisation	10
2	Computational Thinking and Programming -1	45
3	Society, Law, and Ethics	15
	Total	70

3. Unit wise Syllabus

Unit 1: Computer Systems and Organisation

- Basic computer organisation: Introduction to Computer System, hardware, software, input device, output device, CPU, memory (primary, cache and secondary), units of memory (bit, byte, KB, MB, GB, TB, PB)
- Types of software: System software (Operating systems, system utilities, device drivers), programming tools and language translators (assembler, compiler, and interpreter), application software
- Operating System(OS): functions of the operating system, OS user interface
- Boolean logic: NOT, AND, OR, NAND, NOR, XOR, truth tables and De Morgan's laws, Logic circuits
- Number System: Binary, Octal, Decimal and Hexadecimal number system;

- conversion between number systems
- Encoding Schemes: ASCII, ISCII, and Unicode (UTF8, UTF32)

Unit 2: Computational Thinking and Programming - I

- Introduction to Problem-solving: Steps for Problem-solving (Analyzing the problem, developing an algorithm, coding, testing, and debugging), representation of algorithms using flowchart and pseudocode, decomposition
- Familiarization with the basics of Python programming: Introduction to Python, Features of Python, executing a simple "hello world" program, execution modes: interactive mode and script mode, Python character set, Python tokens(keyword, identifier, literal, operator, punctuator), variables, concept of I-value and r-value, use of comments
- Knowledge of data types: Number(integer, floating point,complex), boolean, sequence(string, list, tuple), None, Mapping(dictionary), mutable and immutable data types.
- Operators: arithmetic operators, relational operators, logical operators, assignment operators, augmented assignment operators, identity operators (is, is not), membership operators (in not in)
- Expressions, statement, type conversion, and input/output: precedence of operators, expression, evaluation of an expression, type-conversion (explicit and implicit conversion), accepting data as input from the console and displaying output.
- Errors- syntax errors, logical errors, and run-time errors
- Flow of Control: introduction, use of indentation, sequential flow, conditional and iterative flow
- Conditional statements: if, if-else, if-elif-else, flowcharts, simple programs: e.g.: absolute value, sort 3 numbers and divisibility of a number.
- Iterative Statement: for loop, range(), while loop, flowcharts, break and continue statements, nested loops, suggested programs: generating pattern, summation of series, finding the factorial of a positive number, etc.
- Strings: introduction, string operations (concatenation, repetition, membership and slicing), traversing a string using loops, built-in functions/methods—len(), capitalize(), title(), lower(), upper(), count(), find(), index(), endswith(), startswith(), isalnum(), isalpha(), isdigit(), islower(), isupper(), isspace(),lstrip(), rstrip(), strip(), replace(), join(), partition(), split()
- Lists: introduction, indexing, list operations (concatenation, repetition, membership
 and slicing), traversing a list using loops, built-in functions/methods—len(), list(),
 append(), extend(), insert(), count(), index(), remove(), pop(), reverse(), sort(),
 sorted(), min(), max(), sum(); nested lists, suggested programs: finding the
 maximum, minimum, mean of numeric values stored in a list; linear search on list
 of numbers and counting the frequency of elements in a list.
- Tuples: introduction, indexing, tuple operations (concatenation, repetition, membership and slicing); built-in functions/methods len(), tuple(), count(), index(), sorted(), min(), max(), sum(); tuple assignment, nested tuple; suggested programs: finding the minimum, maximum, mean of values stored in a tuple; linear

- search on a tuple of numbers, counting the frequency of elements in a tuple.
- Dictionary: introduction, accessing items in a dictionary using keys, mutability of a
 dictionary (adding a new term, modifying an existing item), traversing a dictionary,
 built-in functions/methods len(), dict(), keys(), values(), items(), get(), update(),
 del, clear(), fromkeys(), copy(), pop(), popitem(), setdefault(), max(), min(),
 sorted(); Suggested programs: count the number of times a character appears in a
 given string using a dictionary, create a dictionary with names of employees, their
 salary and access them.
- Introduction to Python modules: Importing module using 'import <module>' and using from statement, importing math module (pi, e, sqrt(), ceil(), floor(), pow(), fabs(), sin(), cos(), tan()); random module (random(), randint(), randrange()), statistics module (mean(), median(), mode()).

Unit 3: Society, Law and Ethics

- Digital Footprints
- Digital Society and Netizen: net etiquettes, communication etiquettes, social media etiquettes
- Data Protection: Intellectual property rights (copyright, patent, trademark), violation of IPR (plagiarism, copyright infringement, trademark infringement), open source software and licensing (Creative Commons, GPL and Apache)
- Cyber Crime: definition, hacking, eavesdropping, phishing and fraud emails, ransomware, cyber trolls, cyber bullying
- Cyber safety: safely browsing the web, identity protection, confidentiality
- Malware: viruses, trojans, adware
- E-waste management: proper disposal of used electronic gadgets.
- Information Technology Act (IT Act)
- Technology and society: Gender and disability issues while teaching and using computers

4. Practical

S.No.	Unit Name	Marks (Total=30)
1.	Lab Test (12 marks)	
	Python program (60% logic + 20% documentation + 20% code quality)	12
2.	Report File + Viva (10 marks)	1
	Report file: Minimum 20 Python programs	7
	Viva voce	3
3.	Project (that uses most of the concepts that have been learnt)	8

5. Suggested Practical List

Python Programming

- Input a welcome message and display it.
- Input two numbers and display the larger / smaller number.
- Input three numbers and display the largest / smallest number.
- Generate the following patterns using nested loops:

Pattem-1	Pattern-2	Pattern-3	
*	12345	Α	
**	1234	AB	
***	123	ABC	
***	12	ABCD	
****	1	ABCDE	

 Write a program to input the value of x and n and print the sum of the following series:

>
$$1 + x + x^{2} + x^{3} + x^{4} + \cdots x^{n}$$

> $1 - x + x^{2} - x^{3} + x^{4} - \cdots x^{n}$
> $x + \frac{x^{2}}{2} + \frac{x^{3}}{3} + \frac{x^{4}}{4} + \cdots \frac{x^{n}}{n}$
> $x + \frac{x^{2}}{2!} + \frac{x^{3}}{3!} + \frac{x^{4}}{4!} + \cdots \frac{x^{n}}{n!}$

- Determine whether a number is a perfect number, an Armstrong number or a palindrome.
- . Input a number and check if the number is a prime or composite number.
- Display the terms of a Fibonacci series.
- Compute the greatest common divisor and least common multiple of two integers.
- Count and display the number of vowels, consonants, uppercase, lowercase characters in string.
- Input a string and determine whether it is a palindrome or not; convert the case of characters in a string.
- · Find the largest/smallest number in a list/tuple
- Input a list of numbers and swap elements at the even location with the elements at the odd location.
- Input a list/tuple of elements, search for a given element in the list/tuple.
- Create a dictionary with the roll number, name and marks of n students in a class and display the names of students who have marks above 75.

6. Suggested Reading Material

- NCERT Textbook for Computer Science (Class XI)
- Support Material on CBSE website

COMPUTER SCIENCE (160) CLASS XII SYLLABUS (2025-26)

1. Prerequisites

Computer Science- Class XI

2. Learning Outcomes

Student should be able to

- a) apply the concept of function.
- b) explain and use the concept of file handling.
- c) use basic data structure: Stacks
- d) explain basics of computer networks.
- e) use Database concepts, SQL along with connectivity between Python and SQL.

3. Distribution of Marks:

Jnit No.	Unit Name	Marks
1	Computational Thinking and Programming — 2	40
2	Computer Networks	10
3	Database Management	20
	Total	70

4. Unit wise Syllabus

Unit 1: Computational Thinking and Programming - 2

- · Revision of Python topics covered in Class XI.
- Functions: types of function (built-in functions, functions defined in module, user defined functions), creating user defined function, arguments and parameters, default parameters, positional parameters, function returning value(s), flow of execution, scope of a variable (global scope, local scope)
- Exception Handling: Introduction, handling exceptions using try-except-finally blocks
- Introduction to files, types of files (Text file, Binary file, CSV file), relative and absolute paths

- Text file: opening a text file, text file open modes (r, r+, w, w+, a, a+), closing a text file, opening a file using with clause, writing/appending data to a text file using write() and writelines(), reading from a text file using read(), readline() and readlines(), seek and tell methods, manipulation of data in a text file
- Binary file: basic operations on a binary file: open using file open modes (rb, rb+, wb, wb+, ab, ab+), close a binary file, import pickle module, dump() and load() method, read, write/create, search, append and update operations in a binary file
- CSV file: import csv module, open / close csv file, write into a csv file using writer(),writerow(),writerows() and read from a csv file using reader()
- Data Structure: Stack, operations on stack (push & pop), implementation of stack using list.

Unit 2: Computer Networks

- Evolution of networking: introduction to computer networks, evolution of networking (ARPANET, NSFNET, INTERNET)
- Data communication terminologies: concept of communication, components of data communication (sender,receiver, message, communication media, protocols), measuring capacity of communication media (bandwidth, data transfer rate), IP address, switching techniques (Circuit switching, Packet switching)
- Transmission media: Wired communication media (Twisted pair cable, Co-axial cable, Fiber-optic cable), Wireless media (Radio waves, Micro waves, Infrared waves)
- Network devices (Modem, Ethernet card, RJ45, Repeater, Hub, Switch, Router, Gateway, WIFI card)
- Network topologies and Network types: types of networks (PAN, LAN, MAN, WAN), networking topologies (Bus, Star, Tree)
- Network protocol: HTTP, FTP, PPP, SMTP, TCP/IP, POP3, HTTPS, TELNET, VoIP
- Introduction to web services: WWW, Hyper Text Markup Language (HTML), Extensible Markup Language (XML), domain names, URL, website, web browser, web servers, web hosting

Unit 3: Database Management

- Database concepts: introduction to database concepts and its need
- Relational data model: relation, attribute, tuple, domain, degree, cardinality, keys (candidate key, primary key, alternate key, foreign key)
- Structured Query Language: introduction, Data Definition Language and Data Manipulation Language, data type (char(n), varchar(n), int, float, date), constraints (not null, unique, primary key), create database, use database, show databases, drop database, show tables, create table, describe table, alter table (add and remove an attribute, add and remove primary key), drop table, insert, delete, select, operators (mathematical, relational and logical), aliasing, distinct clause, where clause, in, between, order by, meaning of null, is null, is not null, like, update command, delete command, aggregate functions (max, min, avg, sum, count), group by, having clause, joins: cartesian product on two tables, equi-join and natural join
- Interface of python with an SQL database: connecting SQL with Python, performing

insert, update, delete queries using cursor, display data by using connect(), cursor(), execute(), commit(), fetchone(), fetchall(), rowcount, creating database connectivity applications, use of %s format specifier or format() to perform queries

5. Practical

Lab Test: 1. Python program (60% logic + 20%	
documentation + 20% code quality)	8
SQL queries (4 queries based on one or two tables)	4
Report file: Minimum 15 Python programs. SQL Queries – Minimum 5 sets using one table / two tables. Minimum 4 programs based on Python — SQL connectivity	7
Project (using concepts learnt in Classes 11 and 12)	8
Viva voce	3
	2. SQL queries (4 queries based on one or two tables) Report file: • Minimum 15 Python programs. • SQL Queries – Minimum 5 sets using one table / two tables. • Minimum 4 programs based on Python — SQL connectivity Project (using concepts learnt in Classes 11 and 12)

6. Suggested Practical List:

Python Programming

- . Read a text file line by line and display each word separated by a #.
- Read a text file and display the number of vowels/consonants/uppercase/lowercase characters in the file.
- Remove all the lines that contain the character 'a' in a file and write it to another file.
- Create a binary file with name and roll number. Search for a given roll number and display the name, if not found display appropriate message.
- Create a binary file with roll number, name and marks. Input a roll number and update the marks.
- Write a random number generator that generates random numbers between 1 and 6 (simulates a dice).
- Write a Python program to implement a stack using list.
- Create a CSV file by entering user-id and password, read and search the password for given userid.

Database Management

- Create a student table and insert data. Implement the following SQL commands on the student table:
 - o ALTER table to add new attributes / modify data type / drop attribute
 - o UPDATE table to modify data
 - o ORDER By to display data in ascending / descending order
 - o DELETE to remove tuple(s)
 - o GROUP BY and find the min, max, sum, count and average
- Similar exercise may be framed for other cases.
- Integrate SQL with Python by importing suitable module.

7. Suggested Reading Material

- NCERT Textbook for COMPUTER SCIENCE (Class XII)
- Support Materials on the CBSE website.

8. Project

The aim of the class project is to create something that is tangible and useful using Python file handling/ Python-SQL connectivity. This should be done in groups of two to three students and should be started by students at least 6 months before the submission deadline. The aim here is to find a real world problem that is worthwhile to solve

Students are encouraged to visit local businesses and ask them about the problems that they are facing. For example, if a business is finding it hard to create invoices for filing GST claims, then students can do a project that takes the raw data (list of transactions), groups the transactions by category, accounts for the GST tax rates, and creates invoices in the appropriate format. Students can be extremely creative here. They can use a wide variety of Python libraries to create user friendly applications such as games, software for their school, software for their disabled fellow students, and mobile applications, of course to do some of these projects, some additional learning is required; this should be encouraged. Students should know how to teach themselves.

The students should be sensitized to avoid plagiarism and violations of copyright issues while working on projects. Teachers should take necessary measures for this.

PSYCHOLOGY (147) CLASS XI (THEORY) SYLLABUS (2025-26)

Theory Paper

Time: 3 Hours Marks: 70

Units	Topics	Marks
1	Understanding Psychology	11
H	Methods of Enquiry in Psychology	13
III	Human Development	11
IV	Sensory, Attentional and Perceptual Processes	8
V	Learning	9
VI	Human Memory	8
VII	Thinking	5
VIII	Motivation and Emotion	5
	Total	70

COURSE STRUCTURE

	Name of the Units
Unit I	Understanding Psychology
	The topics in this unit are:
	1. Introduction
	Nature of Psychology:
	 Psychology as a Discipline
	 Psychology as a Natural Science
	 Psychology as a Social Science
	Understanding Mind and Behaviour
	 Popular Notions about the Discipline of Psychology
	Evolution of Psychology
	Development of Psychology in India
	7. Branches of Psychology
	Psychology and Other Disciplines
	Psychology in Everyday Life
Unit II	Methods of Enquiry in Psychology
	The topics in this unit are:
	1. Introduction
	Goals of Psychological Enquiry
	Steps in Conducting Scientific Research
	Alternative Paradigms of Research
	Nature of Psychological Data

- 4. Some Important Methods in Psychology
 - Observational Method
 - Experimental Method
 - Correlational Research
 - Survey Research
 - Psychological Testing
 - Case Study
- 5. Analysis of Data
 - Quantitative Method
 - Qualitative Method
- 6. Limitations of Psychological Enquiry
- Ethical Issues

Unit III Human Development

The topics in this unit are:

- 1. Introduction
- 2. Meaning of Development
 - · Life-Span Perspective on Development
- 3. Factors Influencing Development
- 4. Context of Development
- 5. Overview of Developmental Stages
 - Prenatal Stage
 - Infancy
 - Childhood
 - Challenges of Adolescence
 - Adulthood and Old Age

Unit IV Sensory, Attentional and Perceptual Processes

The topics in this unit are:

- 1. Introduction
- Knowing the world
- 3. Nature and varieties of Stimulus
- 4. Sense Modalities
 - · Functional limitation of sense organs
- Attentional Processes
 - · Selective Attention
 - Sustained Attention
- Perceptual Processes
 - Processing Approaches in Perception
- The Perceiver
- 8. Principles of Perceptual Organisation

	f				
	Perception of Space, Depth and Distance Managed Space, Depth and Distance				
	Monocular Cues and Binocular Cues				
	10. Perceptual Constancies				
	11. Illusions				
	12. Socio-Cultural Influences on Perception				
Unit V	Learning				
	The topics in this unit are:				
	1. Introduction				
	Nature of Learning				
	Paradigms of Learning				
	Classical Conditioning				
	 Determinants of Classical Conditioning 				
	Operant/Instrumental Conditioning				
	 Determinants of Operant Conditioning 				
	Key Learning Processes				
	Observational Learning				
	7. Cognitive Learning				
	Verbal Learning				
	9. Skill Learning				
	10. Factors Facilitating Learning				
	11. Learning Disabilities				
Unit VI	Human Memory				
	The topics in this unit are:				
	1. Introduction				
	2. Nature of memory				
	3. Information Processing Approach : The Stage Model				
	Memory Systems : Sensory, Short-term and Long-term Memories				
	Levels of Processing				
	6. Types of Long-term Memory				
	 Declarative and Procedural; Episodic and Semantic 				
	7. Nature and Causes of Forgetting				
	 Forgetting due to Trace Decay, Interference and Retrieval Failure 				
	8. Enhancing Memory				
	 Mnemonics using Images and Organisation 				
Unit VII	Thinking				
	The topics in this unit are:				
	1. Introduction				
	2. Nature of Thinking				

- · Building Blocks of Thought
- 3. The Processes of Thinking
- 4. Problem Solving
- Reasoning
- 6. Decision-making
- 7. Nature and Process of Creative Thinking
 - Nature of Creative Thinking
 - · Process and strategies of Creative Thinking
- 8. Thought and Language
- 9. Development of Language and Language Use

Unit VIII Motivation and Emotion

The topics in this unit are:

- 1. Introduction
- 2. Nature of Motivation
- 3. Types of Motives
 - Biological Motives
 - Psychosocial Motives
- 4. Maslow's Hierarchy of Needs
- Nature of Emotions
- 6. Expression of Emotions
 - Culture and Emotional Expression
 - Culture and Emotional Labeling
- 7. Managing Negative Emotions
- 8. Enhancing Positive Emotions

Practical (Projects/small study, experiments, etc.)

30 marks

The students shall be required to undertake *one project /small study and conduct two experiments*. The project/small study would involve the use of different methods of enquiry like observation, survey, interview, questionnaire related to the following topics:

- Bullying/Cyberbullying
- Mental health and wellbeing
- Impact of social media on the youth today
- Altruism and its impact on wellbeing
- Peer Pressure
- Anger management
- Sleep Hygiene
- · Changing Gender roles and stereotypes
- Cooperation and Competition
- Compliance and Obedience

You may also choose to do a project on any topic covered in the course (e.g., Human development, Learning, Memory, Motivation, Perception, Attention and Thinking). Experiments could focus on cause-and-effect relationships.

Practical Examination

Total		30 Marks
•	One experiment (05 marks for conduction of experiment and 10 marks for reporting)	15 Marks
•	Viva Voce (Project and experiment)	05 Marks
•	Project File	05 Marks
٠	Practical (Experiments) file	05 Marks

Question Paper Design Psychology Class XI (2025-26)

QUESTION PAPER DESIGN CLASS -XI (2025-26)

I. Theory: 70 Marks

Time	: 3 Hours	Maximum Marks: 70		
S. No.	Competencies	Total Marks	% Weightage	
1	Remembering and Understanding: Exhibiting memory of previously learned material by recalling facts, terms, basic concepts, and answers; Demonstrating understanding of facts and ideas by organizing, comparing, translating, interpreting, giving descriptions and stating main ideas	35	50%	
2	Applying: Solving problems to new situations by applying acquired knowledge, facts, techniques and rules in a different way	25	35%	
3	Formulating, Analysing, Evaluating and Creating: Examining and breaking information into parts by identifying motives or causes; Making inferences and finding evidence to support generalizations; Presenting and defending opinions by making judgments about information, validity of ideas, or quality of work based on a set of criteria; Compiling information together in a different way by combining elements in a new pattern or proposing alternative solutions	10	15%	
	Total	70	100%	

II. Practical: 30 Marks

PSYCHOLOGY (147) CLASS XII (THEORY) SYLLABUS (2025-26)

Theory Paper

Time: 3 Hours Marks: 70

Units	Topics	Marks
I	Variations in Psychological Attributes	13
II	Self and Personality	13
Ш	Meeting Life Challenges	9
IV	Psychological Disorders	12
V	Therapeutic Approaches	9
VI	Attitude and Social Cognition	8
VII	Social Influence and Group Processes	6
	Total	70

COURSE CONTENT

Unit I	Variations in Psychological Attributes			
	The topics in this unit are:			
	1. Introduction			
	Individual Differences in Human Functioning			
	Assessment of Psychological Attributes			
	4. Intelligence			
	 Psychometric Theories of Intelligence, Information Processing Theory: Planning, Attention-arousal and Simultaneous successive Model of Intelligence, Triarchic Theory of Intelligence; Theory of Multiple Intelligences. Individual Differences in Intelligence Culture and Intelligence Emotional Intelligence 			
	Special Abilities: Aptitude: Nature and Measurement			
	10. Creativity			
Unit II	Self and Personality			
	The topics in this unit are:			
	1. Introduction			
	2. Self and Personality			
	3. Concept of Self			
	Cognitive and Behavioural aspects of Self			
	5. Culture and Self			
	6. Concept of Personality			
	Major Approaches to the Study of Personality			

- · Type Approaches
- Trait Approaches
- · Psychodynamic Approach and Post Freudian Approaches
- Behavioural Approach
- Cultural Approach
- Humanistic Approach
- 8. Assessment of Personality
 - Self-report Measures
 - Projective Techniques
 - Behavioural Analysis

Unit III

Meeting Life Challenges

The topics in this unit are:

- 1. Introduction
- 2. Nature, Types and Sources of Stress
- 3. Effects of Stress on Psychological Functioning and Health
 - · Stress and Health
 - General Adaptation Syndrome
 - · Stress and Immune System
 - Lifestyle
- 4. Coping with Stress
 - Stress Management Techniques
- 5. Promoting Positive Health and Well-being
 - Life Skills
 - Positive Health

Unit IV

Psychological Disorders

The topics in this unit are:

- 1. Introduction
- 2. Concepts of Abnormality and Psychological Disorders
 - Historical Background
- 3. Classification of Psychological Disorders
- 4. Factors Underlying Abnormal Behaviour
- Major Psychological Disorders
 - Anxiety Disorders
 - Obsessive-Compulsive and Related Disorders
 - Trauma-and Stressor-Related Disorders
 - Somatic Symptom and Related Disorders
 - Dissociative Disorders
 - Depressive Disorder
 - · Bipolar and Related Disorders

	 Schizophrenia Spectrum and Other Psychotic Disorders 					
	Neurodevelopmental Disorders					
	Disruptive, Impulse-Control and Conduct Disorders					
	Feeding and Eating Disorders					
	Substance Related and Addictive Disorders					
Unit V	Therapeutic Approaches					
	The topics in this unit are:					
	Nature and Process of psychotherapy					
	Therapeutic relationship					
	2. Types of Therapies					
	Behaviour Therapy					
	Cognitive Therapy					
	Humanistic-Existential Therapy					
	Alternative Therapies					
	Factors contributing to healing in Psychotherapy					
	Ethics in Psychotherapy					
	Rehabilitation of the Mentally III					
Unit VI	Attitude and Social Cognition					
	The topics in this unit are:					
	1. Introduction					
	Explaining Social Behaviour					
	Nature and Components of Attitudes					
	Attitude Formation and Change					
	Attitude Formation					
	Attitude Change					
	Attitude-Behaviour Relationship					
	Prejudice and Discrimination					
	Strategies for Handling Prejudice					
Unit	Social Influence and Group Processes					
VII	The topics in this unit are:					
	1. Introduction					
	Nature and Formation of Groups					
	Type of Groups					
	Influence of Group on Individual Behaviour					
	Social Loafing					
	Group Polarisation					
I .						

Practical 30 Marks

A. Development of case profile:

Using appropriate methods like interview, observation & psychological tests.

- B. Test administration:
 - Students are required to administer and interpret five psychological tests related to various psychological attributes like intelligence, aptitude, attitude, personality, etc.
- C. In the Practical examination, the student will be required to administer and interpret two psychological tests.

Distribution of Marks:

Total		30 Marks
•	Two tests (5 marks for conducting the tests and 10 marks for reporting)	15 Marks
•	Viva Voce (Case Profile & Two psychological tests)	05 Marks
•	Practical File and Case Profile	10 Marks

Question Paper Design Psychology Class XII (2025-26)

I. Theory: 70 Marks

Time	: 3 Hours	Maximu	m Marks: 70
S. No.	Competencies	Total Marks	% Weightage
1	Remembering and Understanding: Exhibiting memory of previously learned material by recalling facts, terms, basic concepts, and answers; Demonstrating understanding of facts and ideas by organizing, comparing, translating, interpreting, giving descriptions and stating main ideas	35	50%
2	Applying: Solving problems to new situations by applying acquired knowledge, facts, techniques and rules in a different way	25	35%
3	Formulating, Analysing, Evaluating and Creating: Examining and breaking information into parts by identifying motives or causes; Making inferences and finding evidence to support generalizations; Presenting and defending opinions by making judgments about information, validity of	10	15%

ideas, or quality of work based on a set of criteria; Compiling information together in a different way by combining elements in a new pattern or proposing alternative solutions		
Total	70	100%

II. Practical: 30 Marks

Prescribed Books:

- 1. Psychology, Class XI, Published by NCERT
- 2. Psychology, Class XII, Published by NCERT

Note: The above textbooks are also available in Hindi medium.

PHYSICAL EDUCATION (153) CLASS XI (THEORY) SYLLABUS (2025-26)

UNIT NO.	UNIT NAME	THE WEIGHTAGE (MARKS) ALLOTTED
UNIT 1	Changing Trends & Career in Physical Education	04 + 04b*
UNIT 2	Olympic Value Education	05
UNIT 3	Yoga	06+01b*
UNIT 4	Physical Education & Sports for CWSN	04+03b*
UNIT 5	Physical Fitness, Wellness	05
UNIT 6	Test, Measurements & Evaluation	08
UNIT 7	Fundamentals of Anatomy and Physiology in Sports	08
UNIT 8		04+04 <i>b</i> *
UNIT 9	The state of the s	07
UNIT 10	Training & Doping in Sports	07
PRACTICAL (LAB)#	Including 3 Practical	30
TOTAL	Theory 10 + Practical 3	Theory 70 + Practical 30 = 100

Note: b*are the Concept based questions like Tactile diagram/data interpretation/ case base study for visually Impaired Child.

CLASS XI COURSE CONTEMT

Unit Name &	Specific	Suggested	Learning Outcomes with
			specific Competencies
Topico			specific competencies
and sports equipment, technological	To make the students understand the meaning, aims, and objectives of Physical Education. To Teach students about the developmen t of physical education in India after Independen ce. To educate students about the development of sports about the development of sports surfaces, wearable gear, sports equipment, and technology. To make students know the different	Lecture-based instruction, Technolo gy-based learning, Group learning, Individual learning, Inquiry-based learning, Kinesthetic learning, Game-based learning and Expeditionary learning.	After completing the unit, the students will be able to: Recognize the concept, aim, and objectives of Physical Education. Identify the Post-independence development in Physical Education. Categorize Changing Trends in Sports-playing surface, wearable gear, sports equipment, technological Explore different career options in the field of Physical Education. Make out the development of Khelo India and Fit India Program.
	Trends and Careers in Physical Education 1. Concept, Aims & Objectives of Physical Education 2. Developmen t of Physical Education in India – Post Independenc e 3. Changing Trends in Sports- playing surface, wearable gear and sports equipment, technological advancements 4. Career options in Physical Education 5. Khelo-India Program and Fit – India	Changing Trends and Careers in Physical Education 1. Concept, Aims & Objectives of Physical Education 2. Developmen t of Physical Education in India – Post Independenc e 3. Changing Trends in Sports- playing surface, wearable gear and sports equipment, technological advancements 4. Career options in Physical Education 5. Khelo-India Program 6. To make the students understand the meaning, aims, and objectives of Physical Education. • To Teach students about the developmen t of physical education in India after Independen ce. • To educate students about the development of sports surfaces, wearable gear, sports equipment, and technology. • To make students ro physical education in India after Independen ce. • To educate students about the development of sports surfaces, wearable gear, sports equipment, and technology. • To make students ro physical education in India after Independen ce. • To educate students about the development of sports surfaces, wearable gear, sports equipment, and technology. • To make students ro physical education.	Changing Trends and Careers in Physical Education 1. Concept, Aims & Objectives of Physical Education 2. Developmen t of Physical Education in India – Post Independenc e Independenc e Sports-playing surface, wearable gear and sports equipment, technological advancements 1. Career options in Physical Education 1. Changing Trends in Sports-playing surface, wearable gear and sports equipment, technological advancements 1. Career options in Physical Education 1. Program 1. Changing Trends in Sports-playing surface, wearable gear and sports equipment, technological advancements 1. Career options in Physical Education 1. Career options available in the field. 1. Career options available in the field instruction, 1. Career options in instruction, 2. Career options and the meaning, 3. Careation in India after India

Unit Olympism Value Education

- Olympism Concept and Olympics Values (Excellence, Friendship & Respect)
- 2. Olympic
 Value
 Education –
 Joy of Effort,
 Fair Play,
 Respect for
 Others,
 Pursuit of
 Excellence,
 Balance
 Among
 Body, Will &
 Mind
- Ancient and Modern Olympics
- Olympics -Symbols, Motto, Flag, Oath, and Anthem
- Olympic Movement Structure -IOC, NOC, IFS, Other members

- To make the students aware of Concepts and Olympics Values (Excellence, Friendship & Respect)
- To make students learn about Olympic Value Education Joy of Effort, Fair Play, Respect for Others, Pursuit of Excellence, Balance Among Body, Will & Mind
- To make students understand ancient and modern Olympic games.
- To make the students aware of Olympics -Symbols, Motto, Flag, Oath, and Anthem
- To make students learn about the working and functioning of IOC, NOC and IFS, and other members.

- Lecture-based instruction.
- Technologybased learning,
- Group learning,
- Individual learning,
- Inquiry-based learning,
- Kinesthetic learning,
- Game-based learning and
- Expeditionary learning.

After completing the unit, the students will be able to:

- Incorporate values of Olympism in your life.
- Differentiate between Modern and Ancient Olympic Games, Paralympics, and Special Olympic games
- Olympic Symbol and Ideals
- Describe the structure of the Olympic movement structure

Unit 3	Yoga Meaning and importance of Yoga Introduction to Astanga Yoga Yogic Kriyas (Shat Karma) Pranayama and its types. Active Lifestyle and stress management through Yoga	To make the students aware of the meaning and importance of yoga To make them learn about Astanga yoga. To teach students about yogic kriya, specially shat karmas. To make the learn and practice types of Pran To make them learn the importance of yoga in stress management.	Lecture-based instruction, Technology-based learning, Group learning, Individual learning, Inquiry-based learning, Kinesthetic learning, Game-based learning and Expeditionary learning.	After completing the unit, the students will be able to: Recognize the concept of yoga and be aware of the importance; of it Identify the elements of yoga Identify the Asanas, Pranayama's, meditation, and yogic kriyas Classify various yogic activities for the enhancement of concentration Know about relaxation technique s for improving concentration
Unit 4	Physical Education and Sports for Children with Special Needs 1. Concept of Disability and Disorder 2. Types of Disability, its causes & nature (Intellectual disability, Physical disability).	 To make the students aware concept of Disability and Disorder. To make students aware of different types of disabilities. To make students learn about Disability Etiquette 	Lecture-based instruction, Technology-based learning, Group learning, Individual learning, Inquiry-based learning, Kinesthetic learning, Game-based learning and Expeditionary learning.	After completing the unit, the students will be able to: Identify the concept of Disability and Disorder. Outline types of disability and describe their causes and nature. Adhere to

	3. Disability Etiquette 4. Aim and objectives of Adaptive physical Education 5. Role of various professionals for children with special needs (Counselor, Occupational Therapist, Physiotherapi st, Physical Education Teacher, Speech Therapist, and Special Educator)	To make the students Understand the aims and objectives Adaptive Physical Education To make students aware of role of various professionals for children with special needs.		and respect children with special needs by following etiquettes. Identify possibilities and scope in adaptive physical education Relate various types of professional support for children with special needs along with their roles and responsibilitie s.
Unit 5	Physical Fitness, Wellness, and Lifestyle 1. Meaning & importance of Wellness, Health, and Physical Fitness. 2. Components/ Dimensions of Wellness, Health, and Physical Fitness 3. Traditional	students understand the Meaning & importance of Wellness, Health, and Physical Fitness To make students aware of the Components/ Dimensions of Wellness, Health, and Physical Fitness To make students	Lecture-based instruction, Technology-based learning, Group learning, Individual learning, Inquiry-based learning, Kinesthetic learning, Game-based learning and Expeditionary learning.	After completing the unit, the students will be able to: • Explain wellness and its importance and define the components of wellness. • Classify physical fitness and recognize its importance in life.
	Sports & Regional Games for	learn Traditional Sports & Regional Games to		between skill- related and health-related

	promoting wellness 4. Leadership through Physical Activity and Sports 5. Introduction to First Aid – PRICE	To develop Leadership qualities through Physical Activity and Sports in students To make students learn First Aid and its management skills		components of physical fitness. Illustrate traditional sports and regional games to promote wellness. Relate leadership through physical activity and sports Illustrate the different steps used in first aid - PRICE.
Unit 6	Test, Measurement & Evaluation 1. Define Test, Measureme nts and Evaluation. 2. Importance of Test, Measurem ents and Evaluation in Sports. 3. Calculation of BMI, Waist – Hip Ratio, Skin fold measuremen t (3-site) 4. Somato Types (Endomorphy Mesomorphy & Ectomorphy	To Introduce the students with the terms like test, measurement and evaluation along with its importance To Introducing them the methods of calculating BMI, Waist-hip ratio and Skin fold measurement. To make the students aware of the different somatotypes. To make the students learn the method to measure health-related fitness.	Lecture-based instruction, Technology-based learning, Group learning, Individual learning, Inquiry-based learning, Kinesthetic learning, Game-based learning and Expeditionary learning.	After completing the unit, the student s will be able to: Define the terms test, measurement, and evaluation, Differentiate norm and criterion referenced standards, Differentiate formative and summative evaluation, Discuss the importance of measurement and evaluation processes,
	I		1	 Understand

5. Measuremen ts of health- related fitness			BMI: A popular clinical standard and its computation • Differentiate between Endomorphy, Mesomorphy & Ectomorphy h describe the procedure of Anthropometric Measurement
Unit 7 Fundamentals of Anatomy, Physiology in Sports 1. Definition and importance of Anatomy and Physiology in Exercise and Sports. 2. Functions of Skeletal System, Classification of Bones, and Types of Joints. 3. Properties and Functions of Muscles. 4. Structure and Functions of Circulatory System and Heart. 5. Structure and Functions of Respiratory System.	The students will learn the meaning and definition & identify the importance of anatomy, physiology, and kinesiology. Students will understand the main functions and Classification of Bone and the Types of Joints. The students will learn the Properties and Functions of Muscles. The students will learn the Structure and Functions of the Circulatory System and Heart. The students will learn the Structure and Functions of the Circulatory System and Heart.	Lecture-based instruction, Technology-based learning, Group learning, Individual learning, Inquiry-based learning, Kinesthetic learning, Game - based learning and Expeditionary learning.	After completing the unit, the students will be able to: Identify the importance of anatomy and physiology. Recognize the functions of the skeleton. Understand the functions of bones and identify various types of joints. Figure out the properties and functions of muscles and understand how they work. Understand the anatomy of the respiratory system and describe it's working. Identify and analyses the layout and functions of Circulatory System.

Unit 8	Fundamentals Of Kinesiology And Biomechanics in Sports 1. Definition and Importance of Kinesiology and Biomechanic s in Sports. 2. Principles of Biomechanic s 3. Kinetics and Kinematics in Sports 4. Types of Body Movements - Flexion, Extension, Abduction, Adduction, Rotation, Circumductio n, Supination & Pronation 5. Axis and Planes - Concept and its application in body movements	The students will learn the meaning and definition & identify the importance of Kinesiology and Biomechanics in sports. To make the students learn the principles of biomechanics To make the students understand the concept of Kinetics and Kinematics in Sports To make the students learn about different types of body movements. To make the students understand the concept of Axis and Planes and its application in body movements.	Lecture-based instruction, Technology-based learning, Group learning Individual learning, Inquiry-based learning, Kinesthetic learning, Game-based learning and Expeditionary learning.	After completing the unit, the students will be able to: • Understand Kinesiology and Biomechanics with their application in sports • Explain biomechanical principles and their utilization in sports and physical education. • Illustrate fundamental body movements and their basic patterns. • Learn about the Axis and Planes and their application with body movements
Unit 9	Psychology and Sports 1. Definition & Importance of Psychology in Physical Education & Sports; 2. Develop-	The students will identify the definition and importance of Psychology in Physical Education and sports. The students will	Lecture-based instruction, Technology-based learning, Group learning, Individual learning,	After completing the unit, the students will be able to: Identify the role of Psychology in Physical Education and Sports

	mental Characteristics at Different Stages of Development. 3. Adolescent Problems & their Manageme nt; 4. Team Cohesion and Sports; 5. Introduction to Psychological Attributes: Attention, Resilience, Mental Toughness	be able to differentiate characteristics of growth and development at different stages. - Students will be able to identify the issues and management related to adolescents The students will be able to understand the importance of team cohesion in sports Students will distinguish different Psychological Attributes like Attention, Resilience, and Mental Toughness.	Inquiry-based learning, Kinesthetic learning, Game-based learning and Expeditionary learning	Differentiate characteristics of growth and development at different stages. Explain the issues related to adolescent behavior and Team Cohesion in Sports Correlate the psychological concepts with the sports and athlete specific situations
Unit 10	Training & Doping in Sports 1. Concept and Principles of Sports Training 2. Training Load: Over Load, Adaptation, and Recovery 3. Warming-up & Limbering Down – Types, Method & Importance. 4. Concept of Skill, Technique, Tactics &	To make the students aware about of concepts and principles of sports training. To make students learn and understand the Training Load, Over Load, Adaptation, and Recovery concepts. To make students Understand the importance of warning up and limbering down exercises. To introduce the terms like Skills, Techniques, Tactics, and Strategies to the	Lecture-based instruction, Technology-based learning, Group learning, Individual learning, Inquiry-based learning, Kinesthetic learning, Game-based learning and Expeditionary learning	After completing the unit, the students will be able to: • Understand the concept and principles of sports training. • Summarise training load and its concept. • Understand the concept of warming up & limbering down in sports training and their types, method & importance.

5.	Strategies Concept of	students.	Acquire the ability to differentiate
5.	Doping and its disadvantage s	To make students aware of the doping substances and their disadvantages in sports.	between the skill, technique, tactics & strategies in sports training
			 Interpret concept of doping.

GUIDELINES FOR INTERNAL ASSESSMENT

(PRACTICAL/ PROJECTS ETC.)

PRACTICAL (Max. Marks 30)				
Physical Fitness Test: SAI Khelo India Test, Brockport Physical Fitness Test (BPFT)*	6 Marks			
Proficiency in Games and Sports (Skill of any one IOA recognized Sport/Game of Choice)**	7 Marks			
Yogic Practices	7 Marks			
Record File ***	5 Marks			
Viva Voce (Health/ Games & Sports/ Yoga)	5 Marks			
1 December 1 Communication and Communication and Communication of the Communication of Comm				

- *Test for CWSN (any 4 items out of 27 items. One item from each component: Aerobic Function, Body Composition, Muscular strength & Endurance, Range of Motion or Flexibility)
- **CWSN (Children with Special Needs Divyang): Bocce/ Boccia, Sitting Volleyball, Wheel Chair Basketball, Unified Badminton, Unified Basketball, Unified Football, Blind Cricket, Goalball, Floorball, Wheel Chair Races and Throws, or any other Sport/Game of choice.
- **Children with Special Needs can also opt any one Sport/Game from the list as alternative to Yogic Practices. However, the Sport/ Game must be different from Test -'Proficiency in Games and Sports'
 - ***Record File shall include:
- Practical-1: Fitness tests administration. (SAI Khelo India Test)
- Practical-2: Procedure for Asanas, Benefits & Contraindication for any two Asanas for each lifestyle disease.
- Practical-3: Anyone one IOA recognized Sport/Game of choice. Labelled diagram of Field & Equipment. Also mention its Rules, Terminologies & Skills.

PHYSICAL EDUCATION (153) CLASS XII (THEORY) SYLLABUS (2025-26)

UNIT NO.	UNIT NAME	THE WEIGHTAGE (MARKS) ALLOTTED
UNIT 1	Management of Sporting Events	05 + 04b*
UNIT 2	Children and Women in Sports	07
UNIT 3	Yoga as Preventive measure for Lifestyle Disease	06+01 b*
UNIT 4	Physical Education & Sports for (CWSN)	04+04 b*
UNIT 5	Sports & Nutrition	07
UNIT 6	Test and Measurement in Sports	08
UNIT 7	Physiology & Injuries in Sport	04+04 b*
UNIT 8	Biomechanics and Sports	10
UNIT 9	Psychology and Sports	07
UNIT 10	Training in Sports	09
PRACTICAL (LAB)#	Including 3 Practical	30
TOTAL	Theory 10 + Practical 3	Theory 70 + Practical 30 = 100

Note: b*are the Concept based questions like Tactile diagram/data interpretation/case base study for visually Impaired Child

CLASS XII COURSE CONTENT

Unit No.	Unit Name & Topics	Specific Learning Objectives	Suggested Teaching Learning process	Learning Outcomes with specific competencies
Unit 1	Management of Sporting Events 1. Functions of Sports Events Management (Planning, Organising, Staffing, Directing & Controlling) 2. Various Committees & their Responsibilities (pre; during & post) 3. Fixtures and their Procedures – Knock- Out (Bye & Seeding) & League (Staircase, Cyclic, Tabular method) and Combination tournaments 4. Intramural & Extramural tournaments – Meaning, Objectives & Its Significance 5. Community sports program (Sports Day, Health Run, Run for Fun, Run for Specific Cause & Run for Unity)	about the different types	Lecture-based instruction, Technology-based learning, Group learning, Individual learning, Inquiry-based learning, Kinesthetic learning, Game-based learning and Expeditionary learning.	After completing the unit, the students will be able to: * Describe the functions of Sports Event management * Classify the committees and their responsibilities in the sports event * Differentiate the different types of tournaments. * Prepare fixtures of knockout, league & combination. * Distinguish between intramural and extramural sports events * Design and prepare different types of community

Unit Children & Women in Sports

- Exercise guidelines of WHO for different age groups.
- Common postural deformities-knock knees, flat foot, round shoulders, Lordosis, Kyphosis, Scoliosis, and bow legs and their respective corrective measures.
- Women's participation in Sports-Physical, Psychological , and social benefits.
- Special consideration (menarche and menstrual dysfunction)
- Female athlete triad (osteoporosis, amenorrhea, eating disorders

- To make students understand the exercise guidelines of WHO for different age groups
- To make students aware of the common postural deformities
- To make students aware of women's sports participation in India and about the special conditions of women
- To make students understand menarche and menstrual dysfunction among women athletes.
- To make them understand about female athlete triad.

- Lecture-based instruction.
- Technologybased learning,
- Group learning,
- Individual learning,
- Inquiry-based learning,
- Kinesthetic learning,
- Game-based learning and
- Expeditionary learning

After completing the unit, the students will be able to:

- Differentiate exercise guidelines for different stages of growth and development.
- Classify common postural deformities and identify corrective measures.
- Recognize the role and importance of sports participation of women in India.
- Identify special considerations relate to menarche and menstrual dysfunction.
- Express female athlete triad according to eating disorders

Unit Yoga as Preventive measure for Lifestyle Disease

- 1. Obesity: Procedure, Benefits & Contraindicati ons for Tadasana. Katichakrasan Pavanmuktas ana. Matsayasana, Halasana, **Pachimottans** ana, Ardha -Matsyendrasa na. Dhanurasana, Ushtrasana, Suryabedhan pranayama 2. Diabetes:.
- Procedure. Benefits & Contraindicati ons for Katichakrasan a. Pavanmuktas ana,Bh ujangasana, Shalabhasana ,Dhanurasana Suptavajarasana. Paschimottan asan-a. Ardha-Mastendrasan

Mandukasana

- To make students Understand about the main life style disease - Obesity, Hypertension, Diabetes, Back Pain and Asthma.
- To teach about different Asanas in detail which can help as a preventive Measures for those Lifestyle Diseases.
- Lecture-based instruction,
- Technologybased learning,
- Group learning,
- Individual learning,
- Inquiry-based learning,
- Kinesthetic learning,
- Game-based learning and
- Expeditionary learning.

After completing the unit, the students will be able to:

- Identify the asanas beneficial for different ailments and health problems.
- Recognize importance of various asanas for preventive measures of obesity, diabetes, asthma, hypertension, back pain and arthritis
- Describe the procedure for performing a variety of asanas for maximal benefits.
- Distinguish the contraindications associated with performing different asanas.
- Outline the role of yogic management for various health benefits and preventive measures.

1 1	Gomukasana,	
	Yogmudra,	
1 1	Ushtrasana,	
1 1	Kapalabhati	
1 1	2 Aothmai	
1 1	3. Asthma:	
1 1	Procedure,	
1 1	Benefits &	
1 1	Contraindicat	
1 1	ions for	
1 1	Tadasana,	
1 1	Urdhwahasto	
1 1	ttansan	
1 1	a,	
1 1	UttanManduk	
1 1	asan-	
1 1	a,	
1 1	Bhujangasana	
1 1		
	Dhanurasana,	
1 1	Ushtrasana,	
	Vakrasana,	
1 1	Kapalbhati,	
1 1	Gomukhasana	
1 1	Matsyaasana,	
1 1	Anuloma-	
1 1	Viloma	
1 1	4. Hypertension	
1 1	: Procedure,	
1 1	Benefits &	
	Contraindicati	
1 1	ons for	
1 1	Tadasana,	
1 1	Katichakransa	
	n,	
1 1	Uttanpadasan	
1 1	a, Ardha	
	Halasana,	
1 1	Sarala	
1 1	Matyasana,	
1 1	Gomukhasana	
	UttanManduka	
	san-a,	
	Vakrasana,	
	Bhujangasana	
	, Makarasana,	
	Shavasana,	
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	15.0111.0		
	Nadi-		
	shodhanapran		
	ayam,		
1	Sitlipranayam		
5.	Back Pain		
1	and		
	Arthritis:		
	Procedure,		
1	Benefits &		
	Contraindica		
	tions of		
	Tadasan,		
	Urdhawahast		
	ootansana,		
	Ardh-		
	Chakrasana,		
	Ushtrasana,		
	Vakrasana,		
	Sarala		
	Maysyendrsa		
	na,		
	Bhujangasan		
	a,		
	Gomukhasan		
	a,		
	Bhadrasana,		
	Makarasana,		
	Nadi-		
	Shodhana		
	pranayama.		
1			

Unit Physical 4 Education and Sports for CWSN (Children with Special Needs - Divyang)

- Organization s promoting Disability Sports (Special Olympics; Paralympis; Deaflympics)
- Concept of Classificatio n and Divisioning in Sports.
- Concept of Inclusion in sports, its need, and Implementat ion;
- Advantages of Physical Activities for children with special needs.
- Strategies to make Physical Activities assessable for children with special needs.

- To make students understand the concept of Disability and Disorder.
- To teach students about the types of disabilities & disorders, their causes, and their nature.
- To make them aware of Disability Etiquette.
- To make the students Understand the advantage of physical activity for CWSN.
- To make the students aware of different strategies for making physical activity accessible for Children with Special Needs

- Lecture-based instruction,
- Technologybased learning,
- Group learning,
- Individual learning,
- Inquiry-based learning,
- Kinesthetic learning,
- Game-based learning and
- Expeditionary learning

After completing the unit, the students will be able to:

- Value the advantages of physical activities for children with special needs
- Differentiate between methods of categorization in sports for CWSN
- Understand concepts and the importance of inclusion in sports
- Create advantages for Children with Special Needs through Physical Activities
- Strategies
 physical activities
 accessible for
 children with
 specialneeds

Unit 5	Sports & Nutrition 1. Concept of balanced diet and nutrition	To make the students understand the importance of a balanced diet	Lecture-based instruction, Technology-based learning, Group learning, Individual learning,	After completing the unit, the students will be able to: * Understand the concept of a balanced diet
	2. Macro and Micro Nutrients: Food sources & functions 3. Nutritive & Non-Nutritive Componen ts of Diet 4. Eating for Weight control – A Healthy Weight, The Pitfalls of Dieting, Food Intolerance, and Food Myths 5. Importance of Diet in Sports-Pre, During	To clear the concept of Nutrition – Micro & Macro nutrients, Nutritive & non-Nutritive Components of diet To make them aware of eating for weight loss and the results of the pitfalls of dieting. To understand food intolerance & food myths	learning, Inquiry-based learning, Kinesthetic learning, Game-based learning and Expeditionary learning.	* Know about foods commonly causing food intolerance * Recognize the pitfalls of dieting and food myths
	and Post competition Requirements			_
Unit 6	Test & Measurement in Sports 1. Fitness Test – SAI Khelo India Fitness Test in school:	make students Understand and conduct General	Individual learning, Inquiry-based	After completing the unit, the students will be able to: * Perform SAI Khelo India Fitness Test in school [Age
	SCHOOL.	MotorFitness Test	learning,Kinesthetic	group 5-8

	_		_		_	
Age group 5-8	•	To make students		learning,		years/ (class 1-
years/ class	l	to determine	•	Game-based	1	3) and Age
1-3: BMI,	l	physical fitness	l	learning and	1	group 9-18yrs/
Flamingo	l	Index through	l	Expeditionary	1	(class 4-12)
Balance Test,	l	Harvard Step	l	learning	1901	AND DESCRIPTION
Plate Tapping	l	Test/Rockport	l		*	Determine
Test	l	Test	l		1	physical fitness
23	l		l		1	Index through
Age group 9-	•	To make	l		1	Harvard Step
18yrs/ class 4-12:		students to	l		1	Test/Rock- port
BMI, 50mt Speed		calculate Basal	l		1	Test
test, 600mt Run/Walk, Sit &		Metabolic Rate	l		1	
Reach flexibility	l	(BMR)	l		*	Compute
test, Strength	l	,,	l			Basal
Test (Partial		_	l		1	Metabolic Rate
Abdominal Curl	•	To measure the	l		1	(BMR)
Up, Push-Ups for		fitness level of				3
boys, Modified		Senior Citizens				
Push-Ups for	l	through Rikli and	l		*	Describe the
girls).	l	Jones Senior	l		1	procedure of
2. Measurement	l	Citizen Fitness	l		1	Rikli and
of Cardio-	l	Test.	l		1	Jones - Senior
Vascular	l		l		1	Citizen Fitness
Fitness -	l		l		1	Test
Harvard Step	l		l		1	
Test -	l		l		1	
Duration of	l		l		1	
the Exercise	l		l		1	
in Seconds x100/5.5 X	l		l		1	
Pulse count of			l		1	
1-1.5 Min			l		1	
after Exercise	l		l		1	
Computing						
Basal						
Metabolic	l		l		1	
Rate (BMR)						
4. Rikli & Jones					1	
- Senior						
Citizen						
Fitness Test						
o Chair Stand						
Test for lower						
body strength						
o Arm Curl Test					1	
for upper body						
strength						

Unit 7	Reach Test for lower body flexibility Back Scratch Test for upper body flexibility Eight Foot Up Go Test for agility Six-Minute Walk Test for Aerobic Endurance Johnsen – Methney Test of Motor Educability (Front Roll, Roll, Jumping Half-Turn, Jumping full- tum Physiology & Injuries in Sport	 Understanding the 	Lecture-based instruction	After completing the unit, the
	1. Physiological factors determining components of physical fitness 2. Effect of exercise on the Muscular System 3. Effect of exercise on the Cardio-Respiratory System 4. Physiological changes due to aging	physiological factors determining the components of physical fitness. Learning the effects of exercises on the Muscular system. Learning the effects of exercises on Cardiovascular system. Learning the effects of exercises on Cardiovascular system.	instruction, Technology-based learning, Group learning, Individual learning, Inquiry-based learning, Kinesthetic learning, Game-based learning and Expeditionary learning	students will be able to:

5. Sports injuries: Classification (Soft Tissue Injuries - Abrasion, Contusion, Laceration, Incision, Sprain & Strain Bone & Joint Injuries - Dislocation, Fractures - Green Stick, Comminuted, Transverse Oblique & Impacted)	Learning the changes caused due to aging. Understanding the Sports Injuries (Classification, Causes, and Prevention) Understanding the Aims & Objectives of First Aid Understanding the Management of Injuries		Classify sports injuries with its Management.
Unit 8 Biomecha nics and Sports 1. Newton's Law of Motion & its application in sports 2. Types of Levers and their application in Sports. 3. Equilibrium – Dynamic & Static and Centre of Gravity and its application in sports 4. Friction & Sports 5. Projectile in Sports	 Make students understand the lever and its application in sports. Make students understand the concept of Equilibrium and its application in 	Lecture-based instruction, Technology-based learning, Group learning, Individual learning, Inquiry-based learning, Kinesthetic learning, Game-based learning and Expeditionary learning	After completing the unit, the students will be able to: * Understand Newton's Law of Motion and its application in sports * Recognize the concept of Equilibrium and its application in sports. * Know about the Centre of Gravity and will be able to apply it in sports * Define Friction and application in sports. * Understand the concept of Projectile in sports.

Unit 9	Psychology and Sports	To make students understand Personality & its	Lecture-based instruction, Technolo	After completing the unit, the students will be
	 Personality; its definition & types (Jung Classification & Big Five Theory) 	To make students understand motivation and its techniques.	gy-based learning, Group learning, Individual learning, Inquiry-based learning,	Classify different types of personality and their relationship with sports
	 Motivation, its type & techniques. 	To make students about Exercise Adherence and Strategies for	Kinesthetic learning, Game-based learning and Expeditionary	* Recognise the concept of
	Exercise Adherence: Reasons, Benefits &	Strategies for enhancing Adherence to Exercise.	Expeditionary learning	motivation and identify various types of motivation.
	Strategies for Enhancing it	To make them aware of Aggression in sports and types.		 Identify various reasons to exercise, its associated
	Meaning, Concept & Types of Aggression s in Sports	To make students understand Psychological Attributes in Sports.		benefits and strategies to promote exercise adherence.
	 Psychological Attributes in Sports – Self- Esteem, Mental Imagery, Self- 			 Differentiate between different types of aggression in sports.
	Talk, Goal Setting			 Explain various psychological attributes in sports.
Unit 10	Training in Sports 1. Concept of Talent Identification and Talent Development	Making the students understand the concept of talent identification and methods in sports Making the	Lecture-based instruction, Technology-based learning, Group learning, Individual learning,	After completing the unit, the students will be able to: understand the concept of talent identification and
	in Sports	students Understand sports	 Inquiry-based learning, 	methods used

2.	Introduction to
	Sports
	Training Cycle
	- Micro,
	Meso, Macro
	Cycle.
3.	Types &
3.	The state of the s
	Methods to

- Types & Methods to Develop – Strength, Endurance, and Speed.
- Types & Methods to Develop – Flexibility and Coordinative Ability.
- Circuit
 Training Introduction &
 its importance

- training and the different cycle in sports training.
- Making the students Understand different types & methods of strengths,
 - endurance, and speed.
- Making the students Understand different types & methods of flexibility and
- coordinative ability.
- Making the students understand Circuit training and its importance

- kinesthetic learning,
- Game-based learning and
- Expeditionary learning
- for talent development in sports.
- Understand sports training and the different cycle used in the training process.
- Understand different types & methods to develop strength, endurance, and speed in sports training
- Understand different types & methods to develop – flexibility and coordinative ability.
- Understand Circuit training and its importance

GUIDELINES FOR INTERNAL ASSESSMENT

(PRACTICAL/ PROJECTS ETC.)

PRACTICAL	(Max. Marks 30)
Physical Fitness Test: SAI Khelo India Test, Brockport Physical Fitness Test (BPFT)*	6 Marks
Proficiency in Games and Sports (Skill of any one IOA recognized Sport/Game of Choice)**	7 Marks
Yogic Practices	7 Marks
Record File ***	5 Marks
Viva Voce (Health/ Games & Sports/ Yoga)	5 Marks

- *Test for CWSN (any 4 items out of 27 items. One item from each component: Aerobic Function, Body Composition, Muscular strength & Endurance, Range of Motion or Flexibility)
- **CWSN (Children With Special Needs Divyang): Bocce/Boccia, Sitting Volleyball, Wheel Chair Basketball, Unified Badminton, Unified Basketball, Unified Football, Blind Cricket, Goalball, Floorball, Wheel Chair Races and Throws, or any other Sport/Game of choice.
- **Children with Special Needs can also opt any one Sport/Game from the list as alternative to Yogic Practices. However, the Sport/Game must be different from Test -'Proficiency in Games and Sports'

***Record File shall include:

- Practical-1: Fitness tests administration. (SAI Khelo India Test)
- Practical-2: Procedure for Asanas, Benefits & Contraindication for any two Asanas for each lifestyle disease.
- Practical-3: Anyone one IOA recognized Sport/Game of choice. Labelled diagram of Field & Equipment. Also, mention its Rules, Terminologies & Skills.

HINDUSTANI MUSIC MELODIC INSTRUMENTS (146) CLASS XI SYLLABUS (2025-26)

Assessment Design

S.No	Component	Marks
Α	Theory	30
В	Practical	70

Curriculum & Examination Structure

(A) Theory Max. Marks 30

Time: 02 hours

1. Questions to be set with internal choice covering the entire syllabus

S.No	No Units	
	Unit 1	06
1.1	Brief study of the following Nada, Shruti, Swara, Saptak ,Thaat, jati, Laya, Tala.	7
1.2	Brief study of the following Margi-Desi Sangeet, Raga, Gat.	7
	Unit 2	06
2.1	Brief History of the following Dhrupad, Mastikhani and Razakhni Gat	7
	Unit 3	06
3.1	Brief study of Musical Elements in Natya Shastra	
3.2	Life sketch and Contibution of Tansen, V.N.Bhatkhande and V.D Paluskar	
	Unit 4	06
4.1	Description of Prescribed Talas along with Tala Notation- in Thah, Dugun and Chaugan prescribed Talas: i. Teentala ii. Ektala iii. Chautala	
4.2	Knowledge of the Structure of the Instrument Opted for.	
	Unit 5	06
5.1	Critical study of Prescribed Ragas along with Recognizing Ragas from phrases of Swaras and elaborating them. Excluding Rag Jaunpuri.	
5.2	Writing in Notation the Compositions of Prescribed Ragas: i. Bihag ii. Bhim Palasi iii. Bhairavi	

(i)Topics

1.	One Razakhani Gat with Alap, tala- badha Tanaand Jhala in the following
	ragas Bihag, Bhimpalasi, Bhairavi.
2.	One Masit khani Gat with tanas in any one of the prescribed ragas
3.	Ability to do Aalap, Jod, Jhala in any one of the prescribed raga.
4.	Knowledge of structure of instrument opted for.
5.	Ability to recognize prescribed ragas
	from the passages of swaras sung or played by the examiner.
6.	Recitation of Thekas of Teentala, Chautala
	and Ektala with Dugun and Chaugun keeping tala with and beats.

(ii) Distribution of Marks

Time: 15-20 Minutes for each candidate

- 1. Examiners are requested to ask questions directly related to the syllabus.
- 2. Marks should be awarded in accordance with the marking scheme.

S.No.	Value Points	Marks
1.	Parts and tuning of Instrument and questions regarding Instrument	
2.	Alap, Jor, Jhala with Meend in any one choice Raga from the Prescribed Ragas: i. Bihag ii. Bhimpalasi	10
	iii. Bhairavi	-
3.	Choice Raga (MasitKhani Gat and Razakhani Gat	18
4.	Razakhani Gats with Todas and Jhala of Examiner's choice	
5.	Identifying the Ragas	05+05=10
6.	Reciting the Thekas of Prescribed Talas with hand beats in Thah, Digun, Chaugun, Teental, Chautala, Ektala	
7.	Practical file	05

Teachers will refer to the distribution of Marks while examining the candidate for Practical Examination.

HINDUSTANI MUSIC MELODIC INSTRUMENTS (146) CLASS XII SYLLABUS (2025-26)

Assessment Design

S.No	Component	Marks
A	Theory	30
В	Practical	70

Curriculum & Examination Structure

(A) Theory Max. Marks 30

Time: 02 hours

1. Questions to be set with internal choice covering the entire syllabus.

No.	Units	Marks
	Units 1	06
1.1	Brief study of the following	
	Gram, Murchhana, Alankar, Alap, Tana.	
1.2	Brief study of the following	
	Gamak, Meend, Kan, krintan, Zamzama, Ghaseet, Sut.	
	Unit 2	06
2.1	Historical development of Time Theory of Ragas	7
	Unit 3	06
3.1	Detail study of the following	
	Sangeet	
	Ratnakar	
	Sangeet Parijat	
3.2	Life sketch and Contribution of Inayat Khan, Mushtaq Ali Khan, Alauddin Khan.	
	Unit 4	06
4.1	Description of Prescribed Talas along with Tala Notation with Thah,	
	Dugun, Tigun and Chaugun prescribed Talas: Jhaptala, Rupak	
4.2	Tuning of the Instrument opted for.	
	Unit 5	06
5.1	Critical study of Prescribed Ragas along with Recognizing Ragas phrases of Swaras and elaborating them	
5.2	Writing in Notation the Compositions of Prescribed Ragas : Bhairav, Bageshri, Malkauns	

(I)Topics

1.	One Razakhani Gat in prescribed Ragas Bhairav Bageshri, Malkauns with simple elaborations, Todas and Jhala.
2.	One Masitkhani Gat in prescribed Ragas with simple elaborations and a few Todas.
3.	Alaap, Jor, Jhala in any one of the prescribed ragas with Ability to produce meend of minimum two swaras
4.	One composition in Ektala or in Jhaptala in any one of the prescribed ragas
5.	Ability to recite the kas of Jhaptal, Rupak with Dugun, keeping tala with hand beats.
6.	Ability to recognize the swaras of the prescribed Ragas sung or played by the examiner
7.	Tuning of instrument opted for.

(ii) Distribution of Marks

Time: 15-20 Minutes for each candidate

1. External Examiners are requested to ask questions directly related to the syllabus.

2. Marks should be awarded in accordance with the marking scheme.

S.No.	Value Points	Marks
1.	Tuning of Instrument and questions regarding instrument	05
2.	Aalap, Jor, Jhala with Meend in one choice Raga from prescribed Ragas: i. Bhairav ii. Bageshri iii. Malkauns	10+5=15
3.	One Choice Raga (Masitkhani Gat and Razakhani) from prescribed Ragas	15
4.	Razakhani Gat with Toda and Jhala of Examiner's choice	05
5.	One composition in Ektala or in Jhaptala.	05
6.	Identifying the prescribed Ragas.	5+5=10
7.	Reciting the Thekas of prescribed Talas with hand beats in Thah, Dugun and Chaugun: i. Jhaptala ii. Rupak	5+5=10
8.	Practical File	05

External Examiner will refer to the distribution of Marks while examining the candidate for Practical Examination.

HINDUSTANI MUSIC VOCAL (145) CLASS XI SYLLABUS (2025-26)

Assessment Design

S.No	Component	Marks
Α	Theory	30
В	Practical	70

Curriculum & Examination Structure

(A) Theory Max. Marks 30

Time: 02 hours

1. Questions to be set with internal choice covering the entire syllabus

Sr. No.	. No. Units	
	Unit 1	
1.1	1.1 Brief study of the following: Nada, Shruti, Swar, Saptak, Thaat, Jati, Laya, Tala	
1.2	Brief study of the following: Margi- Desi Sangeet, Raga,	
	Unit 2	
2.1	Brief History of the following Dhrupad, Khayal and Tarana	06
	Unit 3	
3.1	Brief study of Musical Elements in Natya Shastra	06
3.2	Life sketch and contribution of Tansen, V.N. Bhatkhande and V.D.Paluskar	
	Unit 4	
4.1	Description of prescribed Talas along with Tala Notation with Thah, Dugun and Chaugun Teentala Ektala Chautala	06
4.2	Knowledge of the Structure of Tanpura	
	Unit 5	
5.1	Critical study of Prescribed Ragas. Recognizing Ragas from phrases of Swaras and elaborating them.	06
5.2	Writing in natation the compositions of prescribed Ragas Bihag Bhimpalasi Bhairavi	

(I)Topics

17.00	
1.	One Vilambit Khayal with simple elaborations and few tanas in any one of the prescribed Ragas.
2.	One Drut Khayal with simple elaboration and few tanas in the following Ragas: Bihag, Bhairavi and Bhimpalasi.
3.	One Dhrupad with Dugun in any one of theprescribed Ragas.
4.	One Devotional Song.
5.	Ability to recognize the prescribed Ragas from the phrases of Swaras rendered by the Examiner.
6.	Recitation of the Thekas of Teentala, Chautala and Ektala with Dugun and Chaugun, keeping Tala with hand beats.

(II) Distribution of Marks

Time: 20-25 Minutes for each candidate

- 1. Examiners are requested to ask the questions directly related to the syllabus.
- 2. Marks should be awarded in accordance with the marking scheme.

S. No.	Value Points	Marks
1.	Choice Raga (Vilambit & Drut Khyal) any one of the following: Bihag Bhimpalasi Bhairavi	15
2.	Examiner's Choice of Ragas	12
3.	1 Dhrupad with Dugun in any one of the prescribed Ragas	14
4.	Devotional Song.	06
5.	Ability to recognize the prescribed ragas from the phrases of swaras rendered by the examiner	08
6.	Recitation of Thekas of prescribed Talas with Thah, Dugun, Chaugun:	05+05=10
7.	Practical File: Analyse the style of any present day artis of classical vocal music. Description and notation of all compositions in prescribed Ragas. Description and Tala Notation with layakaris of all prescribed.	05

^{*}Teachers will refer to the distribution of marks while examining the candidate for

HINDUSTANI MUSIC VOCAL (145) CLASS XII

Assessment Design

S.No	Component	Marks
A	Theory	30
В	Practical	70

Curriculum & Examination Structure

(A) Theory Max. Marks 30

Time: 02 hours

1. Questions to be set with internal choice covering the entire syllabus

S.No.	Units	Marks
	Unit 1	
1.1	Brief study of the following: - Alankar, Kan, Meend, Khatka, Murki, Gamak.	06
1.2	Brief study of the following Gram, Murchhana, Alap, Tana.	1
	Unit 2	
		06
2.1	Historical development of Time Theory of Ragas	
	Unit 3	
3.1	Detail study of Sangeet Ratnakar the following: Sangeet Parijat	06
3.2	Life sketch and Contribution of Faiyaz Khan, Bade Ghulam Ali Khan, Krishna Krishna Rao, Shankar Pandit	
	Unit 4	1
4.1	Description of Prescribed Talas along with TalaNotation with Thah, Dugun, Tigun and Chaugun Jhaptala, Rupak, Dhamar	06
4.2	Tuning of Tanpura	
	Unit 5	
5.1	Critical study of Prescribed Ragas along with recognizing the Ragas	06
	from phrases of Swaras and elaborating them.	
5.2	Writing in Notation the Compositions of PrescribedRagas: Bhairav, Bageshri, Malkauns	

(I)Topics

1.	One Vilambit Khayal with simple elaborations and few Tanas in any two of the prescribed Ragas.
2.	One Drut Khayal with simple elaborations and few tanas in the following Ragas-Bhairav, Bageshri and Malkauns.
3.	One Tarana and one Dhamar with dugun and chaugun in any one of the prescribed Ragas.
4.	Ability to recognize the Ragas from the Phrases of Swaras rendered by the examiner.
5.	Recitation of the Thekas of Jhaptala, Rupak, and Dhamar with Dugun and Chaugun, keeping tala with handbeats.
6.	Tuning of Tanpura.

(II) Distribution of Marks

Time: 25-30 Minutes for each candidate

1. Examiners are requested to ask the questions directly related to the syllabus.

S.No.	Value Points	Marks
1.	Choice Raga (Vilambit and Drut Khayal) with simple elaborations in prescribed Ragas (anyone): Bhairav Bageshri Malkauns	10+8=18
2.	Examiner's Choice of Ragas	10
3.	One Tarana and one Dhamar with Dugun and Chaugun	8+8=16
6.	Identification of Ragas	06
7 .	Reciting the Thekas of Prescribed Talas with handbeats with Thah and Dugun and Chaugun: • Jhaptala • Rupak • Dhamar	5+5=10
8.	Tuning of Tanpura and questions regarding it	5
9.	Practical file	5

^{*} External Examiner will refer to the distribution of marks while examining the candidate for practical examination

INDUSTANI MUSIC PERCUSSION INSTRUMENTS (163)

CLASS XI SYLLABUS (2025-26)

CLASS-XI

Assessment Design

S.No	Component	Marks
A	Theory	30
В	Practical	70

Curriculum & Examination Structure

(A) Theory Max. Marks 30

Time: 02 hours

- 1. Questions to be set with internal choice covering the entire syllabus unit wise
- 2. Candidate has to attempt at least one question from each unit.

Distribution of Marks

S. No	Units	Marks
	Unit 1	
1.1	Description of the Talas prescribed for Class XI.	06
1.2	Description of the following: Kala ,Laya Sangeet	
	Unit 2	06
2.1	Brief knowledge of Natyashastra with special reference to Awanaddha Vadya.	
	Unit 3	06
3.1	Short life sketch of Kudau Singh, Nana Panse,	
	Unit 4	06
4.1	Brief knowledge on Banaras Gharana	
4.2	Salient feature of Kudau Singh Gharana of Pakhawaj	
	Unit 5	06
5.1	Ability to write in notation of the prescribed Talas and compositions in Thah (Barabar), Dugun. Chaugunlaya.	
5.2	Ability to do Tala Notation of compositions in prescribed Talas. Prescribed Talas: Teentala or Adi TalaJhaptala or Sultala.	

(i) Topics

Knowledge of Playing Thekas of Teentala or Aditala, Jhaptala or
Sultala, Ektala or Chautala.
Ability to play one Kayada / Rela two Chakradar Tukras or Parans, two Sadharan Tukras or Paranin Jhaptala or Sultala
Ability to play two advance Kayadas, one Rela, two Chakardar Tukras or Parans, in Teentala/Aditala
Knowledge of playing Bedam Tihai in prescribed Talas
Accompaniment of Vocal or Instrumental Music with Ektala or Chautala in different layas.
Solo performance of 10-15 minutes in Teental/Aditala.

(II) Distribution of Marks

Time: 20-25 Minutes for each candidate

1. Examiners are requested to ask questions directly related to the syllabus.

2. Marks should be awarded in accordance with the marking scheme.

S. No.	Value Points	Marks
1.	Solo Performance with Peshkar, Uthan, Kayda, Rela, Tukra, Chakradar Paran in Teentala or Aditala	10
2.	Talas of examiner's choice from the prescribed syllabus Teentala/Aditala/ Jhaptala/Sultala	10
3.	Ability to perform Kayada or Rela, Chakradar Tukra/Paran, Stuti Paran/ Farmaishi Chakradar in Jhaptala or Sultala	10
4.	Adalaya Kayada / Rela with Palta in Teentala / Aditala	10
5.	Damadar and Bedamdar Tihai in prescribed Talas	10
6.	Accompaniment of Eklata of Chautala in different layas	10
7.	Reciting of Tala and Composition with hand boats in different layas.	10

^{*} Teachers will refer to the distribution of marks while examining the candidate for practical examination.

HINDUSTANI MUSIC PERCUSSION INSTRUMENTS (163) **CLASS XII** SYLLABUS (2025-26)

S.No	Component	Marks
A	Theory	30
В	Practical	70

Curriculum & Examination Structure

(A)Theory: Max. Marks 30

Time: 02 hours

- 1. Questions to be set with internal choice covering the entire syllabus unit wise
- 2. Candidate has to attempt at least one question from each unit.

Distribution of Marks

S.No	Units	Marks
	Unit 1	06
1.1	Short notes of the following Uthan.	
1.2	Comparative study of the following: Chautala-Ektala Jhaptala- Sultala	
	Unit 2	06
2.1	Layakari and its varieties	
2.2	Brief description of Gharanas of Tabla or Pakhawaj	
	Unit 3	06
3.1	History of Tabla	
	Unit 4	06
4.1	Biographies of Pandit Kishan Maharaj, and Ustad Zakir Hussain	
4.2	Salient features of style and biography of Raja Chatrapati Singh, Guru Purushotam Das.	
	Unit 5	06
5.1	Writing notation of the prescribed Talas and compositions	
5.2	Recognition of Talas from given portion of the Thekas and compositions. Prescribe Talas: Teentala or Adi tala, Rupak or Tevra	

(I) Topics

ij i opic	5
1.	Ability to Play Theka of Rupak on Tabla or Pakhawaj with simple elaborations.
2.	Three Kaydas, One Rela, One Sadharan Tukra or Paran, One Chakradar Tukra or Paran, One Farmaishi Chakradar in prescribed Talas
3.	(a) Ability to play One Advance Kayada/ Rela with Two Paltas and Tihai, One simple Tukra, One Sadharan Chakradar Tukras or Paran, Two Damdar Tihais and OneParan in Rupak or Tevra Tala
4.	Recitation of the prescribed Talas and composition with Thah, Dugun and Chaugun Laya keeping Tala with hand beats.
5.	A few simple laggis in Dadra on Pakhawaj
6.	Knowledge of tuning of instrument opted for
7.	Solo performance of any one Tala of choice from the prescribed syllabus for 10-15 minutes
8.	Ability to accompaniment with Folk songs
9.	Ability to accompaniment with classical music – vocal
	The state of the s

(ii) Distribution of Marks

Time: 20-25 Minutes for each candidate

- 1. Examiners are requested to ask questions directly related to the syllabus.
- 2. Marks should be awarded in accordance with the marking scheme.

S. No.	Value Points				
1.	Tuning of Instrument and questions regarding instrument.				
2.	Ability to perform choice Raga performance with Peshkar, Uthan, Kayda, Rela, Tukra, Chakradar, Paran and Gat in any prescribed Talas: Teentala /Aditala Rupak / Tevra				
3.	Tala of Examiner's choice from the prescribe syllabus	15			
4.	Accompaniment of Ektala/ chautal in Vilambit & Drut Laya	10			
5.	Reciting of Tala and composition with hand beats in different layas	10			
6.	Practical file	05			

^{*} External examiner will refer to the distribution of marks while examining the candidate for practical examination.

LEGAL STUDIES (164) CLASS XI SYLLABUS (2025-2026)

S. No.	Units	Periods	Marks
1	Introduction to Political Institutions	40	15
2	Basic Features of The Constitution of India	40	15
3	Jurisprudence, Nature and Sources of Laws	40	15
4	Judiciary: Constitutional, Civil and Criminal Courts and Processes	40	20
5	Family Justice System	40	15
6	Project	20	20
	Total	220	100

CONTENT-

S. No.	Unit	Topics	
Unit 1	ntroduction to Political Institutions		
Chapter 1	Concept of State	 i. What is a State? ii. The concept of State and Article 12 of the Indian Constitution iii. What is Government? iv. Emergence of the State from Society v. Definition of State vi. Theories on the Origin of State vii. Elements of a State 	
		viii. Role of a State	
2	Forms and Organs of Government	i. Introduction to the Organs of Government ii. Forms of Government a) Monarchy b) Aristocracy c) Dictatorship d) Democracy iii. Main organs of Government and its functions a) General Functions of Legislature as Organ of Government	

	 b) General Functions of Executive as Organ of Government c) General Functions of Judiciary as Organ of Government
3 Separation of Powers	 i. Concept of Separation of Powers ii. Historical Background and Evolution of Montesquieu's Doctrine of Separation of Powers a) Montesquieu's Doctrine of Separation of Powers b) Basic Features of the Doctrine of Separation of Powers as enunciated by Montesquieu c) Checks and Balances of Power d) Impact of the Doctrine iii. Evaluation of The Doctrine of Separation of Powers a) Key Benefits and Advantages of The Doctrine of Separation of Powers b) Defects of the Doctrine iv. Separation of Powers In Practice a) Separation of Powers in Britain b) Separation of Powers in the United States of America c) Separation of Powers in India
Unit 2 Basic features of th	ne Constitution of India
1 Salient Features of the Constitution of India	 i. Meaning of the term Constitution ii. Definition of the term Constitution iii. Historical Perspective of the Constitution of India iv. Salient Features of the Constitution of India
	 a) Modern Constitution b) Lengthiest written Constitution c) Preamble to the Constitution d) Fundamental Rights; Directive Principles of State Policy; Fundamental Duties e) Constitutional Provision for Amendment of the Constitution of India f) Adult Suffrage g) Single Citizenship h) Independent Judiciary i) Emergency Provision j) Federal in form Unitary in character k) Division of Power- Centre- State Relations l) Schedules to the Constitution

		ii.	Administrative Law and Constitutional Law: Key Differences
	iii.		Reasons for Growth, Development and Study of Administrative law
	iv.		Types of Administrative Actions
		v.	Fundamental Principle of Administrative Law: Rule of
			Law
		vi.	Droit System
Unit 3	Unit 3 Jurisprudence, Nature and Sources of Law		
1	Jurisprudence,	i.	Introduction
	Nature and	ii.	Historical Perspective
	Meaning of	iii.	Schools of Law
	Law	iv.	Function and Purpose of Law
2		i.	Classification of law based on Subject
	Classification of		matter
	Laws	ii.	Classification of law based on Scope of Law
		iii.	Classification of law based on Jurisdiction
3	Sources of Laws	i.	Where does law
			come from? Custom
			as a Source of Law
		ii.	Importance of Custom as a Source of Law in India
		iii.	Judicial Precedent as a Source of Law
		iv.	Legislation as a Source of Law
4	Law Reform	i.	Need for Law Reform
		ii.	Law Reforms in India
		iii.	Recent Law Reforms in Independent India
5	Cyber Laws,	i.	Introduction
	Safety and	ii.	Why do we need Cyber Laws?
	Security in	iii.	What is Cyber law?
	India	iv.	What is Cyber safety and Security?
		v.	What is Cyber-crime?
		vi.	Categories of Cyber-crime
		vii.	Cyber law in India
		viii.	Scope or Extent of The Information Technology Act, 2000 (IT Act)
		ix.	What was Section 66A IT Act, 2000?
Unit 4	ludiciany: Constitu	tional Ci	vil and Criminal Courts and Processes
UIIIL 4	Judicial y. Collstitu	uonai, Ci	vii aliu Cillilliai Courts aliu Plocesses

	Judiciary:	i. Introduction: Establishment of the Supreme Court and	
	Constitutional,	High Courts	
	Civil and	ii. Constitution, Roles and Impartiality	
	Criminal	a) Independence and Impartiality of the Supreme Court	
	Courts and	b) Structure and Hierarchy of the Courts in India	
	Processes	c) The Civil Process and functioning of Civil Courts	
		iii. The Civil Court Structure	
		a) Common Legal Terminologies	
		b) Types of Jurisdictions	
		c) Res subjudice and Res judicata in Code of Civil	
		Procedure, 1908	
		iv. Structure and Functioning of Criminal Courts in India	
		a) Types of Offences	
		b) Criminal Investigations and First Information Report (FIR)	
		c) Criminal Process- Investigation and Prosecution	
		d) Doctrine of autrefois acquit and autrefois convict (i.e.	
		previously acquitted and previously convicted)	
		e) Function and Role of Police	
		v. Other Courts In India	
		a) Family Courts	
		b) Administrative Tribunals	
Unit 5	Family Justice Syst	b) Administrative Tribunals	
Unit 5	Family Justice Syst	b) Administrative Tribunals	
		b) Administrative Tribunals	
	Institutional	b) Administrative Tribunals tem i. Nature of Family Laws in India	
	Institutional Framework-	b) Administrative Tribunals tem i. Nature of Family Laws in India ii. Human Rights and Gender Perspective	
	Institutional Framework- Marriage and	i. Nature of Family Laws in India ii. Human Rights and Gender Perspective iii. Institutional Framework- Family Courts	
	Institutional Framework- Marriage and	i. Nature of Family Laws in India ii. Human Rights and Gender Perspective iii. Institutional Framework- Family Courts iv. Role of Women in the creation of Family Courts	
	Institutional Framework- Marriage and	i. Nature of Family Laws in India ii. Human Rights and Gender Perspective iii. Institutional Framework- Family Courts iv. Role of Women in the creation of Family Courts v. Role of Lawyers and Counselors in Family Courts	
	Institutional Framework- Marriage and	i. Nature of Family Laws in India ii. Human Rights and Gender Perspective iii. Institutional Framework- Family Courts iv. Role of Women in the creation of Family Courts v. Role of Lawyers and Counselors in Family Courts vi. Role of Counselors and Gender Issues	
1	Institutional Framework- Marriage and Divorce	i. Nature of Family Laws in India ii. Human Rights and Gender Perspective iii. Institutional Framework- Family Courts iv. Role of Women in the creation of Family Courts v. Role of Lawyers and Counselors in Family Courts vi. Role of Counselors and Gender Issues vii. Marriage and Divorce	
1	Institutional Framework- Marriage and Divorce	i. Nature of Family Laws in India ii. Human Rights and Gender Perspective iii. Institutional Framework- Family Courts iv. Role of Women in the creation of Family Courts v. Role of Lawyers and Counselors in Family Courts vi. Role of Counselors and Gender Issues vii. Marriage and Divorce i. Child Rights	
1	Institutional Framework- Marriage and Divorce	i. Nature of Family Laws in India ii. Human Rights and Gender Perspective iii. Institutional Framework- Family Courts iv. Role of Women in the creation of Family Courts v. Role of Lawyers and Counselors in Family Courts vi. Role of Counselors and Gender Issues vii. Marriage and Divorce i. Child Rights ii. Right to Education	
1	Institutional Framework- Marriage and Divorce	i. Nature of Family Laws in India ii. Human Rights and Gender Perspective iii. Institutional Framework- Family Courts iv. Role of Women in the creation of Family Courts v. Role of Lawyers and Counselors in Family Courts vi. Role of Counselors and Gender Issues vii. Marriage and Divorce i. Child Rights ii. Right to Education iii. Right to Health	
1	Institutional Framework- Marriage and Divorce	i. Nature of Family Laws in India ii. Human Rights and Gender Perspective iii. Institutional Framework- Family Courts iv. Role of Women in the creation of Family Courts v. Role of Lawyers and Counselors in Family Courts vi. Role of Counselors and Gender Issues vii. Marriage and Divorce i. Child Rights ii. Right to Education iii. Right to Shelter	
1	Institutional Framework- Marriage and Divorce	i. Nature of Family Laws in India ii. Human Rights and Gender Perspective iii. Institutional Framework- Family Courts iv. Role of Women in the creation of Family Courts v. Role of Lawyers and Counselors in Family Courts vi. Role of Counselors and Gender Issues vii. Marriage and Divorce i. Child Rights ii. Right to Education iii. Right to Health iv. Right to Shelter v. Child Labour	
1	Institutional Framework- Marriage and Divorce	i. Nature of Family Laws in India ii. Human Rights and Gender Perspective iii. Institutional Framework- Family Courts iv. Role of Women in the creation of Family Courts v. Role of Lawyers and Counselors in Family Courts vi. Role of Counselors and Gender Issues vii. Marriage and Divorce i. Child Rights ii. Right to Education iii. Right to Health iv. Right to Shelter v. Child Labour vi. Sexual Abuse vii. Juvenile Justice	
2	Institutional Framework- Marriage and Divorce Child Rights	i. Nature of Family Laws in India ii. Human Rights and Gender Perspective iii. Institutional Framework- Family Courts iv. Role of Women in the creation of Family Courts v. Role of Lawyers and Counselors in Family Courts vi. Role of Counselors and Gender Issues vii. Marriage and Divorce i. Child Rights ii. Right to Education iii. Right to Health iv. Right to Shelter v. Child Labour vi. Sexual Abuse vii. Juvenile Justice	

4	Property,	i.	Concept of Property: Joint Family Property and Separate	
	Succession and		Property	
	Inheritance	ii. Inheritance and Succession		
		iii.	iii. Intestate Succession	
		iv.	Rules relating to Intestate Succession	
		v.	Testamentary Succession	
5	Prevention of	i.	What is Domestic abuse / violence?	
	Violence against	ii.	International Legal Framework	
	Women	iii.	III. Laws in India on Prevention of Violence against	
			Women	
	PROJECT WORK- C	ne Pro	ject	

PROJECT GUIDELINES CLASS 11

OBJECTIVES OF THE PROJECT:

The project work aims to enable students to:

- identify a legal problem and provide its remedy
- select relevant legal sources and conduct research
- analyze and distinguish between types of cases
- apply case laws and relevant statutory laws

Students can opt for any ONE Project from the three topics given below:

Topic 1: Students can prepare a research project addressing legal issues related to any topic from the textbook or around them that needs immediate redressal.

Some suggested topics-

- Uniform Civil Code
- Law reforms in India
- Juvenile Justice
- Death Penalty
- Any other course related topic

OR

Topic 2- Students can conduct research and draft a report on any recent legislation/ amendment that brought about a social change, for example: Consumer Protection Act, Information Technology Act, Right to Information Act etc.

To conduct research students can examine the conditions that give rise to need for law reform; the agencies of reform; mechanism of reform; assess the effectiveness of law reform in achieving just outcomes with regards to the issue.

METHODOLOGY FOR TOPICS 1 & 2:

The project file should be at least 15 pages. Steps: -

- Choose a topic
- Gather information from various sources
- Write a statement of purpose of the project
- Support it with research evidence
- Presentation of project should include headings
- List the sources

OR

Topic 3- Understanding the important elements of 'JUDICIAL DECISION' **OBJECTIVES**-

The project work aims to enable students to:

- identify a legal problem and provide its remedy
- select relevant legal sources and conduct research
- · analyse and distinguish between types of cases
- apply case laws and relevant statutory laws
- understand parts of a judicial decision

METHODOLOGY FOR TOPIC 3:

- 1. The student is required to select any 5 decided cases where in one case is of criminal nature, one is of civil nature, one is constitutional, one is related to international law and one is of student's choice (PIL if possible).
- 2. The research on the cases must include the following points:
 - a. Name of the case
 - b. Parties to the case
 - c. Nature of the case (Civil, Criminal or Constitutional)
 - d. Facts of the case and issues involved
 - e. Decision of the case
 - f. Citation of the case

RUBRICS FOR ASSESSMENT

S. No.	Parameters for assessment	Marks
1	Preparation and presentation of file	5 marks
2	Research work	5 marks
3	Understanding and application of legal concept	5 marks
4	Viva	5 marks
	Total	20 marks

LEGAL STUDIES (164) CLASS XII SYLLABUS (2025-2026)

S. No.	Units	Periods	Marks
Unit 1	Judiciary	25	08
Unit 2	Alternative Dispute Resolution in India (ADR)	20	08
Unit3	Topics in Law- I (Business Laws) Chapter 3 (A) - Law of Contract Chapter 3 (B) - Law of Torts Chapter 3 (C) - Law of Property Chapter 3 (D) - Intellectual Property Law	35	20
Unit 4	Topics in Law- II (General Laws) Chapter 4 (A) -Law and Sustainable Development Chapter 4 (B)- Forms of Legal Entities Chapter 4 (C) - Criminal Laws in India	35	10
unit 5	Concept of Human Rights Chapter 5 (A)-Human Rights in India Chapter 5 (B)-Human Rights Violations Complaint Mechanism (Quasi-Judicial Bodies)	30	10
Unit 6	International Law	20	08
Unit 7	Legal Profession in India	20	08
Unit 8	Legal Services	15	08
	Project	20	20
	Total	220	100

Theory- 80 marks (One Paper)
Internal Assessment- Project Based Assessment- 20 marks

Contents-

S. No.	Unit	Topics
Unit 1 Unit 2	Judiciary Alternative	 a) Structure, Hierarchy of Courts, and Legal Officers in India b) Constitution, Roles and Impartiality c) Appointments, retirement and removal of Judges d) Tribunals e) Courts and Judicial Review
Offic 2	Dispute Resolution in India (ADR)	 a) Adversarial and Inquisitorial Systems b) Meaning and scope of ADR c) Arbitration d) Mediation e) Conciliation f) Lok Adalat g) Ombudsman h) Lokpal and Lokayukta
Unit 3	Topics in Law I (Busin	ess Laws)
Chapter 3 A	Law of Contract	 a) Introduction to Contracts b) Formation of Contract c) Intention to Contract d) Consideration e) Capacity to Contract f) Consent g) Types of Contracts h) Discharge of Contract i) Remedies in case of breach
Chapter 3 B	Law of Torts	a) Concept of law of Torts b) Sources of Law of Torts c) Intentional Tort d) Defamation e) Negligence f) Strict Liability g) Absolute Liability
Chapter 3 C	Law of Property	 a) Types of Property b) Who can transfer property c) Essential of a valid transfer d) Types of Transfer- Sale, Lease, Exchange, Gift

Chanter 2	Intellectual Property)
D	Law	a) Meaning of Intellectual Property by Later and Leading
	Law	b) International Obligations that have shaped Indian IPR
		c) WIPO
		d) Copyright
		e) Patent
) ratelit
		f) Trademark
		g) Geographical Indication
		h) Design
Unit 4	Topics in Law II (Gene	ral Laws)
Chapter 4	Law and	a) Introduction
A	Sustainable	b) Initiatives under International Scenario
	Development	c) Provisions under Indian Constitution
	'	d) Environment Protection Act, 1986
		e) Pollution Control Boards
Chapter 4	Forms of Legal	Types of Legal Entities in India
В	Entities	a) Sole Proprietorship
		b) Partnership
		c) Limited Liability Partnership
		d) Private Limited company
		e) Public Limited Company
		f) One Person Company
Chapter 4	Criminal Laws in	a) Objectives of Criminal law
c	India	b) Legislations for Criminal laws in India
		c) Distinction between Intention and Motive
		d) Stages of crime
		e) The Indian Evidence Act
		f) Admission and Confession
Unit 5	Concept of Human Rig	ghts

Chapter 5 A	Human Rights in India	 a) Introduction Historical Context b) Indian Constitutional framework on Human Rights and related Laws in India The Preamble Fundamental Rights-Part III of the Constitution Directive Principles-Part IV- Articles 36-51 Fundamental Duties- Part IV(A)- Article 51 A
Chapter 5 B	Human Rights Violations- Complaint Mechanism (Quasi- Judicial bodies)	 a) What are Quasi- Judicial Bodies? b) Various Human Rights Commissions 1. National Human Rights Commission (NHRC) 2. National Commission for Minorities 3. National Commission for Women (NCW) a) National Commission for Scheduled Castes and Scheduled Tribes b) National Commission for Protection of Child's Rights (NCPCR)
Unit 6	International Law	 a) Introduction b) Historical Evolution of International Law c) What is International Law? d) Sources of International Law e) International Human Rights f) International Law & Municipal Law g) International Law & India h) Dispute Resolution
Unit 7	Legal Profession in India	 a) The Advocate Act,1961 b) Lawyers and Professional Ethics c) Advertising by Lawyers d) Liberalization and Globalization of legal profession e) Women and Legal Profession f) Legal Education in India, USA and UK g) Opportunities for Law Graduates
Unit 8	Legal Services	 a) Brief history of Legal services b) Free Legal Aid under Criminal law c) Legal aid by the State d) Legal Aid under the Indian Constitution e) National Legal Services Authority (NALSA) f) Legal Services Authority Act,1987

PROJECT GUIDELINES for Class XII

INTRODUCTION:

The student is required to do a project on 'Understanding Case Laws'

OBJECTIVES:

The project work aims to enable students to:

- identify a legal problem and provide its remedy
- select relevant legal sources and conduct research
- analyse and distinguish between types of cases
- · apply case laws and relevant statutory laws

METHODOLOGY-: The student is required to select any **3 decided cases** related to the curriculum where one must be civil in nature, one criminal and one constitutional in character.

The research on the cases must include the following points:

- Name of the case
- Parties to the case
- Citation to the case
- Bench
- Nature of the case (Civil, Criminal or Constitutional)
- Facts of the case and issues involved
- Decision of the case including Ratio Decidendi and Obiter Dicta

Rubrics

	T			
Topic	Exceeding (76-100 percent)	Accomplished (61-75 percent)	Developing (34-60 percent)	Beginning 13 (15-33 percent)
Presentation of all facts of the case	 All the relevant facts are presented clearly in a chronological, organized, logical and interesting sequence The facts are supported with relevant evidence related to the case 	Most of the crucial facts have been stated sequentially as per the happening of the case	Some facts are stated but not in a sequential manner	Only a few unrelated and irrelevant facts have been stated
Statement of Legal problem and prediction about outcome	 Legal problem has been precisely defined and unambiguously stated Analysis of the legal problem has been done thoroughly and predicts clear outcome with logical reasoning 	 Legal problem has been nearly correctly stated Analysis of the legal problem predicts a near clear outcome 	 Legal problem has been vaguely conceived Analysis of the Legal problem does not predict a clear outcome 	 Legal problem has not been identified clearly, No analysis of the legal problem has been done to predict the outcome

Information gathering	The information gathered in relation to the case is relevant and sufficient to encompass all crucial facts and all applicable laws	• The information gathered in relation to the case is relevant and sufficient to encompass only crucial facts without applicable laws	• The information gathered in relation to the case is relevant but insufficient to encompass all relevant facts and applicable laws	• The information gathered in relation to the case is insufficient
Establishing correlation in facts	All of the crucial facts are well correlated to each other and presented in a logically persuasive manner	 Most of the crucial facts have been stated and are correlated to each other and presented in a logically persuasive manner 	Some of the stated facts are correlated to each other and presented in a logical manner	The stated facts lack correlation and are not presented in a logically persuasive manner The stated facts lack correlation and are not presented in a logically persuasive manner
legal analysis and reasoning	Legal analysis is done by organizing evidence to accentuate differences, or similarities related to case. Use superior inductive and deductive reasoning abilities and present analogy.	• Legal analysis is done by organizing some evidence but organizatio n is less than effective. Shows less Logical reasoning (inductive deductive) than required.	 Legal analysis is done by organizing some evidences but organization is not effective. Logical reasoning (inductive – deductive) is missing. 	List some evidences but not able to organize it. Legal analysis is incoherent

Identificatio n of decidendi and obiter dicta	 Ratio decidendi and Obiter dicta has been identified in a crystal clear terms 	 Ratio decidendi and Obiter dicta has been little less clearly identified 	 Ratio decidendi and Obiter dicta has been vaguely identified 	Ratio decidendi and Obiter dicta has not been identified
Reflections on the Case	•Corroborate alternative arguments with research and innovation. Question existing beliefs. Show inconsistencies in existing body of evidence to arrive at result. Analyse pros and cons of existing decision viz a viz alternative solutions.	• Identify connection between existing laws and their application in this case. Consider alternative arguments to affect the present outcome.	• Analyse from a personal perspective why a particular action/decision has happened.	• repeats only what has happened in the case

YOGA (165) CLASS XI SYLLABUS (2025-2026)

Total Marks: 100 (Theory 50+Practical 50)

	UNITS	NO. OF HOURS for Theory and Practical	MAX. MARKS for Theory and
	Farada vahilita Chilla		Practical
	Employability Skills		,
	Unit 1: Communication Skills - III	13	2
A	Unit 2: Self-Management Skills - III	07	2
せ	Unit 3: ICT Skills - III	13	2
Part A	Unit 4: Entrepreneurial Skills - III	10	2
	Unit 5: Green Skills - III	07	2
	Total	50	10
	Subject Specific Skills		
	Unit 1 – Introduction to Yoga and Yogic	25	12
В	Practices - I	25	12
	Unit 2 – Introduction to Yoga Texts - I	40	12
Part	Unit 3 – Yoga for Health Promotion - I	40	16
	Total	105	40
	Practical Work		
	Project		10
	Viva		05
ပ	Practical File		15
Part C	Demonstration of skill competency via Lab	105	20
	Activities		20
	Total	105	50
	GRAND TOTAL	260	100
		<u>.</u>	

DETAILS OF THE UNITS OF CLASS XI

Total Marks: 100 (Theory 50+ Practical 50)

PART-A: EMPLOYABILITY SKILLS

S. No.	Units	Duration in Hours
1.	Unit 1: Communication Skills-III	13
2.	Unit 2: Self-Management Skills-III	07
3.	Unit 3: Information and Communication Technology Skills-III	13
4.	Unit 4: Entrepreneurial Skills-III	10
5.	Unit 5: Green Skills-III	07
	TOTAL DURATION	50

Part-B - SUBJECT SPECIFIC SKILLS

- Unit 1 Introduction to Yoga and Yogic Practices I
- Unit 2 Introduction to Yoga Texts I
- ❖ Unit 3 Yoga for Health Promotion I

Unit 1 - Introduction to Yoga and Yogic Practices - I

- · Yoga Etymology, definition, Aim, objective and misconception text
- · Yoga origin, history and development
- Rules and regulations to be followed by yoga practitioners
- Introduction to Major schools of Yoga (Janan, Yoga Bhakti, Yoga Karma, Patanjali, Hatha)
- Introduction to yogic practices (Sukshama Vyayama, Surya Namaskar and Asanas)

Unit 2 - Introduction to Yoga Texts - I

- Introduction and study of Patanjali Yoga Sutra including memorization of selected Sutra
- · Introduction and study of Bhagavad Gita including memorization of selected Slokas
- Introduction of Hata Pradpika.
- · Introduction and study of Gheranda Samhita.

Unit 3 - Yoga for Health Promotion - I

- Brief introduction to human body
- Role of yoga for health promotion
- Yogic attitudes and practices
- Holistic approach of yoga towards the health and diseases

- Introduction to yoga diet and its relevance and importance in yoga Sadhana
- Dincharya and Ritucharya with respect of yogic lifestyle

PRACTICAL GUIDELINES FOR CLASS XI

Assessment of performance:

The two internal examiners, assigned for the conduct and assessment of Practical Examinations each in **Senior Secondary School Curriculum (Under NSQF).** Question for the viva examinations should be conducted by two internal examiners. Question to be more of General nature, project work or the curriculum. Investigatory Project especially those that show considerable amount of effort and originality, on the part of the student, should get suitable high marks, while project of a routine or stereotyped nature should only receive MEDIOCRE marks.

Procedure for Record of Marks in the Practical answer-books:

The examiner will indicate separately marks of practical examination on the title page of the answer- books under the following heads:

Project -10 marks

Projects for the final practical is given below. Student may be assigned

Viva based on Project-05 marks

The teacher conducting the final practical examination may ask verbal questions related to the project, if any, done by the student. Alternatively, if no project has been assigned to the students, viva may be based on questions of practical nature from the field of subject as per the Curriculum

Practical File-15 Marks

Students to make a power point presentation / assignment / practical file / report. Instructor shall assign them any outlet to study the elements in Yoga.

Suggested list of Practical –

- 1. Practice of Sukshmavyayama
- 2. Practice of Surya Namaskar
- 3. Practice of Asanas
- 4. Practice of Halasana
- 5. Practice of Pawanmuktasana

- 6. Practice of Bhujangasana
- 7. Practice of Shalabhasana
- 8. Practice of Gomukhasana
- 9. Practice of Vakrasana
- 10. Practice of Ustrasana
- 11. Practice of Mandukasana
- 12. Practice of Sasankasana
- 13. Practice of Janusirasana
- 14. Practice of Virkshasana
- 15. Practice of Padhastasana
- 16. Practice of Nadi Shudhi
- 17. Practice of Dhyana Mudra
- 18. Meditation
- 19. Project on Patanjali Yoga Sutras
- 20. Yoga effect on Human Body
- 21. Steps of Sithaili Pranayama
- 22. Steps of Ujjayai Pranayam
- 23. Steps of Paschimottansana
- 24. Conducting Yoga project on common diseases Yoga sessions on suryanamaskar
- 25. Asanas board
- 26. Yoga for Weight loss
- 27. Improved Posture. Let's face it, all of us have slouched at some time or another
- 28. Increased flexibility of body through Yoga.
- 29. Practical Asana, Pranayama, Meditation, Mudras and Bandha

Demonstration of skill competency in Lab Activities -20 marks

Guidelines for Project Preparation:

The final project work should encompass chapters on:

- a) Introduction,
- b) Identification of core and advance issues,
- c) Learning and understanding and
- d) Observation during the project period.

YOGA (165) CLASS XII SYLLABUS (2025-2026)

Total Marks: 100 (Theory 50+Practical 50)

	UNITS	NO. OF HOURS for Theory and Practical	MAX. MARKS for Theory and Practical
	Employability Skills		
	Unit 1: Communication Skills-IV	13	2
	Unit 2: Self-Management Skills-IV	07	2
	Unit 3: ICT Skills-IV	13	2
Part A	Unit 4: Entrepreneurial Skills-IV	10	2
a	Unit 5: Green Skills-IV	07	2
Δ.	Total	50	10
	Subject Specific Skills		
	Unit 1 – Introduction to Yoga and Yogic Practices – II	25	12
Part B	Unit 2 – Introduction to Yoga Texts - II	40	12
Ра	Unit 3 – Yoga for Health Promotion - II	40	16
	Total	105	40
	Practical Work		
	Project		10
	Viva		05
0	Practical File		15
Part C	Demonstration of skill competency via	105	20
	Lab Activities		
	Total	105	50
	GRAND TOTAL	260	100

DETAILS OF THE UNITS OF CLASS XII

Total Marks: 100 (Theory 50+ Practical 50)

PART-A: EMPLOYABILITY SKILLS

S. No.	Units	Duration (in Hours)
1.	Unit 1: Communication Skills- IV	13
2.	Unit 2: Self-management Skills- IV	07
3.	Unit 3: Information and Communication Technology Skills-IV	13
4.	Unit 4: Entrepreneurial Skills- IV	10
5.	Unit 5: Green Skills- IV	07
	TOTAL DURATION	50

PART-B – SUBJECT SPECIFIC SKILLS

- ❖ Unit 1 Introduction to Yoga and Yogic Practices II
- Unit 2 Introduction to Yoga Texts II
- Unit 3 Yoga for Health Promotion II

UNIT 1 - INTRODUCTION TO YOGA AND YOGIC PRACTICES - II

- Shatkarma meaning, purpose and their significance in yoga sadhana
- Yogasana meaning, principal and their health benefit.
- Introduction to Pranayama and Dhyana and their health benefits.
- Identify career opportunities in Yoga

UNIT 2 - INTRODUCTION TO YOGA TEXTS - II

- Concepts of Aahara (Diet) according yogic text.
- Significance of Hath Yoga practices in Health promotion.
- Concept of mental health well-being according to patanjali Yoga
- · Yogic practice of Patanjali yoga: Bahiranga and Antranga Yoga
- Concept of healthy living style in Bhagavad Gita
- Importance of subjective experience in daily yoga practice

UNIT 3 - YOGA FOR HEALTH PROMOTION - II

- · Introduction to first aid and CPR
- Yogic management of stress and its consequences

- Yogic prevention of common diseases
- · Yoga and personality development

PRACTICAL GUIDELINES FOR CLASS XII

Assessment of performance:

The two internal examiners, assigned for the conduct and assessment of Practical Examinations each in **Senior Secondary School Curriculum (Under NSQF).** Question for the viva examinations should be conducted by two examiners (one internal and one external). Question to be more of General nature, project work or the curriculum. Investigatory Project especially those that show considerable amount of effort and originality, on the part of the student, should get suitable high marks, while project of a routine or stereotyped nature should only receive MEDIOCRE marks.

Procedure for Record of Marks in the Practical answer-books:

The examiner will indicate separately marks of practical examination on the title page of the answer- books under the following heads:

Project - 10 marks

Projects for the final practical is given below. Student may be assigned

Viva based on Project - 05 marks

The teacher conducting the final practical examination may ask verbal questions related to the project, if any, done by the student. Alternatively, if no project has been assigned to the students, viva may be based on questions of practical nature from the field of subject as per the Curriculum

Practical File - 15 Marks

Students to make a power point presentation / assignment / practical file / report. Instructor shall assign them any outlet to study the elements in Yoga.

Suggested list of Practical -

- 1. Repetition of Asana of class XI
- 2. Practice of Tadasana
- 3. Practice of ArdhaChakrasana
- 4. Practice of Katichakrasana

- 5. Practice of Dandasana
- 6. Practice of Bhadrasana
- 7. Practice of Padamasana
- 8. Practice of Vajrasana
- 9. Practice of Utanmandukasana
- 10. Practice of kakasana
- 11. Practice of Parvatasana
- 12. Practice of Makrasana
- 13. Practice of Uttanpadasana
- 14. Practice of Setubandhasana
- 15. Practice of Vipritkarniasana
- 16. Practice of Saral matsyasana
- 17. Practice of Shavasana
- 18. Repetition of Pranayam of class XI
- 19. Practice of Jalandhar and Uddayan Bandh
- 20. Repetition of Mudras of class XI
- 21. Practice of breath Meditation and OM Dhyan

Demonstration of skill competency in Lab Activities -20 marks

Guidelines for Project Preparation:

The final project work should encompass chapters on:

- a. Introduction,
- b. Identification of core and advance issues,
- c. Learning and understanding and
- d. Observation during the project period.